ADULT OPEN GYMS

ADULT BASKETBALL OPEN GYM & VOLLEYBALL OPEN GYM

Come out and get some exercise in our open gyms. Please remember to follow all rules in these programs. Those not following rules will be asked to leave.

Fee: (MUST SHOW ID each visit)

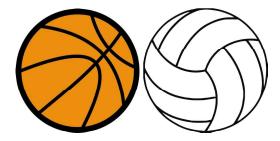
\$3.00 - South Portland Residents

\$4.00 - Non-Resident

\$1.00 - Active and Veteran Military

* Frequent User Passes (FUP Passes) are available at the South Portland Community Center front desk.

Basketball: Max 30 Volleyball: Max 24



Adult Basketball Open Gym Tuesdays Wednesday (Over 40) Wednesday (Sopo Res Only) Fridays	Dates 10/4 - 12/20 (no program 11/8) 10/5 - 12/21 (no program 11/9) 10/5 - 12/21 (no program 11/23) 10/7 - 12/23 (no program 11/11 & 11/25)	Time 11:30am - 1:30pm 11:30am - 1:30pm 7:00pm - 9:00pm 11:30am - 1:30pm	Location SPCC Gym SPCC Gym RBCC Gym SPCC Gym
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Sundays (over 30)	10/2 - 12/18	2:00pm - 3:45pm	SPCC Gym

Adult Volleyball Open Gym Sundays	Dates 10/2 - 12/18	Time 4:00pm - 6:00pm	Location SPCC Gym
Sandays	10/2 12/10	1.00pm 0.00pm	or ce dym

ADULT PICKLEBALL OPEN GYM

South Portland Recreation has several opportunities to get out and play pickleball. Each program below is drop in.

South Portland Community Center (6 courts playing doubles) – Max of 40 players at one time. Redbank Community Center (3 courts playing doubles) – Max of 24 players at one time.

Fee: (MUST SHOW ID each visit)

\$3.00 - South Portland Residents

\$4.00 - Non-Resident

\$1.00 - Active and Veteran Military



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Adult Pickleball Open Gym	Dates	Time	Location
Monday - Friday	10/3 - 12/22 (see no program dates	below) 8:00 - 11:00am	SPCC Gym
Mon & Wed (Beginners Only)	10/3 - 12/21 (see no program dates	below) 8:00 - 11:00am	RBCC Gym

*No program at Redbank on these dates: 10/10 & 11/9

*No program at SPCC on these dates: 10/10, 11/7, 11/11, 11/24 & 11/25)