



Newsletter | November 2022

SOUTH PORTLAND

PARKS, RECREATION, AND WATERFRONT

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Halloween Trunk or Treat

October 29th, 2022 | 1pm-4pm

South Portland Community Center

FREE



Hinckley Park Shoreline Restoration

Efforts began in October with the addition of almost 200 native plants.

CONNECT WITH US

South Portland Community Center

21 Nelson Rd

South Portland, ME 04106

Hours: M-F 6a-9p, Sat 8a-5p, Sun 10a-6p

207-767-7650

www.sopoparksrec.com



@SoPoParksRec

Community Calendars

The South Portland Community Center and Redbank Community Center offer scheduled programs, open use, and drop-in programs. View the calendars to learn more about when these spaces are available for use.

Youth Open Gym

Hours:
Saturday
10am-2pm
Sunday
12:15pm-1:45pm

Calendar

Adult Open Gym

Days and hours
vary by sport
and location.
No open gym 11/8 &
11/9

Calendar

Senior Drop-in
Center

Hours:
Monday-Thursday
9am-3pm
Friday
9am-12pm.

Event Calendar

Teen Center

Hours:
Monday-Friday
2:30pm-6pm

More Info

Calendar

Pool

Hours:
Monday-Friday
6am-9pm
Saturday 8am-5pm
Sunday 10am-6pm

Calendar

Announcements

We're Hiring

Teen Center Program Assistant

We are seeking a warm, considerate, dependable person with a positive sense of humor and strong work ethic to help create a safe, relaxed, fun atmosphere for Teens.

- Shifts: 2:30-6:15pm (17-19hrs/week, increases during school vacation weeks)
- Rate: \$16.15- \$18.41/hr based on experience
- Apply: Visit the [City Job Board](#) for full details.

Kids Club Before & After School Counselor

We are seeking dependable, mature, flexible role models to lead activities and supervise children grades K-5. Experience working with elementary children a plus!

- Shifts: 7-9am & 3-6pm M-F. Very flexible on the number of shifts per week!
- Rate: \$14/hr and based on experience.
- Apply: Contact Kari Filieo 207-767-7650 kfilieo@southportland.org

Closures

The South Portland Community Center and Redbank Community Center, as well as all City buildings, are closed for the following days:

Veteran's Day

Friday, November 11th

Thanksgiving Day

Thursday, November 24th

Day After Thanksgiving

Friday, November 25th

The South Portland Community Center Gym will be closed for the following days:

Election Day

Tuesday, November 9th
No gym activities all day

Election Day Clean-up

Wednesday, November 9th
8-11am (No open play pickleball)

Skate Park Update



Skatepark construction continues to make progress! Pouring concrete began the week of October 21. Construction is on track to be completed in early December.



For information on the skatepark [click here](#). You can also follow progress on [South Portland Skatepark Facebook Page](#)!

Youth Programs

American Red Cross



BABYSITTER TRAINING

AGES: 11-15

COURSE DATES:

November 4, 18

December 2, 9, & 16

TIME: 5 - 7:30PM

LOCATION: South Portland Community Center

COST: Resident \$140
Non-resident \$150

[Register](#)

Out of School Programs

No School Days

Grades: K-5

Program Dates: Nov 23rd & Dec 23rd

Time: 8am-5pm

Location: South Portland Community Center

Program Cost

Residents Only: \$55

[Register](#)

December Vacation Camp

Grades: K-5

Program Dates: December 27th- 30th

Times: 8am-5pm

Location: South Portland Community Center

Program Cost

Residents Only: \$160

\$20 discount if registered before 12/1

[Register](#)



Dance

Spinning Sprouts

Ages: 3-5

Session Dates: Nov 7 - Dec 12

Practice times: Mondays, 9:30-10:15am

Location: South Portland Community Center- Aerobic Room

Program Cost

Resident: \$60

Non-resident: \$70

[Register](#)



Ski & Ride

Lost Valley Sunday Program

Ages: 7-12

Session Dates: Jan 16- Feb 20

Practice times: Sunday, 9-4pm

Location: Lost Valley, Auburn

Program Cost

Transportation Only: \$75

Lift, Lesson, Rental bundles*: \$175-\$365

*Bundles include transportation

[Register](#)



Soccer

Start Smart Soccer

Ages: 3-5

Session Dates: Nov 5-Dec 12

Practice times: Saturdays,
9:30-10:15 or 10:30-11:15

Location: Redbank Community Center

Program Cost

Residents: \$50

Non-Residents: \$60

[Register](#)



Yoga

Youth Yoga

Ages: 7-14

Session Dates: Nov 5, 9, 26

Practice times: Saturdays,
9-9:45am

Location: South Portland Community Center

Program Cost

Residents: \$24

Non-Residents: \$32

[Register](#)



Legos

Brick by Brick Maine Lego Halloween Fun!

Ages: 5-10

Session Dates: Nov 19

Practice times: 9-12pm

Location: South Portland Community Center Art Room

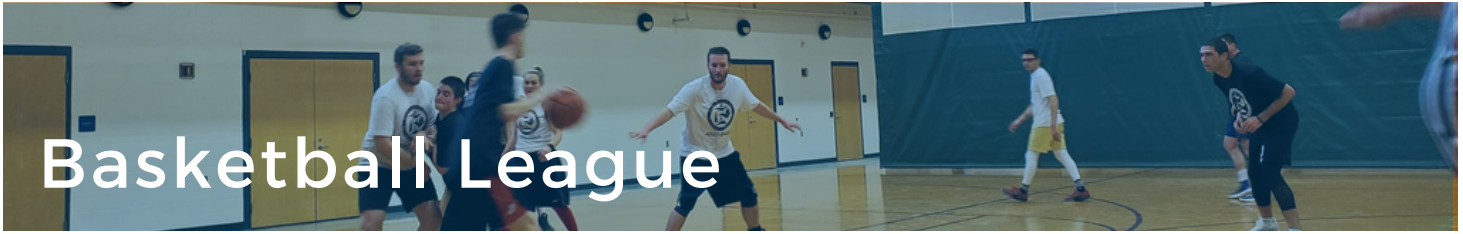
Program Cost

Residents: \$40

Non-Residents: \$50

[Register](#)

Adult Programs



Basketball League

Thursday League - Winter 1

Program Dates: Nov 17 - Jan 26

Game Times: 6-9pm

Location: South Portland Community Center Gym

Program Cost

Residents: \$65 | Non-Residents: \$75

[Register](#)

Monday League - Winter

Program Dates: Nov 28 - Feb 27

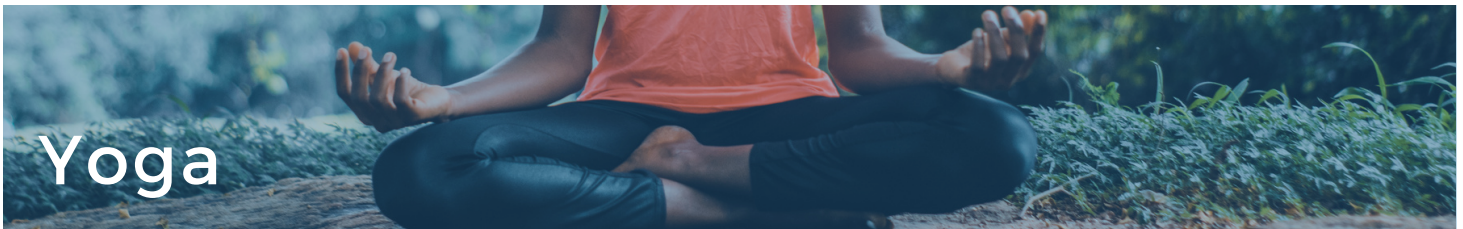
Game Times: 6-9pm

Location: South Portland Community Center Gym

Program Cost

Residents: \$65 | Non-Residents: \$75

[Register](#)



Yoga

Chair Yoga

Instructor: Ben Roberts

Program Dates: November 5-26

Time: Saturdays, 10-10:45am

Location: South Portland Community Center- Multipurpose Room

Program Cost

Residents: \$24 | Non-Residents: \$34

[Register](#)

Adult Yoga

Instructor: Ben Roberts

Program Dates: November 5-26

Times: Saturdays, 11-12pm

Location: South Portland Community Center- Multipurpose Room

Program Cost

Residents: \$30 | Non-Residents: \$40

[Register](#)



Cook

Sushi Class

Instructor: Alex Herzog- Great Wave Sushi

Session Dates: Nov 6

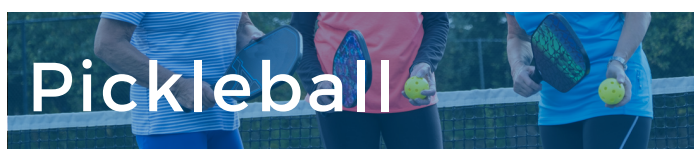
Time: Sunday 11:30-1:30pm

Location: South Portland Community Center- Senior Wing

Program Cost

Resident: \$75 | Non-resident: \$85

[Register](#)



Beginner Pickleball Lessons

LIMITED SPACE AVAILABLE

Session Dates: Nov 4 & Nov 18

Time: 8-10am

Location: Redbank Community Center Gym

Program Cost

Resident: \$25 | Non-resident: \$35

[Register](#)

Art Programs

Watercolor Workshop

Instructor: Pauline Cook

Session Dates: Nov 5-Dec 10

Time: Saturdays, 9-10am

Location: South Portland Community Center- Senior Wing

Program Cost

Residents: \$55

Non-Residents: \$65

[Register](#)

Beginner Pastel Workshop

Instructor: Pauline Cook

Session Dates: Nov 5-Dec 13

Time: Saturdays, 10:30-12pm

Location: South Portland Community Center- Senior Wing

Program Cost

Residents: \$55

Non-Residents: \$65

[Register](#)

Stained Glass & Sun Catchers

LIMITED SPACE AVAILABLE

Session Dates/Times:

Nov 14: 2-4pm or 5-8pm

Nov 15: 6-8pm

Location: South Portland Community Center Art Room

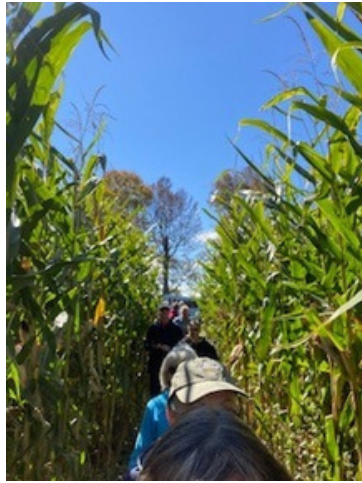
Program Cost

Residents: \$25

Non-Residents: \$35

[Register](#)

Senior Programs



October brought seniors on a trip to tour Pineland Farm which included a corn maze and visiting farm animals.

Recent presentations in the Senior Drop-in Center included one from South Portland Park Rangers on Foraging Local Food.



Trips

Maine Historical Society Exhibit: Northern Threads- Century of Dress

LIMITED SPACE AVAILABLE

Program Date: Nov 3rd

Time: 12:30-3pm

Location: Portland, Maine Historical Society

Program Cost: \$13

[Register](#)

Talks

Nature Themed Presentation Intro to Nature Journaling

Program Date: November 14

Times: 9am-10am

Location: Senior Drop-in Center

Free!

[Register](#)



Senior Fitness Programs

Senior Cornhole

Program Dates: Nov 4 - Dec 16

Times: Fridays, 1:45-3:15pm

Location: South Portland Community Center Gym

Free!

[Register](#)

Vitality T'ai Chi

Program Dates: Nov 8 & 22

Times: 1-2pm

Location: South Portland Community Center Aerobic Room

Program Cost: \$5

[Register](#)

Chair Fit

Program Dates: November 3 - 17

Time: Thursdays, 12:30-1:15pm

Location: South Portland Community Center- Multipurpose Room

Program Cost: \$5

[Register](#)

Step Into Fitness

Program Dates: November 3 - 17

Time: Thursdays, 11:30-12:15pm

Location: South Portland Community Center- Multipurpose Room

Program Cost: \$5

[Register](#)

Aquatics Programs

Fall Swim Lessons

As Fall swimming lessons come to a close, we want to remind everyone of a few items of importance:

- All youth lessons will receive a progression card on the last day of their lessons highlighting their overall progression during this session. This card does not cover every skill taught during the class, but the hall marks required for passing on to the next level. This card also lists which level your child should register for the next time you enroll them in our swim program.
- Many kids remain in one level for more than one session. This is completely NORMAL and should be expected. Instructors must ensure that your child will be confident and safe in the new level before passing them on. We would much rather have a child repeat a level to gain endurance and strength, than feel as though they cannot keep up in a higher level.
- Please contact your child's instructor with any questions about their progression card:
 - Lia Langeveld for weekend lessons: Llangeveld@southportland.org
 - Mike Blanchard for evening lessons: mblanchard@southportland.org
 - Lesley Hurley for morning lessons: Lhurley@southportland.org

Fall lessons are expected to finish:

Saturdays: 11/12

Sundays: 11/13

Tuesdays: 11/15

Wednesdays: 11/16

Thursdays: 11/17



Winter Swim Lessons

Lessons start in January and run through mid-February. Schedule details and cost will be available in the Winter/Spring brochure.

Our swim lessons fill up very quickly! This is due to pool space, instructor availability, and -our #1 priority- keeping kids safe during their time with us!

We do our very best to offer a variety of classes during times that are accessible to families on the weekend, evenings, and daytime. If you do not get into a class, please call the front desk at 207-767-7650 and ask to be placed on the waiting list. You can let the desk know your desired class and your flexibility.

Due to the large number of kids who are unable to access our lessons, our waiting list can be VERY LONG. **Please be respectful of this and only register your child for ONE class.** If we find your child is registered for more than one class, we will remove your registration to only one class and will inform you of this after the fact.

Registration Opens for Winter Lessons:

Residents:

Monday, 12/12 at 7am

Non-Residents:

Thursday, 12/15 at 7am

Conservation and Parks

Park Ranger Sydney prepared treats highlighting foraged flavors for a presentation at the Senior Drop-in Center.



Park Rangers grab a selfie with a participant during the Fall Walking Series in October.

Nature Story Time

Topic: Snakes!

Program Dates: October 21st

Location: South Portland Library

Cost: Free

Ages: 2-5

Time: 10:30-11am

Ages: 6-12

Times: 3:30-4:30pm

[Info](#)

[Info](#)

Fall Walking Series

Ages: All!

Time: 11-1:30pm

Session Dates & Locations:

11/5: Hinckley Park Trails

Program Cost: \$8

[Register](#)

Hinckley Park Shoreline Restoration

The restoration focuses on ~240 feet of shoreline along Hinckley Park's lower pond. Poor habitat and exposed soil have been a significant concern for the health of Hinckley Park.



This project includes revegetating the area and adding two new sets of stairs for water access.

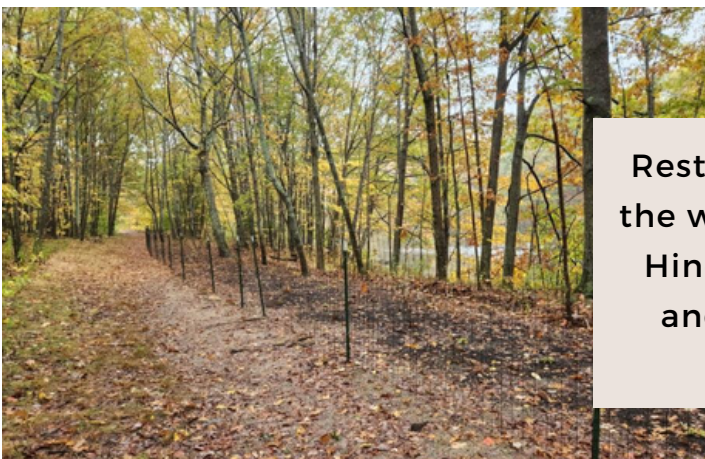
Planting began on October 17th with the addition of ~200 native plants in Hinckley Park!



They also removed invasive species, placed erosion control mulch berm, and installed a five foot high wire mesh fence to protect the plants while they becomes established.



Restoring degraded shoreline is important for the water quality, habitat, and overall health of Hinckley Park. Vegetation holds soil in place and absorbs water, slowing runoff into the ponds.



Special Events

Attendees at the Pool Pumpkin Splash picked out their pumpkins in the "Floating Pumpkin Patch".



They then enjoyed refreshments while decorating their pumpkin. Save the date for next year's event- October 6th, 2023!

Our Fall Events were made possible by the generous contribution of our fall event sponsor:

Trademark Federal Credit Union

Thank You

HI!

We're **TRADEMARK**. Come get to know us and see what our South Portland branch has to offer.



**TRADE
MARK**
FEDERAL CREDIT UNION
trademarkfcu.org
340 Main Street, South Portland

HALLOWEEN TRUNK OR TREAT

October 29th | 1-4pm

South Portland Community Center

Join us for:

- 🎃 Trick or Treating
- 🎃 Ghost Crafting
- 🎃 Touch a truck
- 🎃 Bounce House
- 🎃 FREE Coats for kids
- 🎃 Fun!

Presented in partnership by



Sponsored by

**TRADE
MARK**
FEDERAL CREDIT UNION



COP



a FREE coat for kids

Available at the Halloween Trunk or Treat event,
while supplies and sizes last:

October 29th 1pm

South Portland Community Center
21 Nelson Rd. South Portland, ME



South Portland
Police Department
Sharing warmth one coat at a time



SAVE
THE
DATE

Lighting of the Trees

Mill Creek Park

December 2 | 4:30-7pm



Breakfast with Santa

Join Santa for a hearty breakfast served up by the Volunteers in Police Service.

Program Dates: December 10

Time: 8-10am

Location: South Portland Community Center- Senior Wing

Program Cost:

\$10/ person, children under 3 are free

[Register](#)



Gingerbread House Decorating

We'll bring all the decorating supplies, hot cocoa, and even take care of the mess.

Program Date: December 17

Time: 3-5pm

Location: South Portland Community Center- Senior Wing

Program Cost

Residents: \$20 | Non-Residents: \$25

[Register](#)



North Pole Calling

We've got exclusive access to get your kids a conversation with Santa himself.

Program Dates:

Pre-K: December 12

Kindergarten: December 14

1st & 2nd Grade: December 15

Times: 5-7pm

Program Cost

Free, residents only

[Register](#)



Drop & Shop

Whether it's last minute shopping, wrapping, or just taking a breather, we've got your childcare covered.

Program Date: December 21

Time: 4:30-8pm

Location: South Portland Community Center

Program Cost

Residents: \$25 | Non-Residents: \$35

[Register](#)



7th Annual Savage Family Turkey Trot 5K

South Portland, Maine

Thanksgiving Day - November 24th, 2022
Family 5k Run/Walk

Race Start 9:00 a.m. ~ Check-In Starts @ 8:00 a.m.

Register Online @ RunSignUp.com \$25 (ends Tuesday 22nd)

**Long sleeve T-Shirt for online registrations
completed by noon on November 15!**

Dog & Stroller Friendly ~ Same Day Registration Allowed

All proceeds **donated to the South Portland Parks & Recreation
Youth Program Scholarship Fund**

FMI: Visit our



or email us at atsavagefamilyturkeytrot@gmail.com

Project Graduation Class of 2023
SOUTH PORTLAND COMMUNITY

DODGEBALL

TOURNAMENT!

Sunday, November 13th

Teams arrive for Registration 12 noon

GAME TIME 1:00 pm - 4:00 pm

South Portland High School Gymnasium

Middle School /High School students and Adults Welcome

Teams of 5 players (2 alternates allowed)

Remember the 5 "D"s of Dodgeball
Dodge, Duck, Dip, Dive and Donate

\$10 per player
(\$50 per team)

To register go to <https://rb.gy/hk265j> ,Scan QR code or
complete paper version

located in Maine Office at High School and Middle Schools for
More Info Please Contact Cybil Kipp at cybilkipp@gmail.com

