Newsletter | January 2023

# SOUTH PORTLAND

## PARKS, RECREATION, AND WATERFRONT

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**View Full Winter/ Spring Brochure**

### Youth Winter Equipment Lease

Ice skates and snowshoes in youth sizes are available to lease at SPCC. Learn More

### We're Hiring!

Join our team at the Teen Center. Learn More

## CONNECT WITH US


**South Portland Community Center**
21 Nelson Rd
South Portland, ME 04106
Hours: M-F 6a-9p, Sat 8a-5p, Sun 10a-6p
207-767-7650
www.sopoparksrec.com

@SoPoParksRec

# Community Calendars

The South Portland Community Center and Redbank Community Center offer scheduled programs, open use, and drop-in programs. View the calendars to learn more about when these spaces are available for use.

## Youth Open Gym

**Hours:**

Saturday
3pm-4:30pm
Sunday
12:15pm-1:45pm

**Calendar**

## Adult Open Gym

Days and hours vary by sport and location.

**Calendar**

## Senior Drop-in Center

**Hours:**

Monday-Thursday
9am-3pm
Friday
9am-12pm.

**Event Calendar**

## Teen Center

**Hours:**

Monday-Friday
2:30pm-6pm

**More Info**

**Calendar**

## Pool

**Hours:**

Monday-Friday
6am-9pm
Saturday 8am-5pm
Sunday 10am-6pm

**Calendar**

# Announcements

**Teen Center Program Assistant**

We are seeking a warm, considerate, dependable person with a positive sense of humor and strong work ethic to help create a safe, relaxed, fun atmosphere for Teens.

- Shifts: 2:30-6:15pm (17-19hrs/week, increases during school vacation weeks)
- Rate: $16.15- $18.41/hr based on experience
- Apply: Visit the City Job Board for full details.

**Kids Club Before & After School Counselor**

We are seeking dependable, mature, flexible role models to lead activities and supervise children grades K-5. Experience working with elementary children a plus!

- Shifts: 7-9am & 3-6pm M-F. Very flexible on the number of shifts per week!
- Rate: $14/hr, based on experience.
- Apply: Contact Kari Filieo 207-767-7650 kfilieo@southportland.org

# Closures

The South Portland Community Center and Redbank Community Center are closed for the following days:

### New Year's Eve
Saturday, December 31st
Closing early at noon

### New Year's Day
Sunday, January 1st

### New Year's Day (Observed)
Monday, January 2nd

### Martin Luther King Day
Monday, January 16th

# Skate Park Update

The upper portion of our skatepark is ready to roll! The public may now access and use this portion of the park. To help preserve the landscaping, we ask that all users enter and exit through the construction entrance at the corner of Nelson Rd. and Mountain View Rd.

PLEASE NOTE: We highly stress that using the park is at the user's own risk as skating itself is an inherently dangerous sport and injuries can occur.

The full skatepark is expected to be completed in mid-June 2023, after which we will host an official grand opening and celebrate with you all! Stay tuned.
Until then, happy and safe skating!

**For information on the skatepark click here. You can also follow progress on South Portland Skatepark Facebook Page!**

# Youth Programs

Holiday meals at the Redbank Teen Center were a highlight this fall!

Learn more about employment opportunities at the Teen Center!

Basketball season has started!

## Youth Winter Equipment

**Ice skates & snow shoes are available for lease from the South Portland Community Center in various youth sizes.**

**How it works:**

- Visit the Community Center and ask for rentals.
- No upfront payments needed! A balance will be placed on your recreation account during your lease.
- Use the leased equipment for up to 5 days of outdoor fun!
- Return the equipment (in good condition) to the Community Center and the balance on your account will be removed.

# Pre-K Play

## Pre-school Open Play (POP)

**Ages:** Pre-K
**Session Dates:** Jan 3 - Apr 25
**Times:** Tuesdays, 9-11am
**Location:** Redbank Community Center

**Program Cost**
Resident: $3
Non-resident: $4

More Info

## Storytime at Redbank

**Ages:** All, under 12 need to be with an adult
**Session Dates:** Jan 3- Apr 25
**Practice times:** Tuesdays, 10:30-11am
**Location:** Redbank Community Center

**FREE!**

# Sports

## Hoop Magic

**Ages:** K-1
**Session Dates:** Jan 8-Feb 12
**Practice times:** Sundays, 10-10:45am(K) & 11-11:45(1st)
**Location:** Redbank Gym

**Program Cost**
Residents: $50
Non-Residents: $60

Register

## Challenger Futsal

**Ages:** 6-10
**Session Dates:** Jan 8-Feb 12
**Practice times:** Sundays, 1-2pm
**Location:** Redbank Gym

**Program Cost**
Residents: $110
Non-Residents: $120

Register

## Volleyball Clinics

**Grades:** 5-8
**Session Dates:** Jan 6, Jan 27
**Practice times:** Fridays, 5-7pm
**Location:** South Portland Community Center

**Program Cost**
Residents: $20
Non-Residents: $25

Register

# Mad Science

## Mad Lab Medley

**Ages:** K-5
**Session Dates:** Jan 11- Mar 8
**Practice times:** Wednesdays, 4:30-5:30pm
**Location:** South Portland Community Center- Casco Bay Room

**Program Cost**
Resident: $110
Non-resident: $120

Register

# Kid's Night Out

## Dinner, games, fun!

**Ages:** K-5
**Session Dates:** Jan 20
**Practice times:** Friday, 5-9pm
**Location:** South Portland Community Center

**Program Cost**
Resident: $25
Non-resident: $35

Register

# Dance

## Intro to Dance

**Ages:** 5-9
**Session Dates:** Jan 9- Feb 27
**Time:** Mondays, 4:30-5:15pm
**Location:** South Portland Community Center Multi-Purpose Room

**Program Cost**
Residents: $65
Non-Residents: $75

Register

## Bouncing Buds

**Ages:** 2-3
**Session Dates:** Jan 9- Feb 13
**Time:** Mondays, 9-9:30am
**Location:** South Portland Community Center Aerobic Room

**Program Cost**
Residents: $60
Non-Residents: $70

Register

## Tot Hop

**Ages:** 3-5
**Session Dates:** Jan 9- Feb 13
**Time:** Mondays, 10:15-11am
**Location:** South Portland Community Center Aerobic Room

**Program Cost**
Residents: $60
Non-Residents: $70

Register

# Adult Programs

Fall Basketball Champions from Monday and Thursday Night Leagues.

Chef Alex Herzog from Great Wave Sushi demonstrates the art of sushi rolling during a December workshop.

## Art

### Pan Pastel & Pencil Animal Art

**Dates:** Jan 7- Feb 4
**Times:** Saturdays, 10:30-12p
**Location:** South Portland Community Center

**Program Cost**
Residents: $55
Non-Residents: $65

Register

## Fitness

### Aerobic Dance

**Dates:** Jan 4-Jan 30
**Times:** Mon/Wed 5:30-6:30p
**Location:** South Portland Community Center

**Program Cost**
Residents: $45
Non-Residents: $55

Register

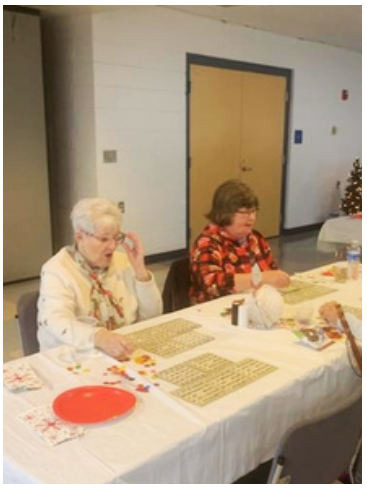
### Unified Bastketball

**Dates:** Jan 5- Feb 23
**Times:** Thursdays, 10-11a
**Location:** Redbank Gym

**Program Cost**
FREE!

Register

# Senior Programs



Seniors celebrated the holidays with a bingo bash and marshmallow toss games along side the City of Portland's senior group.

Recent presentations in the Senior Drop-in Center included one from Hannaford Dietician, Hillary Pride.

December trips brought seniors to experience holiday exhibits at the Maine Botanical Gardens and Victoria Mansion.

Drop-in card games are available every week in the Senior Center!

# Activities

## Sing Along Songs with Abby

Abby Vafiades is an entertainer with a background in Recreational Therapy, singing & acting.

**Program Date:** January 31
**Time:** 1:00-2pm
**Location:** Senior Drop-in Center

**Program Cost:** $5

Register

# Talks

## Nature Themed Presentation

**The History of Parks & Environmentalism**

**Program Date:** January 9
**Times:** 9am-10am
**Location:** Senior Drop-in Center

**Free!** (must register)

Register

# Trips

## Harris Farm Outing

**Program Dates:** January 31
**Times:** Depart SPCC 9:15am, Return 2:00pm
**Location:** Dayton

**Program Cost**
Residents: $25
Non-Residents: $35

Register

## Mini Mystery Trip

**Program Dates:** January 24
**Times:** Departs SPCC 5:15pm, Return 8:30pm
**Location:** It's a mystery!

**Program Cost**
Residents: $45
Non-Residents: $55

Register

## The Charitable Sisterhood of the Second Trinity Victory Church

2 spots left!
**Program Dates:** January 19
**Times:** Departs SPCC 6:15, Returns 9pm
**Location:** Footlight Theatre, Falmouth

**Program Cost**
Residents: $25
Non-Residents: $35

Register

# Senior Fitness Programs

## Chair Fit

**Program Dates:** January 5-26
**Time:** Thursdays, 12:30-1:15pm
**Location:** South Portland Community Center- Multipurpose Room

### Program Cost
Residents: $20
Non-Residents: $30
Drop-in: $5

Register

## Step Into Fitness

**Program Dates:** January 5-26
**Time:** Thursdays, 11:30-12:15pm
**Location:** South Portland Community Center- Multipurpose Room

### Program Cost
Residents: $20
Non-Residents: $30
Drop-in: $5

Register

## Senior Cornhole

**Program Dates:** January 5-26
**Times:** Fridays, 1:45-3:15pm
**Location:** South Portland Community Center Gym

**Free!** (must register)

Register

## Essentrics Standing & Mat

**Program Dates:** January 2-24
**Times:** Tuesdays, 10:30-11:30am
**Location:** South Portland Community Center Multipurpose Room

### Program Cost
Residents: $90
Non-Residents: $100

Register

## Vitality T'ai Chi

**Program Dates:** January 10 & 24
**Times:** Tuesdays, 1-2pm
**Location:** South Portland Community Center Aerobic Room

**Program Cost: $5**

Register

# Aquatics Programs

## RipTide Reminders

Riptide and RipTide PLUS Winter session is beginning soon.

**Please review the following reminders:**

- If you are NEW to RipTide or RT+ and have NOT participated in 2022, then you MUST attend the evaluation night on Weds, Jan 4th at 6pm.
- All registrants who do not follow this guideline will have their registration removed from the system.

**RipTide Evaluation Night:**
Wednesday, Jan 4th at 6pm

**RipTide Registration:**
Residents: Thursday, Jan 5th at 7am
Non-residents: Friday, Jan 6th at 7am

## Winter Swim Lessons

We are so excited to begin our Winter session of swim lessons!

If you did not receive a call from our staff regarding the waiting list, then we are unable to help you for the exact start of lessons. Sometimes things switch around during the first week, so please know that if we can accommodate your request AFTER the first class begins, we will still reach out.

**Winter Lesson Start Dates:**
1/3 for Tuesday AM and PM lessons
1/4 for Wednesday AM lessons
1/5 for Thursday AM and PM lessons
1/7 for Saturday AM lessons
1/8 for Sunday AM and afternoon lessons

**Sometimes inclement weather can result in us needing to cancel a lesson. If this occurs, we have allowed room for one make-up lesson at the end of the session.**

# Conservation and Parks

Park Ranger Sydney shared a collection of rocks borrowed from the Maine Geological Society with youth at the South Portland Public Library.

## Nature Story Time

### Topic: Bears!

**Program Dates:** January 20th
**Location:** South Portland Library
**Cost**: Free

**Ages**: 2-5
**Time**: 10:30-11am

**Ages:** 6-12
**Times:** 3:30-4:30pm

Info

## Wildlife & Ecology Lectures

### Introduction to Nature Journaling

**Program Dates**: January 11th
**Ages:** All!
**Time:** 6:30pm-7:30pm
**Location:** South Portland Public Library
**Cost:** Free

Info

# Special & Family Events

Attendees had the chance to visit with Santa at the annual Lighting of the Trees Ceremony at Mill Creek Park.

The trees in Mill Creek Park reflecting in the pond following the tree lighting ceremony.

Pancakes and visits with Santa were enjoyed by all during the annual Breakfast with Santa fundraiser for the Volunteers in Police Service.

Families decorated gingerbread houses on a stormy Saturday afternoon.

# Family Bingo Night

We're bringing back Bingo (and pizza!) for the whole family. There will be many opportunities for **prizes including a chance to secure your registration into Kids Summer Camp!**

**Program Dates:** January 12
**Time:** 5:30-7pm
**Location:** South Portland Community Center- Casco Bay Room

**Program Cost:**
Residents: $25 | Non-Residents: $35

Register

# Family Trivia Night

Put your knowledge to the test at Family trivia night! **Prizes will include early access to register for Kids Summer Camp!**

**Program Date:** January 26
**Time:** 5:30-7pm
**Location:** South Portland Community Center- Casco Bay Room

**Program Cost**
Residents: $25 | Non-Residents: $35

Register

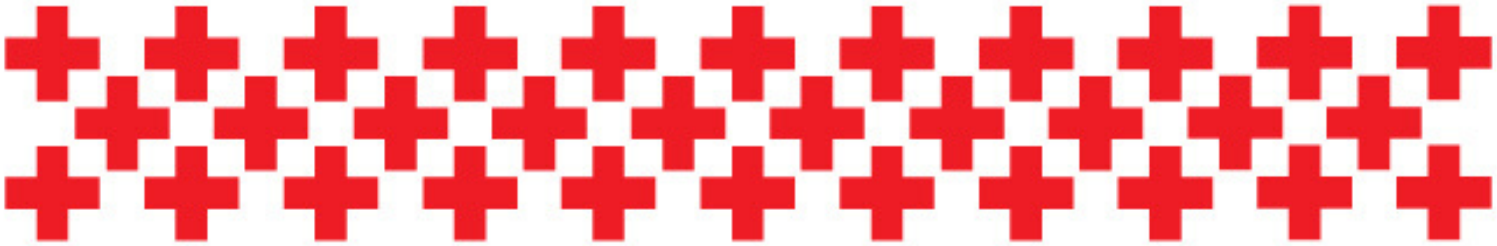
# KIDS ICE FISHING DERBY

**Hinckley Park**
Saturday, February 18th
7-10:30am, Prizes at 10am
Ages: 7-14
Space is limited and fills up fast!
Cost: $12

Register

# American Red Cross

*Give blood.* Help save lives.



# Blood Drive
## South Portland Community Center

**In the Senior Wing**
**21 Nelson Road**
**South Portland, ME 04106**

**Tuesday, January 3, 2023**
**9:00 a.m. to 1:30 p.m.**

To schedule an appointment go to
www.redcrossblood.org
and enter sponsor code:
"SPCC"

Maximize your blood donation. Help more patients.
If you are an eligible type O, B - or A - donor, consider making a Power Red donation.
Red blood cells are the most commonly transfused blood component.

**Streamline your donation experience and save up to 15 minutes by visiting RedCrossBlood.org/RapidPass to complete your pre-donation reading and health history questions on the day of your appointment.**

1-800-RED CROSS | 1-800-733-2767 | redcrossblood.org | Download the Blood Donor App

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