



Newsletter | March 2023

SOUTH PORTLAND

PARKS, RECREATION, AND WATERFRONT

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Spring Swim Lesson Registration Opens

Resident: March 6 at 7a

Non-resident: March 9th at 7a

[Learn more](#)



We're Hiring!

[Learn More](#) about available
positions!

CONNECT WITH US

South Portland Community Center

21 Nelson Rd

South Portland, ME 04106

Hours: M-F 6a-9p, Sat 8a-5p, Sun 10a-6p

207-767-7650

www.sopoparksrec.com



@SoPoParksRec

Community Calendars

The South Portland Community Center and Redbank Community Center offer scheduled programs, open use, and drop-in programs. View the calendars to learn more about when these spaces are available for use.

Youth Open Gym

Days and hours
vary by
availability.

[Calendar](#)

Adult Open Gym

Days and hours
vary by sport
and location.

[Calendar](#)

Senior Drop-in Center

Hours:

Monday-Thursday
9am-3pm
Friday
9am-12pm.

[Event Calendar](#)

Teen Center

Hours:

Monday-Friday
2:30pm-6pm

[More Info](#)

[Calendar](#)

Pool

Hours:

Monday-Friday
6am-9pm
Saturday 8am-5pm
Sunday 10am-6pm

[Calendar](#)

Announcements

We're Hiring

Teen Center Program Assistant

We are seeking a warm, considerate, dependable person with a positive sense of humor and strong work ethic to help create a safe, relaxed, fun atmosphere for Teens.

- Apply: Visit the [City Job Board](#) for full details.

Kids Club Before & After School Counselor

We are seeking dependable, mature, flexible role models to lead activities and supervise children grades K-5.

- Apply: Contact Kari Filieo 207-767-7650 kfilieo@southportland.org.

Summer Programs

The 2023 Spring/ Summer brochure, covering programs scheduled from May 1- August 30, will be available online starting on March 27.

Recreation Program Registration Dates

Residents: April 10th
Non-Residents: April 13th

February Highlights



Seniors were serenaded by Abby Vafiades at the Valentine's Day Luncheon.



Volunteers from SoPo Unite and the Opportunity Alliance taught teens about nutrition by making fruit art!



The Lost Valley ski program wrapped up after 6 fun filled weeks on the slopes.



'Poppy' won first place in a staff pet contest. Poppy belongs to Jae Casella who assists in the Senior Drop-in Center. Poppy and Jae enjoy playing fetch and long walks at the beach. Be sure to ask Jae about Poppy on your next visit to the Senior Drop-in Center!



Youth Programs



PRE-K PLAY

EVERY TUESDAY* AT THE REDBANK COMMUNITY CENTER
Ages 5 & under, with an adult

(POP) Preschool Open Play

9-11am

\$3 resident | \$4 non-resident

Play, wiggle, learn, and meet new friends.

Storytime at Redbank

10:30-11am

FREE

Storytime is led by Miss Jess from the South Portland Library.

Teen Center

Mission Statement

To provide Middle School and High School aged students with a fun, safe place to spend their after school hours in an environment that is free of violence and intimidation, encouraging the development of social and emotional growth among its teen members.

Grades: 6-12

Days: Mon-Fri, 2:30-6:00p*

Location: Redbank Community Center

*Schedule is subject to change as weather and staffing allow.

Program Cost

FREE

[More Info](#)





Kid's Night Out

Pizza, Games, Fun!

Grades: K-5

Session Dates: March 17

Time: Friday, 5-9pm

Location: South Portland Community Center

Program Cost

Resident: \$25

Non-resident: \$35

[Register](#)



Girls Lacrosse March Madness

Grades: 3-4

Program Dates: Mar 7-28

Times: Tuesdays, 6-7pm

Location: Redbank Gym

Program Cost: FREE

[Register](#)

Boys Lacrosse March Madness

Grades: 7-8

Program Dates: Mar 7-28

Time: Tuesdays, 7:15-8:30p

Location: Redbank Gym

Program Cost: FREE

[Register](#)



Dance

Intro to Hip Hop Session 2

Ages: 5-9

Session Dates: Mar 13- Apr 24

Time: Monday, 5:30-6:15pm

Location: South Portland Community Center

Program Cost

Resident: \$25

Non-resident: \$35

[Register](#)



Riot Pride Football Clinics

Flag Football

Grades: K-3

Session Dates: Mar 4- 25

Times: Saturdays, 1-2pm

Location: Redbank Gym

Program Cost

Residents: \$75

Non-Residents: \$85

[Register](#)

Tackle Football

Grades: 4-6

Session Dates: Mar 5- 26

Times: Sundays, 10-11am

Location: Redbank Gym

Program Cost

Residents: \$75

Non-Residents: \$85

[Register](#)

South Portland Parks and Recreation
SoPo Kids Club!
Before & After School Care

2023 – 2024 school year

Registration Opens on Monday, April 10th, 2023.
A \$50 deposit is required at the time of registration.

Brown Elementary School
Skillin Elementary School
Kaler Elementary School
Small Elementary School
Dyer Elementary School

Kindergarten – 4th Grade SP Residents
Before/After Care is in the school gym.
Snack is provided in the afternoon.



Before and After Care Provided
7:00am – 9:00am 3:00pm – 6:00pm
AM Spaces Available: 20
PM Spaces Available: 30
This program includes Early Release Days

Starting on Tuesday, September 5, 2023 (Tentative first day of school)
Before & After Care will be held each day school is in session.
No program on school vacation weeks & teacher workshop days
(Alternative programs will be offered at an additional cost)

Weekly Cost:

Before Care Only

3 days: \$54.00
4 days: \$64.00
5 days: \$75.00

Before & After Care

3 days: \$105.00
4 days: \$130.00
5 days: \$155.00

After Care Only

3 days: \$66.00
4 days: \$80.00
5 days: \$95.00

Sibling discount: \$10.00 off 2nd child

Kari Filieo
Program Manager
kfilieo@southportland.org



Adult Programs

Adult Basketball League

Monday League

Dates: Mar 13- May 22
(no games Apr 17)

Game Times: Between 6-9p

Location: SPCC

Thursday League

Dates: Apr 13- June 15

Game Times: Between 6-9p

Location: SPCC

Program Cost

Residents: \$65

Non-Residents: \$75

[Register](#)

Art

Introduction to Watercolor Part 2

Dates: Mar 25- Apr 22

Times: Saturdays, 9-10a

Location: SPCC- Casco Bay Room

Program Cost

Residents: \$60

Non-Residents: \$70

[Register](#)

Softball

Adult Softball League

Dates: Apr 24-June 26

Times: Mondays, 5:30-8pm

Location: Wainwright Recreation Complex

Program Cost

Residents: \$50

Non-Residents: \$60

[Register](#)

Golf

Adult Golf League

Dates: May 1-June 15

Tee Times: Mon-Thurs, 5-6p

Location: South Portland Municipal Golf Course

Program Cost

Residents: \$40

Non-Residents: \$50

[Register](#)

Unified Sports

Unified Pickleball Drop-in

Dates: Jan 20-Apr 28

Times: Fridays, 10-11a

Location: Redbank Gym

FREE!

[More Info](#)

Unified Fitness

Dates: Mar 2- Apr 20

Times: Thursdays, 10-11a

Location: Redbank Gym

FREE!

[Register](#)

Senior Programs



Trips

Marginal Way Walk

1 spot left!

Program Date: March 3

Times: Depart SPCC 8:30am, returns 12:30pm

Location: Ogunquit

Program Cost

Residents: \$5

[Register](#)

Fun on Route One

5 spots left!

Program Date: March 15

Times: Departs SPCC 9:00am, Return 4:00pm

Location: Route One

Program Cost

Residents: \$6

Covers transportation only. Bring money for lunch and purchases.

[Register](#)



Presentations

Book Talk- What's New in Your Local Library

Program Date: March 8

Time: Wednesday, 1-2pm

Location: SPCC Senior Drop-in Center

Program Cost: FREE

[Register](#)

The Lost Art of Tea Leaf Reading

Program Date: March 27

Times: Monday, 1-3pm

Location: SPCC Senior Drop-in Center

Program Cost

Residents: \$25

Non-Residents: \$35

[Register](#)

Sing-a-long Songs with Abby

Program Date: March 28

Time: Tuesday, 1-2pm

Location: SPCC Senior Drop-in Center

Program Cost: \$5

[Register](#)

Aquatics Programs



Spring Lessons

Spring Session Registration open:

Residents

Monday, March 6th at 7am

Non-resident

Thursday, March 9th at 7am



Lifeguard

American Red Cross Lifeguarding Class

Times: Friday, Mar 3 5-9p

Saturday, Mar 4 8a-4p

Sunday, Mar 5 8a-4p

Program Cost

Residents: \$260

Non-Residents: \$300

[Register](#)



RipTide & RipTide Plus

Riptide Swim Club is designed for swimmers ages 8-14 who are looking to build endurance and improve their stroke technique.

[More Info](#)

RipTide Plus is designed for Middle School aged swimmers who are genuinely interested in improving their swimming skills.

[More Info](#)

Program Cost:

Residents: \$110 | Non-Residents: \$120

Program Time:

March 27- May 24 on Mon/Wed

Riptide Practice: 6:00-6:55pm

Riptide Plus: 7:00-7:55pm

RipTide Evaluation Night*:

Wednesday, March 22 at 6pm

RipTide & RipTide Plus Registration:

Residents: Thursday, March 23 at 7am

Non-residents: Friday, March 24 at
7am

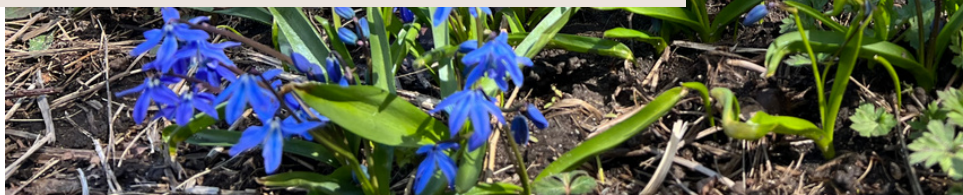
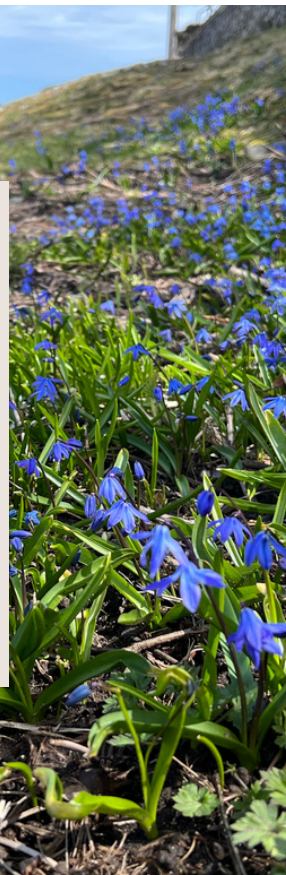
*Your child must attend the Evaluation Night prior to registration if you have not done RipTide or RT+ in the past year.

Conservation and Parks



Tips for enjoying nature in Mud Season

- **Don't be afraid to get muddy!** Walking around the mud on trails causes erosion widens trails. Instead, put on your boots and walk right through it. The trails will thank you!
- **Wear layers.** Sunny parts of trails might feel nice and warm, but the shaded parts are still cold.
- **Hit the trails early** while trails are firm to avoid mud.
- **Bring a bag** to store your boots in while you are in the car.
- **Don't forget to stop and look around.** Mud season is a great time to look for animal tracks!



Nature Story Time

Topic: Raccoons!

Program Dates: March 24th

Location: South Portland Library

Cost: Free

Ages: 2-5

Time: 10:30-11am

Ages: 6-12

Time: 3:30-4:30pm

[Info](#)

[Info](#)

Wildlife & Ecology Lectures

Trees and Forests

Program Dates: March 8th

Ages: Geared towards adults, but kids welcome

Time: 6:30pm-7:30pm

Location: South Portland Public Library

Cost: Free

[Info](#)

Special & Family Events

Family Bingo Night

We're bringing back Bingo (and pizza!) for the whole family. There will be many opportunities for prizes!

Program Dates: March 9

Time: 5:30-7:30pm

Location: South Portland Community Center- Casco Bay Room

Program Cost:

Residents: \$25 | Non-Residents: \$35

[Register](#)

Family Trivia Night

NEW

Put your knowledge to the test at Family trivia night! Prizes will be awarded to top places.

Program Date: March 30

Time: 5:30-7:30pm

Location: South Portland Community Center- Casco Bay Room

Program Cost

Residents: \$25 | Non-Residents: \$35

[Register](#)



[Register](#)

