



Newsletter | March 2024

SOUTH PORTLAND

PARKS, RECREATION, AND WATERFRONT

Contents

[Community Calendars](#)

[Announcements](#)

[Youth Programs](#)

[Adult Programs](#)

[Senior Programs](#)

[Aquatic Programs](#)

[Conservation & Parks](#)

[Special Events](#)

[View Full
Winter/Spring
Brochure](#)



Spring Swim Lesson Registration

Residents: March 11 at 7am
Non-Resident: March 14 at 7am



Father Daughter Dance

March 16, 6-8pm
[Register Here](#)

CONNECT WITH US

South Portland Community Center

21 Nelson Rd, South Portland, ME 04106
Hours: M-F 6a-9p, Sat 8a-5p, Sun 10a-6p
207-767-7650

www.sopoparksrec.com

@SoPoParksRec



Community Calendars

The South Portland Community Center and Redbank Community Center offer scheduled programs, open use, and drop-in programs. View the calendars to learn more about when these spaces are available for use.

Teen Center

Hours:

Monday-Friday
2:30pm-5:30pm

[More Info](#)

Senior Drop-in Center

Hours:

Monday-Thursday
9am-3pm
Friday
9am-12pm.

[Event Calendar](#)

Pool

Hours:

Monday-Friday
6am-9pm
Saturday 8am-5pm
Sunday 10am-6pm

[Calendar](#)

Open Gym

Days and hours
vary by age, sport,
and location.

[Calendar](#)

Announcements

Closures

Community Centers are closed on the following days:

March 31 (Easter)

The pool will be closed on the following times for lifeguard training:

Saturday March 2: 8a-5p
Sunday March 3: 10a-12p
Saturday March 9: 8a-5p
Sunday March 10: 10a-12p

The South Portland Community Center and Redbank Community Center will be hosting Primary Elections. Both gyms will be closed with no programming during the following times:

March 5: Gyms closed all day
March 6: Gyms open at 11:30a

We're Hiring

**Parks Laborer
Recreation Program Assistant**

Apply: Visit the [City Job Board](#) for full details.

Get Outside

Youth Winter Equipment Rentals- South Portland residents can rent youth ice skates and snowshoes from SPCC through the winter for **FREE**. Rentals are good for 5 days before they must be returned to SPCC for others to use.

Youth Programs

Teen Center

Mission Statement

To provide Middle School and High School aged students with a fun, safe place to spend their after school hours in an environment that is free of violence and intimidation, encouraging the development of social and emotional growth among its teen members.

Open to any student Grades 6-12 that resides in South Portland

Days: Mon-Fri, 2:15-5:30p*

Location: Redbank Community Center

*Schedule is subject to change at anytime

Program Cost

FREE

[More Info](#)



VACATION CAMP HIGHLIGHTS





Pre-K Drop-in Programs

POP- Preschool Open Play

Dates: Oct 3-May 28

Times: Tuesdays, 9:30-11a

Ages: 5 and under
(*accompanied by adult*)

Location: Redbank Community Center

Program Cost

Residents: \$4

Non-Residents: \$5

[More Info](#)

Redbank Storytime

Dates: Oct 3-May 28

Time: Tuesdays, 9-11a

Ages: 5 and under
(*accompanied by adult*)

Location: Redbank Community Center

Program Cost

FREE

[More Info](#)

Preschool Art

Dates: Feb 2-May 3

Time: Fridays, 9:30-10:30a

Ages: 5 and under
(*accompanied by adult*)

Location: Redbank Community Center

Program Cost

FREE

[More Info](#)



Lacrosse

March Madness

Dates: Mar 3-26

Time: Tuesdays

Girls Grade 3-6: 6-7pm

Boys Grade 7-8: 7:15-8:30pm

Location: Redbank Gym

Program Cost

Residents: \$15

Non-Residents: \$20

[Register](#)



Baseball

Start Smart Baseball

Dates: March 2-April 6

Times: Saturdays, 8:30-9:15a

Ages: 3-5

Location: Redbank Community Center

Program Cost

Residents: \$60

Non-Residents: \$70

[Register](#)



Dance

Intro to Dance

Dates: March 11-April 22
Times: Mondays, 4:30-5:15p
Ages: 5-9
Location: SPCC Casco Bay Room

Program Cost

Residents: \$75
Non-Residents: \$85

[Register](#)

Intro to Hip Hop

Dates: March 11-April 22
Time: Mondays, 5:30-6:15p
Ages: 6-10
Location: SPCC Casco Bay Room

Program Cost

Residents: \$75
Non-Residents: \$85

[Register](#)

Jazz and Hip Hop

Dates: March 11-April 22
Time: Mondays, 6:15-7p
Ages: 7-11
Location: SPCC Casco Bay Room

Program Cost

Residents: \$75
Non-Residents: \$85

[Register](#)



Gymnastics

Rhythmic Gymnastics

Dates: March 8-25
Age: 5-10
Times:
Fridays, 5:30-6:45p and/or
Sundays, 10:00-11:15a
Location: SPCC Multipurpose Room

Program Cost

Residents: \$120
Non-Residents: \$130

[Register](#)



Fun!

Kid's Night Out

Date: March 8
Times: Friday 5-8:50p
Grades: K-5
Location: SPCC Casco Bay Room, Gym, & Pool

Program Cost

Residents: \$30
Non-Residents: \$40
Additional child discounted by \$10

[Register](#)

Adult Programs



Fitness

Mix it Up!

Dates: March 5-28

Times: 5-5:50p

Location: SPCC Multi-Purpose Room

Program Cost

Residents: \$72

Non-Residents: \$82

Drop-in: \$13

[Register](#)



Food

Cupcake Decorating Class

St. Patrick's Day

Dates: March 9

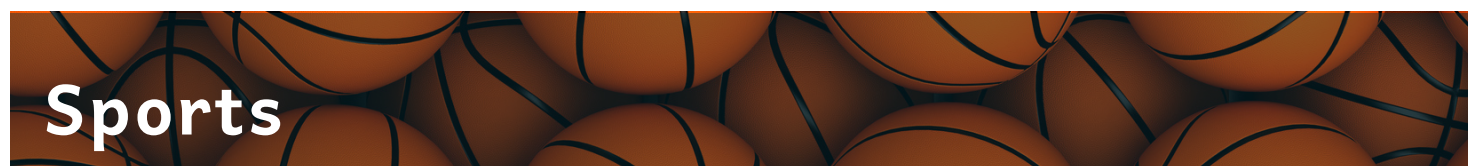
Time: Saturdays, 12:30-2p

Location: SPCC Casco Bay Room

Program Cost

\$30/class

[Register](#)



Sports

Adult Basketball Monday League

Registration Deadline
May 4

Dates: March 11- May 20

Time: 6-9p

Location: SPCC Gym

Program Cost

Residents:\$75

Non-resident: \$85

[Register](#)

Beginner Pickleball Lessons

Date: March 1-24

Time & Location:

Fridays, 8-9a at Redbank

Sundays, 10-11a at SPCC

Program Cost

Residents:\$70

Non-resident: \$80

[Register](#)

Improver Pickleball Lessons

Date: March 1-24

Time & Location:

Fridays, 9-10a at Redbank

Sundays, 11-12a at SPCC

Program Cost

Residents:\$70

Non-resident: \$80

[Register](#)

Senior Programs

Featured Senior Artist of the Month

Stop by the Senior Drop-in Center on **March 7 from 11-1pm** to meet artist **Kay Mishkin!** The Senior Drop-in Center is open every Mon-Thurs from 9:00 a.m. to 3p.m. and Fridays from 9:00 a.m. to 12p.m. to view.

Kay is often inspired by nature scenes, vibrant fabric designs and the challenge of patterns to create her fabric pieces.



VALENTINES LUNCHEON





Presentations

Nature Themed Presentation

Topic: A Night in the Woods

Date: March 20

Times: 9:30-10:30a

Location: SPCC Senior Drop-in Center

Program Cost

FREE (must register)

[Register](#)



Gather

Monthly Birthday Celebrations

Date: March 12

Times: 10-11a

Location: SPCC Senior Drop-in Center

Program Cost

FREE (Registration is required to get your birthday bag)

[Register](#)



Read

Pseudo Book Club

Topic: Autobiography

Date: March 27

Times: Wednesday, 9-10:30a

Location: SPCC Senior Drop-in Center

Program Cost

FREE (please register)

[Register](#)



Trips

Oxford Casino

Date: March 27

Times: Departs at 8:30a

Location: Meet at SPCC

Program Cost

\$10

3 Spots left!

[Register](#)



Fitness

Step Into Fitness

Dates: March 7, 14, 21

Times: Thursdays, 11:30-12:15pm

Location: SPCC Multi-purpose Room

Program Cost

Residents: \$21

Non-Residents: \$31

Drop-in: \$8

[Register](#)

Chair Fitness

Dates: March 7, 14, 21

Time: Thursdays, 12:30-1:15p

Location: SPCC Multi-purpose Room

Program Cost

Residents: \$21

Non-Residents: \$31

Drop-in: \$8

[Register](#)

Senior Cornhole

Dates: March 1, 8, 15, 22 & 29

Time: Fridays, 1:45-3:15p

Location: SPCC Gym

Program Cost

FREE (please try to pre-register, drop-ins welcome)

[Register](#)

Vitality T'ai Chi

Date: March 5 & 19

Time: Tuesdays, 1-2p

Location: SPCC Aerobic Room

Program Cost

Residents: \$14

Non-resident: \$24

Drop-in: \$8

[Register](#)

Laughter Yoga

Date: March 29

Time: Friday, 1-2p

Location: SPCC Senior Drop-in Center

Program Cost

FREE (must register)

[Register](#)

Aquatics Programs

Spring Swim lesson registration:

Residents: Monday, March 11th beginning at 7am
Non-Residents: Thursday, March 14th beginning at 7am

[View Pool Calendar](#)
[\(Feb 26-March 30\)](#)

Daily Fees:

Residents: Adults \$5 | Youth/Seniors \$4
Non-Residents: Adult \$6 | Youth/Seniors \$5

Frequent User Passes:

Residents: Adults \$70 | Youth/Seniors \$50
Non-Residents: Adult \$90 | Youth/Seniors \$70

Pool Closed for Lifeguarding Course:

Saturday March 2: 8a-5p
Sunday March 3: 10a-12p

Saturday March 9: 8a-5p
Sunday March 10: 10a-12p

FEBRUARY HIGHLIGHTS



Watching "Moana" in the pool!

Conservation and Parks

Learn

Nature Story Time

Squirrels

Date: March 22

Ages 0-5: 10:30-11a

Ages 5-12: 3:30-4:30p

Location: South Portland Public Library

Program Cost: FREE

[More Info](#)

Ecology Lecture Series

Forging New Relationships with the Wild

A collaborative presentation with conservation biologist, Geri Vistein and animal control officer, Maggie Maxwell

Date: March 14

Time: 6:00-7:00p

Ages: Geared towards adults but older kids welcome

Location: South Portland Public Library

Program Cost: FREE

[More Info](#)

Branch Library Nature Story Time

Snakes

Date: March 10

Ages 0-5: 10:30-11a

Ages 5-12: 3:30-4:30p

Location: South Portland Public Library

Program Cost: FREE

[More Info](#)

FEBRUARY HIGHLIGHTS



There is a **SOLAR ECLIPSE**

Coming April 8th, 2024

Where to View

The path of totality goes through Northern Maine, but we will be able to see the partial eclipse here in South Portland!



Protect Your Eyes

Viewing glasses can be purchased at the front desk of the South Portland Community Center.

They are available while supplies last and are fully customizable!

\$3/pair



Special Events

A vibrant space-themed poster for a Father Daughter Dance. The background is a colorful nebula with various celestial bodies like planets, moons, and stars. A rocket ship is in the bottom right, and two astronauts are floating. The text 'It's going to be Out of This World!' is written in a curved path. The event title 'Father Daughter Dance' is prominently displayed in the center, followed by the date and time 'March 16, 6-8pm'. The location 'South Portland Community Center' and ticket prices are listed below. A 'Register' button is at the bottom center. The City of South Portland logo is in the top left.

 CITY OF
**SOUTH
PORTLAND**
Parks, Recreation
& Waterfront

It's going to be Out of This World!

Father Daughter Dance

March 16, 6-8pm

 **South Portland Community Center**

Cost: Resident: \$14 | Non-Resident: \$24

Register: www.sopoparksrec.com

Register

Family Bingo Night

Date: March 21

Time: 5:30-7pm,

Dinner served at 5:30pm, Bingo starts at 6pm

Location: South Portland Community Center

Program Cost: FREE

Register