



Newsletter | September 2024

SOUTH PORTLAND

PARKS, RECREATION, AND WATERFRONT

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Bug Light Car Show

September 4 | 4:30pm

Bug Light Park

FREE!

[**View the Details**](#)



Pollinator Bioblitz

Celebrate all things pollinator with guest presentations, kid friendly activities, and more!

[**View the Details**](#)

CONNECT WITH US

South Portland Community Center

21 Nelson Rd, South Portland, ME 04106

Starting September 3, Hours:

M-F 6a-9p, Sat 8a-5p, Sun 10a-6p

207-767-7650

www.sopoparksrec.com

@SoPoParksRec



Community Calendars

The South Portland Community Center and Redbank Community Center offer scheduled programs, open use, and drop-in programs. View the calendars to learn more about when these spaces are available for use.

Pool

Hours:

Monday-Friday
6am-9pm
Saturday 8am-5pm
Sunday 10am-6pm

[Calendar](#)

Teen Center

Hours:

Monday-Friday
2:30pm-6:00pm

[More Info](#)

Senior Drop-in Center

Hours:

Monday-Thursday
9am-3pm
Friday
9am-12pm.

[Event Calendar](#)

Announcements

Closures

Community Centers are closed on the following days:

September 2 (Labor Day)

SUMMER HIGHLIGHTS

The first year of the Girls All Sports Camp introduced girls to 10 different sports throughout the week long camp including soccer, swimming, and more!



Track & Field



Cheerleading



Ice Hockey



Rugby

Youth Programs

Teen Center

Mission Statement

To provide Middle School and High School aged students with a fun, safe place to spend their after school hours in an environment that is free of violence and intimidation, encouraging the development of social and emotional growth among its teen members.

Open to any student Grades 6-12 that resides in South Portland

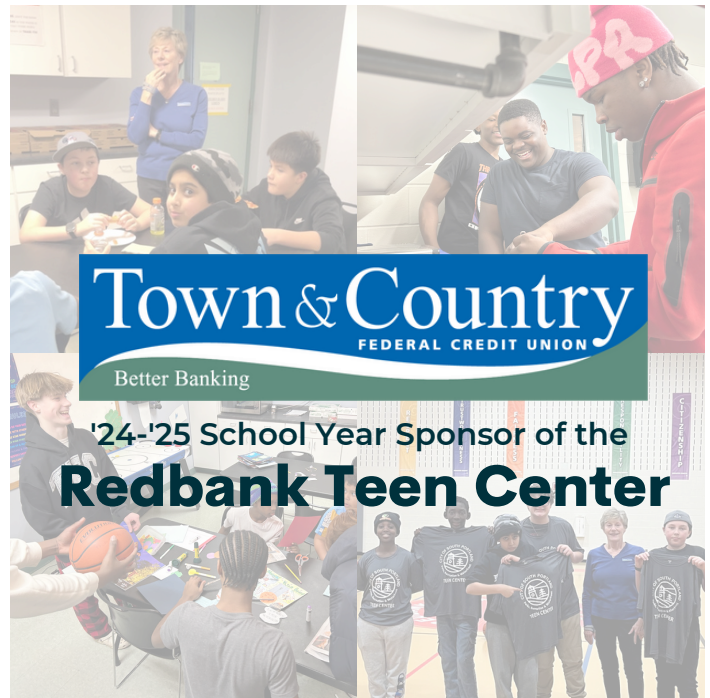
Days: Mon-Fri, 2:15-6:00p*

Location: Redbank Community Center

*Schedule is subject to change at anytime

Program Cost
FREE

[More Info](#)



Volley Ball

Middle School Volleyball

Dates: Sept 10- Oct 18

Time:

Practice: Tu/F 6:30-8p,
games through the week

Grades: 6-8

Location: SPCC Gym

Program Cost

Residents: \$85

Non-Residents: \$95

[Register](#)

Pre-K Sports

Tiny Tykes Soccer Magic

Dates: Sept 15- Oct 20

Times: Sundays 9-9:45a

Ages: 2-3

Location: Wainwright

Program Cost

Residents: \$120

Non-Residents: \$130

[Register](#)

Start Smart Football

Dates: Sept 14- Oct 19

Time: Saturdays, 9-9:45a

Ages: 3-5

Location: Redbank Gym

Program Cost

Residents: \$60

Non-Residents: \$70

[Register](#)



Karate

Karate Kids

Dates: Sept 6- Oct 11

Times: Fridays, 4-5p

Ages: 5-12

Location: SPCC Multi-purpose Room

Program Cost

Residents: \$65

Non-Residents: \$75

[Register](#)



Gymnastics

Rhythmic Gymnastics

Dates: Sept 4-25

Times:

Mondays: 4:30-5:45p OR

Wednesdays: 4:30-5:45p

Age: 4-10

Location: SPCC Multipurpose Room

Program Cost

Mondays: \$90/\$100NR

Wednesdays: \$120/\$130NR

[Register](#)



Running

Track Magic

Dates: Sept 14- Oct 12

Time: Saturdays, 9-9:45am

Grades: K-2

Location: SPHS Track

Program Cost

Residents: \$55

Non-Residents: \$65

[Register](#)

Track & Field- Fall

Dates: Sept 14- Oct 12

Times: Saturdays, 10-11a

Grades: 2-5

Location: SPHS Track

Program Cost

Residents: \$55

Non-Residents: \$65

[Register](#)

Cross Country Running- Fall

Dates: Sept 14- Oct 12

Times: Saturdays, 11a-12p

Grades: 4-8

Location: SPHS Track

Program Cost

Residents: \$55

Non-Residents: \$65

[Register](#)



Art

Messy Art

Dates: September 7-28
Times: Saturdays, 9-10a
Grades: K-5
Location: SPCC
Activity Room

Program Cost

Residents: \$40
Non-Residents: \$50

[Register](#)



Field Hockey

Field Hockey Magic

Dates: Sept 7- Oct 12
Times: Saturdays,
10:30-11:30a
Grades: K-2
Location: Wainwright

Program Cost

Residents: \$70
Non-Residents: \$80

[Register](#)

Fall Field Hockey

Dates: Aug 28-Oct 17
Times:
W/Th Practice 5:30-7p,
Sunday games TBD
Grades: 3-6
Location: Wainwright

Program Cost

Residents: \$85
Non-Residents: \$95

[Register](#)



Skateboard

Skateboard Lessons

Dates: Sept 8- Oct 6
Time: Sundays
Improver: 9:45-10:15am
Location: South Portland
Skatepark

Improver Cost

Residents: \$150
Non-Residents: \$160

[Register](#)



Dance

Intro to Dance

Dates: Sept 9- Oct 21
Times: Mondays,
4:30-5:15p
Ages: 5-9
Location: SPCC
Aerobic Room

Program Cost

Residents: \$75
Non-Residents: \$85

[Register](#)

Intro to Hip Hop

Dates: Sept 9- Oct 21
Times:
Mondays, 5:30-6:15p
Age: 6-10
Location: SPCC
Aerobic Room

Program Cost

Residents: \$75
Non-Residents: \$85

[Register](#)

Adult Programs



Dance

Beginner Line Dancing

Dates: Sept 4- Oct 30

Time: Wednesdays,
10:45-11:45a

Location: SPCC
Multipurpose Room

Program Cost

Residents: \$36

Non-Residents: \$46

Drop-in: \$5

[Register](#)



Golf

SMGA Ladies Golf Clinics

Dates: Sept 11- Oct 2

Time: Wednesdays,
5:30-6:30p

Location: South
Portland Golf Course

Program Cost

Residents: \$125

Non-Residents: \$135

[Register](#)



Wellness

MainlyNP Wellness Series

**Unlocking the Secrets of
Quality Sleep**

Dates: September 19

Time: Thursday, 3-4p

Location: SPCC Casco Bay
Room

Program Cost

FREE!

[Register](#)



Adult Sport Leagues

Basketball Monday & Thursday Leagues

Date: Starts September 9

Time: 6-9p

Location: SPCC Gym

**Registration deadline is
September 2!**

Program Cost

Residents: \$75

Non-resident: \$85

[Register](#)

Softball Sunday League

Date: Starts September 8

Time: 11a-3:30p

Location: Wainwright Field

Program Cost

Team

Residents: \$700

Non-resident: \$710

Free Agent

Residents: \$75

Non-resident: \$85

[Register](#)



Art

Beginner Soft Pastels

The Sky

Dates: Sept 14- Oct 12

Time: Saturdays,
10:30a-12p

Location: SPCC Casco Bay
Room

Program Cost

Residents: \$65

Non-Residents: \$75

[Register](#)

Drawing

Dates: Sept 13- Oct 4

Time: Fridays,
9:30-10:30a

Location: SPCC Casco
Bay Room

Program Cost

Residents: \$60

Non-Residents: \$70

[Register](#)



Unified

Unified Sports

Date: Sept 5- Dec 19

Time: 10a-12p

Location: Redbank Gym

Program Cost

FREE

[Register](#)



Pickleball

Beginner Pickleball Lessons

Wednesday

Dates: Sept 4-25

Time: 6:30-7:30p

Location: SPCC Gym

Sunday

Dates: Sept 8-29

Time: 10-11a

Location: SPCC Gym

Friday

Dates: Sept 6-27

Time: 8-9a

Location: Redbank Gym

Program Cost

Residents: \$70

Non-resident: \$80

[Register](#)

Improver Pickleball Lessons

Wednesday

Dates: Sept 4-25

Time: 7:30-8:30p

Location: SPCC Gym

Sunday

Dates: Sept 8-29

Time: 11a-12p

Location: SPCC Gym

Friday

Dates: Sept 6-27

Time: 8-9a

Location: Redbank Gym

Program Cost

Residents: \$70

Non-resident: \$80

[Register](#)

Senior Programs

Age Friendly Resource Fair

Date: September 13

Time: 9a-12p

Location: SPCC Gym, Senior Drop-in Center & Casco Bay Room

Program Cost

FREE (Please register to help us get an idea of how many people to expect)

[Register](#)

SUMMER HIGHLIGHTS



Trips

Pig Roast

Date: September 26

Times: Departs at 3p

Location: Meet at SPCC, travel to Fort Williams

Program Cost

Residents: \$52

Non-Residents: \$62

3
Spots
left!

[Register](#)



Gather



Bridge Lessons

Date: Sept 10- Oct 29

Times: 10a-12p

Location: SPCC Senior Drop-in Center

Program Cost

FREE (Must register, space is limited. Only 2 spots left!)

[Register](#)

Monthly Birthday Celebrations

Date: September 10

Times: 10-11a

Location: SPCC Senior Drop-in Center

Program Cost

FREE (Registration is required to get your birthday bag)

[Register](#)

Presentations



Nature Themed Presentation

Wild Germs

Date: September 23

Times: 9:30-10:30a

Location: SPCC Senior Drop-in Center

Program Cost

FREE (must register)

[Register](#)



Laughter Yoga | January 2023

Fitness

Core Stability

Dates: September 19 & 26

Times: Thursdays, 10:30-11:15pm

Location: SPCC Multi-purpose Room

Program Cost

Residents: \$14

Non-Residents: \$24

Drop-in: \$8

[Register](#)

Chair Fitness

Dates: September 19 & 26

Time: Thursdays, 11:15-12:00p

Location: SPCC Multi-purpose Room

Program Cost

Residents: \$14

Non-Residents: \$24

Drop-in: \$8

[Register](#)

Vitality T'ai Chi

Date: September 10 & 24

Time: Tuesdays, 1-2p

Location: SPCC Aerobic Room

Program Cost

Residents: \$14

Non-resident: \$24

Drop-in: \$8

[Register](#)

Laughter Yoga

Date: September 27

Time: Friday, 12-1p

Location: SPCC Senior Drop-in Center

Program Cost

FREE (must register)

[Register](#)

Aquatics Programs

[View Pool Calendar](#)
(September)

Daily Fees:

Residents: Adults \$5 | Youth/Seniors \$4
Non-Residents: Adult \$6 | Youth/Seniors \$5

Frequent User Passes:

Residents: Adults \$70 | Youth/Seniors \$50
Non-Residents: Adult \$90 | Youth/Seniors \$70



Riptide

Riptide and RipTide PLUS will host their Fall session starting in September. Check out details for practice times, dates, cost and explanation of the two programs in the 2024 Fall brochure.

Registration Dates:

Residents: September 5
Non-residents: September 6

You MUST attend the evaluation night on Wednesday, 9/4 if your child has not been part of RT or RT+ in 2024.

[Riptide](#)

[RT+](#)

Fall Swim Lessons

Registration Dates:

Residents: September 9

Non-residents: September 12

Check out details for class times, dates, cost and explanation of the levels in the **2024 Fall Brochure.**



High School

Calling all High School swimmers (or those who are considering joining!) This program is designed to get high school swimmers back into swim shape before the season begins this Winter.

[Register](#)

Golf

South Portland Municipal Golf Course

Call 775-0005 for tee times.
Tee times are recommended, as walk-ins may not always be able to be accommodated on busy days.

Greens Fees (18 holes per day):

Monday-Friday: \$15

Saturday, Sunday & Holiday: \$17

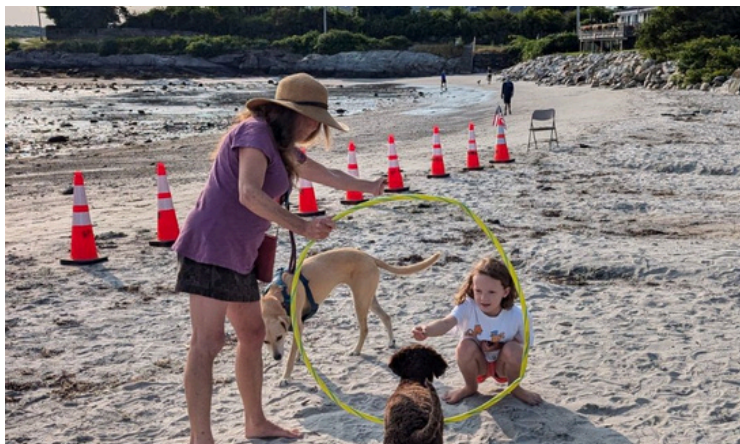
Play Passes:

10 Play Pass: \$140

5 Play Pass: \$70

Conservation and Parks

SUMMER HIGHLIGHTS



Willard Beach pups competed in Doggy Olympics challenges!



Park Rangers handed out free fishing poles at Fisherman's Point.



Perseids Meteor Shower Watch party got started with crafts & stories.



Park Rangers leading Junior Ranger Programs.



Learn

Gardening at the Middle School

Date: September 9 & 23

Time: 3-3:45p

Ages: Middle School Families

Location: South Portland Middle School

Program Cost: FREE



Nature Story Time

Deer

Date: September 13

Time:

Ages 0-5: 10:30a

Ages 6-12: 3:30p

Location: Hinckley Park

Program Cost: FREE

[Learn More](#)

Fall Conservation Volunteer Training

Date: September 26

Time: 9-10a

Ages: 14+

Location: Hinckley Park

Program Cost: FREE

[Register](#)





Explore

(Re)Discover Hinckley Park

A binocular view of Hinckley-
Birding Basics

Date: September 8

Time: 1-3p

Location: Hinckley Park

Program Cost: FREE

(donations to [South Portland Land Trust](#) welcome)

[Learn More](#)



Multilingual Hike

Date: September 15

Time: 1-3p

Location: Clark's Pond
(Meet at Redbank Bus Stop)

Program Cost: FREE

[Learn More](#)

Dementia- Friendly Nature Walk

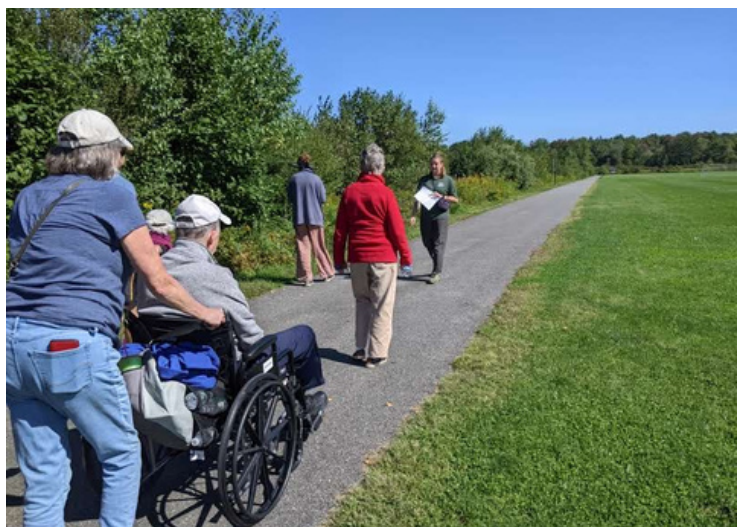
Date: September 19

Time: 10-12p

Location: Wainwright Sports Complex

Program Cost: FREE

[Learn More](#)





——— Join us for the ———

Parks for Pollinators BIOBLITZ

Saturday, September 21
Hinckley Park, 10am-12pm

COLLECT POLLINATOR DATA USING THE INATURALIST APP
TO CONTRIBUTE TO CITIZEN SCIENCE

LEARN ABOUT NATIVE POLLINATORS AND POLLINATOR
FRIENDLY PLANTS

CREATE POLLINATOR ART

MEET LIVE HONEY BEES

HIKE AND READ THE MONARCH STORY WALK



CITY OF
**SOUTH
PORTLAND**
Parks, Recreation
& Waterfront



Be a part of the

SCARECROW PATCH

returning this fall to

Hinckley Park



Two ways to make a scarecrow:

Participants will receive all the basic materials needed to build and decorate a scarecrow (straw, pants, shirt, burlap sack head, markers & paint).

1. Participate in a Scarecrow Building Day

Join us at Hinckley Park on Saturday, September 28th where you will find all the supplies to build a scarecrow by yourself or with a group! 10am-12pm

2. Request a Scarecrow Building Kit

We will bring the materials to build a scarecrow to any group or organization who wants to make one. **Sign up by 9/6**, dropoff of materials on 9/13, pickup of your scarecrow on 9/26-27.



Register

Building Day: \$35R/\$45NR, Kit delivery: \$45R

- Each registration will get your group the materials for 1 scarecrow, so no need to register everyone.
- Make sure to select if you will be at the building day or are requesting a kit dropped off.
- You are welcome to use additional items to personalize your scarecrow as well! **Scarecrows MUST be family friendly** (not too scary and no political messages please!)



Visit

Scarecrows created this year and some fan favorites from previous years will be on display in Hinckley Park the entire month of October for all to visit!





BUG LIGHT CAR SHOW

September 4th

Rain date: September 11

4pm-sunset

FREE

The Annual Bug Light Car Show draws over 250 unique and antique vehicles. Bring your vehicle or just peruse others! Foodtrucks will be available to purchase dinner.



sopoparksrec.com





Pool Pumpkin Splash!

Date: October 11

Time:

Age 0-5: 10-11am

All Ages Session 1: 6-7pm

All Ages Session 2: 7-8pm

Location: SPCC Pool & Casco Bay Room

Program Cost:

Residents: \$7

Non-residents: \$12

[Register](#)

ART IN THE PARK HIGHLIGHTS

