



Newsletter | November 2024

# SOUTH PORTLAND

## PARKS, RECREATION, AND WATERFRONT

### Contents

[Community Calendars](#)

[Announcements](#)

[Youth Programs](#)

[Adult Programs](#)

[Senior Programs](#)

[Aquatic Programs](#)

[Conservation & Parks](#)

[Special Events](#)

[View Full  
Fall Brochure](#)



### [Pleasant Mountain Ski Program](#)

Register for this new program by December 20!

[View the Details](#)



### [\(Re\)Discover Hinckley](#)

Take a walk through Hinckley guided by a Geology specialist, Henry Berry to uncover the history of this area.

[View the Details](#)

### CONNECT WITH US

**South Portland Community Center**

21 Nelson Rd, South Portland, ME 04106  
Hours: M-F 6a-9p, Sat 8a-5p, Sun 10a-6p  
207-767-7650

[www.sopoparksrec.com](http://www.sopoparksrec.com)

**@SoPoParksRec**



# Community Calendars

The South Portland Community Center and Redbank Community Center offer scheduled programs, open use, and drop-in programs. View the calendars to learn more about when these spaces are available for use.

## Open Gym

Days and hours vary by sport and location.

[Calendar](#)

## Pool

### Hours:

Monday-Friday  
6am-9pm  
Saturday 8am-5pm  
Sunday 10am-6pm

[Calendar](#)

## Teen Center

### Hours:

Monday-Friday  
2:30pm-6:00pm

[More Info](#)

## Senior Drop-in Center

### Hours:

Monday-Thursday  
9am-3pm  
Friday  
9am-12pm.

[Event Calendar](#)

# Announcements



## Closures

Community Centers are closed on the following day:

November 11 (Veteran's Day)  
November 28 (Thanksgiving)  
November 29 (Day After Thanksgiving)

## We're Hiring

Our SoPo Kids Club is looking for a few more counselors to work a couple days after school at our Kaler and Small school sites. Hours are 3:00-6:00pm.

Before & After Care Counselors- Contact Kari Filieo to apply  
[kfilieo@southportland.org](mailto:kfilieo@southportland.org)



# Youth Programs

## Teen Center

### Mission Statement

To provide Middle School and High School aged students with a fun, safe place to spend their after school hours in an environment that is free of violence and intimidation, encouraging the development of social and emotional growth among its teen members.

**Open to any student Grades 6-12 that resides in South Portland**

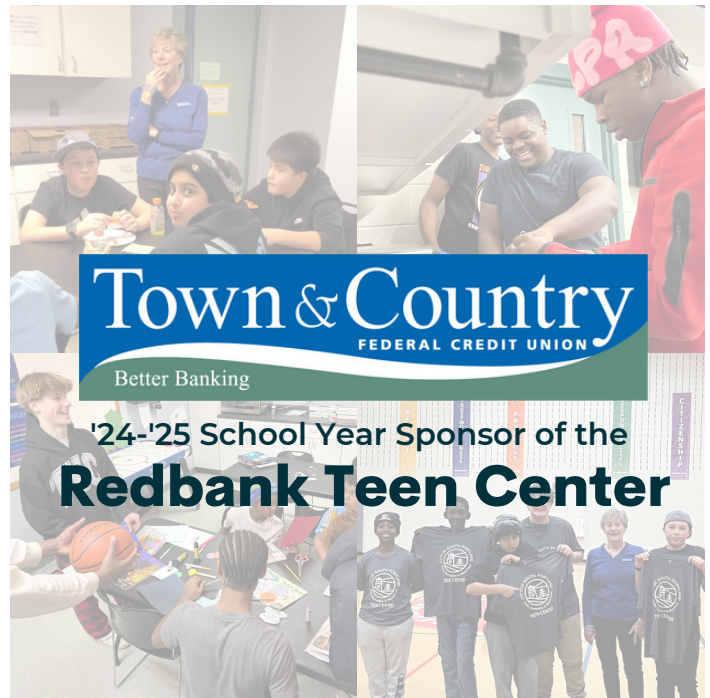
**Days:** Mon-Fri, 2:15-6:00p\*

**Location:** Redbank Community Center

\*Schedule is subject to change at anytime

**Program Cost**  
**FREE**

[More Info](#)



## Middle School

### Middle School Volleyball

**Dates:** Nov 12- Dec 17

**Time:** Tuesdays, 6:30-8p

**Location:** SPCC Gym

### Program Cost

Residents: \$65

Non-Residents: \$75

[Register](#)

### Middle School Karate

**Dates:** Nov 7- Dec 5

**Time:** Thursdays,

Grades 5/6: 3:05-3:45p

Grades 7/8: 2:15-2:55p

**Location:** SPMS Multipurpose Room

### Program Cost

Residents: \$40

[Register](#)



## Cooking

### Fun Chefs Baking

**Dates:** Nov 18- Dec 16

**Times:** Mondays, 4:30-5:30p

**Ages:** 7-13

**Location:** SPCC Casco Bay Room

#### Program Cost

Residents: \$125

Non-Residents: \$135

[Register](#)



## STEAM

### STEAMworks for Kids

#### Creative Constructions

**Dates:** Nov 27 (no school day)

**Times:** Wed, 9a-3:30p

**Ages:** 6-11

**Location:** SPCC Aerobic Room

#### Program Cost

Residents: \$95

Non-Residents: \$105

[Register](#)



## Ski & Snowboard

### Pleasant Mountain Ski Program

**Dates:** Jan 6-Feb 10

**Times:** Mondays, 2-10p

**Grades:** 7-12

**Location:** Pleasant Mountain, Bridgton

#### Program Cost

Residents: \$70-485

Non-Residents: \$80-495

Rates vary based on packages with options for rentals & lessons.

[Register](#)



## Gymnastics

### Rhythmic Gymnastics

**Dates:** Nov 4-27

**Times:**

Mondays OR Wednesdays

4-5:15p

**Age:** 4-8

**Location:** SPCC

Multipurpose Room

#### Program Cost

Residents: \$120

Non-Residents: \$130

[Register](#)





# Pre-K

## Preschool Open Play

**Dates:** Oct 1-May 27  
**Time:** Tuesdays, 9a-11a  
**Ages:** 5 and under accompanied by adult  
**Location:** Redbank Community Center  
**Program Cost**  
 Residents: \$4  
 Non-Residents: \$5

## Storytime

**Dates:** Oct 1-May 27  
**Time:** Tuesdays, 10:30a-11a  
**Ages:** All, under 12 accompanied by adult  
**Location:** Redbank Community Center  
**Program Cost**  
 FREE

### Registration Deadline

Grades 1-2

**Oct 29**

Grades 3-4

**Oct 29**

Grades 7-8

**Dec 5**

High School

**Dec 5**



2024-2025

# BASKETBALL LEAGUES



## Grades 1-2

**Dates:** November 30-February 1  
**Games:** South Portland Community Center  
**Cost:** Resident \$80 | Non-resident \$90

## Grades 3-4

**Dates:** November 30-February 1  
**Games:** South Portland Community Center  
**Cost:** Resident \$80 | Non-resident \$90

## Grades 7-8

**Dates:** January 8-February 26  
**Games:** South Portland Community Center  
**Cost:** Resident \$80 | Non-resident \$90

## High School Rec League

**Dates:** December 31-March 11  
**Games:** Tuesdays, South Portland  
**Cost:** Resident \$80 | Non-resident \$90



# Adult Programs



### Beginner Line Dancing

**Dates:** November 6- December 18  
**Time:** Wednesdays, 10:45-11:45a  
**Location:** SPCC Multipurpose Room  
**Program Cost**  
Resident: \$28  
Non-resident: \$38  
Drop-in: \$5

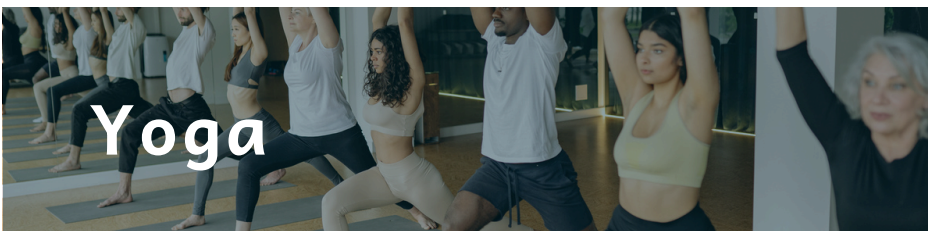
[Register](#)



### Adult Basketball League

**Monday League**  
**Dates:** Dec 2- Feb 10  
**Time:** 6:30-9:30p  
**Thursday League**  
**Dates:** Dec 6- Feb 13  
**Time:** 6:30-9:30p  
**Location:** SPCC Gym  
**Program Cost**  
Residents: \$75  
Non-resident: \$85

[Register](#)



### Sunrise Yoga

**Date:** October 4-25  
**Time:** Fridays, 9-9:45a  
**Location:** SPCC Multi-purpose Room  
**Program Cost**  
Residents: \$40  
Non-resident: \$50  
Drop-in: \$10

[Register](#)

### Mindful Movement

**Date:** Nov 7- Dec 19  
**Time:** Thursdays, 6:30-7:30p  
**Location:** SPCC Multi-purpose Room  
**Program Cost**  
Residents: \$60  
Non-resident: \$70  
Drop-in: \$12

[Register](#)



### MainlyNP Wellness Series

**Calm in the Chaos: Mastering Stress!**  
**Dates:** November 21  
**Time:** Thursday, 3-4p  
**Location:** SPCC Casco Bay Room  
**Program Cost**  
FREE!

[Register](#)



# Art

## Beginner Soft Pastels

Winter

**Dates:** Nov 30- Dec 28

**Time:** Saturdays,  
10:30a-12p

**Location:** SPCC Casco Bay Room

### Program Cost

Residents: \$65

Non-Residents: \$75

[Register](#)

## Watercolors Part 2

**Dates:** Nov 15- Dec 20

**Time:** Fridays,  
9:30a-10:30a

**Location:** SPCC Casco Bay Room

### Program Cost

Residents: \$80

Non-Residents: \$90

[Register](#)

## Stained Glass Ornaments

**Dates:** Nov 25, Dec 2,  
Dec 9, and/or Dec 16

**Time:** 5:30p-8:30p

**Location:** SPCC Activity Room

### Program Cost

Residents: \$35

Non-Residents: \$45

\*Cost is per class

[Register](#)

# Pickleball

## Beginner Pickleball Lessons

Wednesday

**Dates:** November 6-27

**Time:** 6:30-7:30p

**Location:** SPCC Gym

Sunday

**Dates:** November 3-24

**Time:** 10-11a

**Location:** SPCC Gym

Friday

**Dates:** November 1-22

**Time:** 8-9a

**Location:** Redbank Gym

### Program Cost

Residents:\$70

Non-resident: \$80

[Register](#)

## Improver Pickleball Lessons

Wednesday

**Dates:** November 6-27

**Time:** 7:30-8:30p

**Location:** SPCC Gym

Sunday

**Dates:** November 3-24

**Time:** 11a-12p

**Location:** SPCC Gym

Friday

**Dates:** November 1-22

**Time:** 8-9a

**Location:** Redbank Gym

### Program Cost

Residents:\$70

Non-resident: \$80

[Register](#)

# Unified

## Unified Sports

**Date:** Sept 5- Dec 19

**Time:** 10a-12p

**Location:** Redbank Gym

### Program Cost

**FREE**

[More Info](#)

# Senior Programs



## Monthly Birthday Celebrations

**Date:** November 12

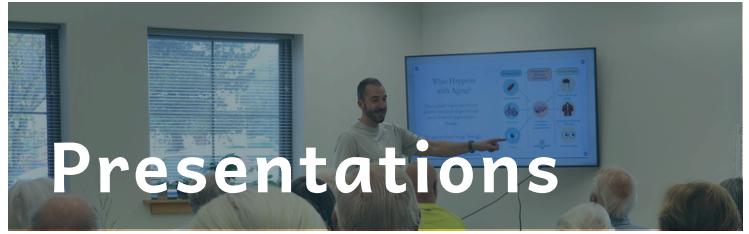
**Times:** 10-11a

**Location:** SPCC Senior Drop-in Center

### Program Cost

FREE (Registration is required to get your birthday bag)

[Register](#)



## Brain Health

**Date:** November 7, 14, 21

**Times:** 9:30-10:30a

**Location:** SPCC Senior Drop-in Center

### Program Cost

Resident: \$28

Non-resident: \$38

Drop-in: \$10

[Register](#)

## OCTOBER HIGHLIGHTS







Laughter Yoga | January 2023

## Fitness

### Core Stability

**Dates:** November 7 & 21  
**Times:** Thursdays, 10:30-11:15pm  
**Location:** SPCC Multi-purpose Room

#### Program Cost

Residents: \$14  
Non-Residents: \$24  
Drop-in: \$8

[Register](#)

### Chair Fitness

**Dates:** November 7 & 21  
**Time:** Thursdays, 11:15-12:00p  
**Location:** SPCC Multi-purpose Room

#### Program Cost

Residents: \$14  
Non-Residents: \$24  
Drop-in: \$8

[Register](#)

### Vitality T'ai Chi

**Date:** November 5 & 19  
**Time:** Tuesdays, 1-2p  
**Location:** SPCC Aerobic Room

#### Program Cost

Residents: \$14  
Non-resident: \$24  
Drop-in: \$8

[Register](#)

### Laughter Yoga

**Date:** November 22  
**Time:** Friday, 12-1p  
**Location:** SPCC Senior Drop-in Center

#### Program Cost

FREE (must register)

[Register](#)

# Aquatics Programs

## Daily Fees:

Residents: Adults \$5 | Youth/Seniors \$4  
Non-Residents: Adult \$6 | Youth/Seniors \$5

## Frequent User Passes:

Residents: Adults \$70 | Youth/Seniors \$50  
Non-Residents: Adult \$90 | Youth/Seniors \$70

[View Pool Calendar](#)  
([Oct-Nov 17](#)).

A NEW pool calendar will be available soon, beginning on Nov 18. Please note there will be changes to open swim times in the afternoon and Friday evenings with the start of high school programs. With swim lessons ending there will be more open swims time on weekends and some weekday evenings.

**Fall Swim Lessons and programming are well underway. Please take note of the end dates:**

Tuesdays for AM lessons: 11/19  
Tuesdays for PM lessons & diving: 11/12  
Wednesdays for lessons & HS Prep swim team: 11/13  
Wednesdays for RipTide and RT+ Swim Clubs: 11/20  
Thursdays for AM & PM lessons: 11/21  
Saturday for lessons: 11/23  
Sundays for lessons: 11/17

**Registration Dates for Winter Swim Lessons:**  
Residents: Monday, 12/9  
Non-Residents: Thursday, 12/12



## Golf

### South Portland Municipal Golf Course

**Final day for the season is November 10th**

*Thanks for a great season! See you in the Spring.*



# Conservation and Parks

## OCTOBER HIGHLIGHTS



Photography workshop in Hinckley Park during the Re(Discover) Hinckley Park Series.



Best dog and owner duo at The Mongrel Mash!



Installing a wildflower garden at the Redbank Community Center

## Learn & Explore

### **(Re)Discover Hinckley Park**

A Walk Through Geologic  
Time

**Date:** November 10

**Time:** 1-3p

**Location:** Hinckley Park

**Program Cost:** FREE

[Learn More](#)

### **Ecology Lecture Series**

From Moths to Monarchs

**Date:** November 21

**Time:** 6:30-7:30p

**Ages:** Geared towards  
adults

**Location:** South Portland  
Public Library

**Program Cost:** FREE

[More Info](#)

### **Nature Story Time**

Turkeys

**Date:** November 8

**Time:**

Ages 0-5: 10:30a

Ages 6-12: 3:30p

**Location:** South Portland  
Public Library

**Program Cost:** FREE

[Learn More](#)



# Special Events

## Holiday Events

### Tree Lighting Celebration

**Date:** December 6  
**Time:** 4:30-6:30p  
**Location:** Mill Creek Park

**Program Cost:**  
FREE

### Breakfast with Santa

**Date:** December 7  
**Time:** 8-10a  
**Location:** SPCC Casco Bay Room

**Program Cost**  
\$14, kids under 4 free

[Register](#)

### North Pole Calling

**Date:** December 9-12  
**Time:** evening  
**Location:** Santa calls you at home!

**Program Cost**  
FREE, residents only

[Register](#)

## TRUNK OR TREAT HIGHLIGHTS







# 9th Annual Savage Family Turkey Trot 5K

South Portland, Maine

**Thanksgiving Day - November 28th, 2024**

**Family 5k Run/Walk**

**Race Start 9:00 a.m. ~ Check-In Starts @ 8:00 a.m.**

**Register Online** @ [RunSignUp.com](https://RunSignUp.com) \$30 (ends noon, Nov 27)

*Dog & Stroller Friendly ~ Same Day Registration Allowed*

**Short sleeve T-Shirt** for online registrations made prior to November 19

All proceeds **donated to the Nathan Savage Memorial Fund and the Tri Like a Savage Youth Triathlon**

FMI: Visit our



or email us at [atsavagefamilyturkeytrot@gmail.com](mailto:atsavagefamilyturkeytrot@gmail.com)