



Newsletter | November 2024

SOUTH PORTLAND

PARKS, RECREATION, AND WATERFRONT

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Pleasant Mountain Ski Program

Register for this new program by December 20!

[**View the Details**](#)



(Re)Discover Hinckley

Take a walk through Hinckley guided by a Geology specialist, Henry Berry to uncover the history of this area.

[**View the Details**](#)

CONNECT WITH US

South Portland Community Center

21 Nelson Rd, South Portland, ME 04106
Hours: M-F 6a-9p, Sat 8a-5p, Sun 10a-6p
207-767-7650

www.sopoparksrec.com

@SoPoParksRec



Community Calendars

The South Portland Community Center and Redbank Community Center offer scheduled programs, open use, and drop-in programs. View the calendars to learn more about when these spaces are available for use.

Open Gym

Days and hours vary by sport and location.

[Calendar](#)

Pool

Hours:

Monday-Friday
6am-9pm
Saturday 8am-5pm
Sunday 10am-6pm

[Calendar](#)

Teen Center

Hours:

Monday-Friday
2:30pm-6:00pm

[More Info](#)

Senior Drop-in Center

Hours:

Monday-Thursday
9am-3pm
Friday
9am-12pm.

[Event Calendar](#)

Announcements

Closures

Community Centers are closed on the following day:

November 11 (Veteran's Day)
November 28 (Thanksgiving)
November 29 (Day After Thanksgiving)

We're Hiring

Our SoPo Kids Club is looking for a few more counselors to work a couple days after school at our Kaler and Small school sites. Hours are 3:00-6:00pm.

Before & After Care Counselors- Contact Kari Filieo to apply
kfilieo@southportland.org

Youth Programs

Teen Center

Mission Statement

To provide Middle School and High School aged students with a fun, safe place to spend their after school hours in an environment that is free of violence and intimidation, encouraging the development of social and emotional growth among its teen members.

Open to any student Grades 6-12 that resides in South Portland

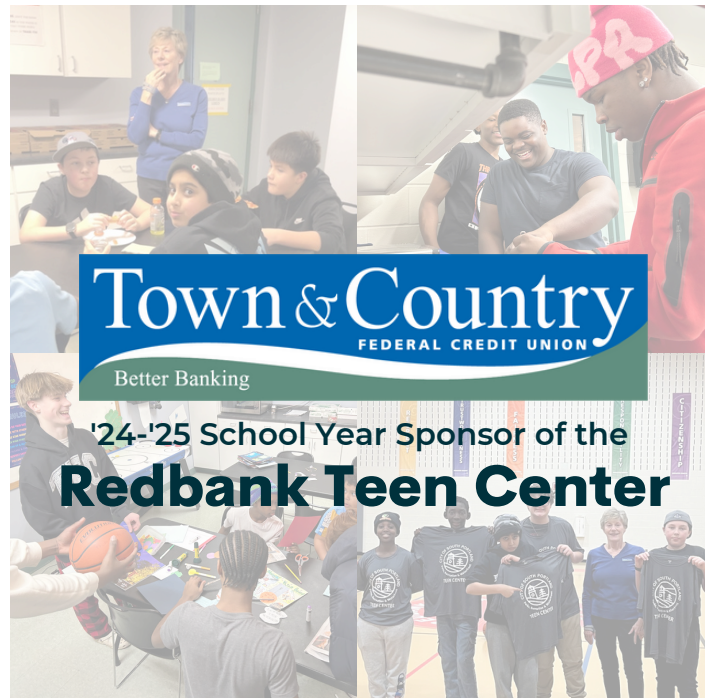
Days: Mon-Fri, 2:15-6:00p*

Location: Redbank Community Center

*Schedule is subject to change at anytime

Program Cost
FREE

[More Info](#)



Middle School

Middle School Volleyball

Dates: Nov 12- Dec 17

Time: Tuesdays, 6:30-8p

Location: SPCC Gym

Program Cost

Residents: \$65

Non-Residents: \$75

[Register](#)

Middle School Karate

Dates: Nov 7- Dec 5

Time: Thursdays,

Grades 5/6: 3:05-3:45p

Grades 7/8: 2:15-2:55p

Location: SPMS Multipurpose Room

Program Cost

Residents: \$40

[Register](#)



Cooking

Fun Chefs Baking

Dates: Nov 18- Dec 16

Times: Mondays, 4:30-5:30p

Ages: 7-13

Location: SPCC Casco Bay Room

Program Cost

Residents: \$125

Non-Residents: \$135

[Register](#)



STEAM

STEAMworks for Kids

Creative Constructions

Dates: Nov 27 (no school day)

Times: Wed, 9a-3:30p

Ages: 6-11

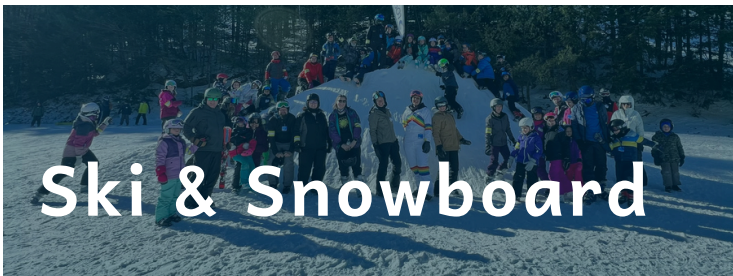
Location: SPCC Aerobic Room

Program Cost

Residents: \$95

Non-Residents: \$105

[Register](#)



Ski & Snowboard

Pleasant Mountain Ski Program

Dates: Jan 6-Feb 10

Times: Mondays, 2-10p

Grades: 7-12

Location: Pleasant Mountain, Bridgton

Program Cost

Residents: \$70-485

Non-Residents: \$80-495

Rates vary based on packages with options for rentals & lessons.

[Register](#)



Gymnastics

Rhythmic Gymnastics

Dates: Nov 4-27

Times:

Mondays OR Wednesdays

4-5:15p

Age: 4-8

Location: SPCC

Multipurpose Room

Program Cost

Residents: \$120

Non-Residents: \$130

[Register](#)

Pre-K

Preschool Open Play

Dates: Oct 1-May 27

Time: Tuesdays, 9a-11a

Ages: 5 and under accompanied by adult

Location: Redbank Community Center

Program Cost

Residents: \$4

Non-Residents: \$5

Storytime

Dates: Oct 1-May 27

Time: Tuesdays, 10:30a-11a

Ages: All, under 12 accompanied by adult

Location: Redbank Community Center

Program Cost

FREE

Registration Deadline

Grades 1-2

Oct 29

Grades 3-4

Oct 29

Grades 7-8

Dec 5

High School

Dec 5



2024-2025

BASKETBALL LEAGUES



Grades 1-2

Dates: November 30-February 1

Games: South Portland Community Center

Cost: Resident \$80 | Non-resident \$90

Grades 3-4

Dates: November 30-February 1

Games: South Portland Community Center

Cost: Resident \$80 | Non-resident \$90

Grades 7-8

Dates: January 8-February 26

Games: South Portland Community Center

Cost: Resident \$80 | Non-resident \$90

High School Rec League

Dates: December 31-March 11

Games: Tuesdays, South Portland

Cost: Resident \$80 | Non-resident \$90



Adult Programs

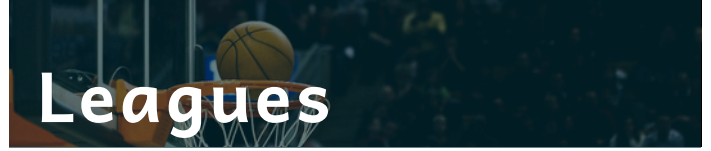


Dance

Beginner Line Dancing

Dates: November 6- December 18
Time: Wednesdays, 10:45-11:45a
Location: SPCC Multipurpose Room
Program Cost
Resident: \$28
Non-resident: \$38
Drop-in: \$5

[Register](#)

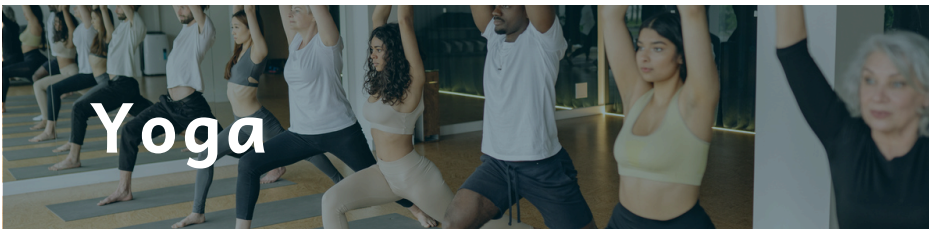


Leagues

Adult Basketball League

Monday League
Dates: Dec 2- Feb 10
Time: 6:30-9:30p
Thursday League
Dates: Dec 6- Feb 13
Time: 6:30-9:30p
Location: SPCC Gym
Program Cost
Residents: \$75
Non-resident: \$85

[Register](#)



Yoga

Sunrise Yoga

Date: October 4-25
Time: Fridays, 9-9:45a
Location: SPCC Multipurpose Room
Program Cost
Residents: \$40
Non-resident: \$50
Drop-in: \$10

[Register](#)

Mindful Movement

Date: Nov 7- Dec 19
Time: Thursdays, 6:30-7:30p
Location: SPCC Multipurpose Room
Program Cost
Residents: \$60
Non-resident: \$70
Drop-in: \$12

[Register](#)



Wellness

MainelyNP Wellness Series

Calm in the Chaos: Mastering Stress!
Dates: November 21
Time: Thursday, 3-4p
Location: SPCC Casco Bay Room
Program Cost
FREE!

[Register](#)

Art

Beginner Soft Pastels

Winter

Dates: Nov 30- Dec 28

Time: Saturdays,
10:30a-12p

Location: SPCC Casco Bay Room

Program Cost

Residents: \$65

Non-Residents: \$75

[Register](#)

Watercolors Part 2

Dates: Nov 15- Dec 20

Time: Fridays,
9:30a-10:30a

Location: SPCC Casco Bay Room

Program Cost

Residents: \$80

Non-Residents: \$90

[Register](#)

Stained Glass Ornaments

Dates: Nov 25, Dec 2,
Dec 9, and/or Dec 16

Time: 5:30p-8:30p

Location: SPCC Activity Room

Program Cost

Residents: \$35

Non-Residents: \$45

*Cost is per class

[Register](#)

Pickleball

Beginner Pickleball Lessons

Wednesday

Dates: November 6-27

Time: 6:30-7:30p

Location: SPCC Gym

Sunday

Dates: November 3-24

Time: 10-11a

Location: SPCC Gym

Friday

Dates: November 1-22

Time: 8-9a

Location: Redbank Gym

Program Cost

Residents:\$70

Non-resident: \$80

[Register](#)

Improver Pickleball Lessons

Wednesday

Dates: November 6-27

Time: 7:30-8:30p

Location: SPCC Gym

Sunday

Dates: November 3-24

Time: 11a-12p

Location: SPCC Gym

Friday

Dates: November 1-22

Time: 8-9a

Location: Redbank Gym

Program Cost

Residents:\$70

Non-resident: \$80

[Register](#)

Unified

Unified Sports

Date: Sept 5- Dec 19

Time: 10a-12p

Location: Redbank Gym

Program Cost

FREE

[More Info](#)

Senior Programs



Events

Monthly Birthday Celebrations

Date: November 12

Times: 10-11a

Location: SPCC Senior Drop-in Center

Program Cost

FREE (Registration is required to get your birthday bag)

[Register](#)



Presentations

Brain Health

Date: November 7, 14, 21

Times: 9:30-10:30a

Location: SPCC Senior Drop-in Center

Program Cost

Resident: \$28

Non-resident: \$38

Drop-in: \$10

[Register](#)

OCTOBER HIGHLIGHTS



Scarecrow building!



Granite State Scenic Railway



Visit to Wild Few Farm



Laughter Yoga | January 2023

Fitness

Core Stability

Dates: November 7 & 21

Times: Thursdays, 10:30-11:15pm

Location: SPCC Multi-purpose Room

Program Cost

Residents: \$14

Non-Residents: \$24

Drop-in: \$8

[Register](#)

Chair Fitness

Dates: November 7 & 21

Time: Thursdays, 11:15-12:00p

Location: SPCC Multi-purpose Room

Program Cost

Residents: \$14

Non-Residents: \$24

Drop-in: \$8

[Register](#)

Vitality T'ai Chi

Date: November 5 & 19

Time: Tuesdays, 1-2p

Location: SPCC Aerobic Room

Program Cost

Residents: \$14

Non-resident: \$24

Drop-in: \$8

[Register](#)

Laughter Yoga

Date: November 22

Time: Friday, 12-1p

Location: SPCC Senior Drop-in Center

Program Cost

FREE (must register)

[Register](#)

Aquatics Programs

Daily Fees:

Residents: Adults \$5 | Youth/Seniors \$4

Non-Residents: Adult \$6 | Youth/Seniors \$5

Frequent User Passes:

Residents: Adults \$70 | Youth/Seniors \$50

Non-Residents: Adult \$90 | Youth/Seniors \$70

[View Pool Calendar](#)
[\(Oct-Nov 17\)](#)

A NEW pool calendar will be available soon, beginning on Nov 18. Please note there will be changes to open swim times in the afternoon and Friday evenings with the start of high school programs. With swim lessons ending there will be more open swims time on weekends and some weekday evenings.

Fall Swim Lessons and programming are well underway. Please take note of the end dates:

Tuesdays for AM lessons: 11/19

Tuesdays for PM lessons & diving: 11/12

Wednesdays for lessons & HS Prep swim team: 11/13

Wednesdays for RipTide and RT+ Swim Clubs: 11/20

Thursdays for AM & PM lessons: 11/21

Saturday for lessons: 11/23

Sundays for lessons: 11/17

Registration Dates for Winter Swim Lessons:

Residents: Monday, 12/16

Non-Residents: Thursday, 12/19



Golf

South Portland Municipal Golf Course

Final day for the season is November 10th

Thanks for a great season! See you in the Spring.

Conservation and Parks

OCTOBER HIGHLIGHTS



Photography workshop in Hinckley Park during the Re(Discover) Hinckley Park Series.



Best dog and owner duo at The Mongrel Mash!



Installing a wildflower garden at the Redbank Community Center

Learn & Explore

(Re)Discover Hinckley Park

A Walk Through Geologic Time

Date: November 10

Time: 1-3p

Location: Hinckley Park

Program Cost: FREE

[Learn More](#)

Ecology Lecture Series

From Moths to Monarchs

Date: November 21

Time: 6:30-7:30p

Ages: Geared towards adults

Location: South Portland Public Library

Program Cost: FREE

[More Info](#)

Nature Story Time

Turkeys

Date: November 8

Time:

Ages 0-5: 10:30a

Ages 6-12: 3:30p

Location: South Portland Public Library

Program Cost: FREE

[Learn More](#)

Special Events

Holiday Events

Tree Lighting Celebration

Date: December 6
Time: 4:30-6:30p
Location: Mill Creek Park

Program Cost:
FREE

Breakfast with Santa

Date: December 7
Time: 8-10a
Location: SPCC Casco Bay Room

Program Cost
\$14, kids under 4 free

[Register](#)

North Pole Calling

Date: December 9-12
Time: evening
Location: Santa calls you at home!

Program Cost
FREE, residents only

[Register](#)

TRUNK OR TREAT HIGHLIGHTS





9th Annual Savage Family Turkey Trot 5K

South Portland, Maine

Thanksgiving Day - November 28th, 2024

Family 5k Run/Walk

Race Start 9:00 a.m. ~ Check-In Starts @ 8:00 a.m.

Register Online @ RunSignUp.com \$30 (ends noon, Nov 27)

Dog & Stroller Friendly ~ Same Day Registration Allowed

Short sleeve T-Shirt for online registrations
made prior to November 19

All proceeds **donated to the Nathan Savage Memorial Fund and
the Tri Like a Savage Youth Triathlon**

FMI: Visit our



or email us at atsavagefamilyturkeytrot@gmail.com