



Newsletter | February 2025

SOUTH PORTLAND

PARKS, RECREATION, AND WATERFRONT

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2025 Specialty Summer Camps

Registration opens:
Resident: February 3
Non-resident: February 6

[**View the Details**](#)



POP! Preschool Open Play

Join us every Tuesday 9a-11am!

[**View the Details**](#)

CONNECT WITH US

South Portland Community Center

21 Nelson Rd, South Portland, ME 04106
Hours: M-F 6a-9p, Sat 8a-5p, Sun 10a-6p
207-767-7650

www.sopoparksrec.com

@SoPoParksRec



Community Calendars

The South Portland Community Center and Redbank Community Center offer scheduled programs, open use, and drop-in programs. View the calendars to learn more about when these spaces are available for use.

Open Gym

Days and hours vary by sport and location.

[Calendar](#)

Pool

Hours:

Monday-Friday
6am-9pm
Saturday 8am-5pm
Sunday 10am-6pm

[Calendar](#)

Teen Center

Hours:

Monday-Friday
2:30pm-6:00pm

[More Info](#)

Senior Drop-in Center

Hours:

Monday-Thursday
9am-3pm
Friday
9am-12pm.

[Event Calendar](#)

Announcements

Closures

Community Centers are closed on the following day:

February 17 (President's Day)

Hiring

Recreation Programmer

This position coordinates and supervises rec programs focusing on the Teen Center, Middle School Rec Club, and more!

[View details.](#)

Skate & Snowshoe Rentals

South Portland youth can rent ice skates and snow shoes from the South Portland Community Center for free! Stop by and borrow a pair for up to 5 days.

[Learn More](#)

Youth Programs

Teen Center

Mission Statement

To provide Middle School and High School aged students with a fun, safe place to spend their after school hours in an environment that is free of violence and intimidation, encouraging the development of social and emotional growth among its teen members.

Open to any student Grades 6-12 that resides in South Portland

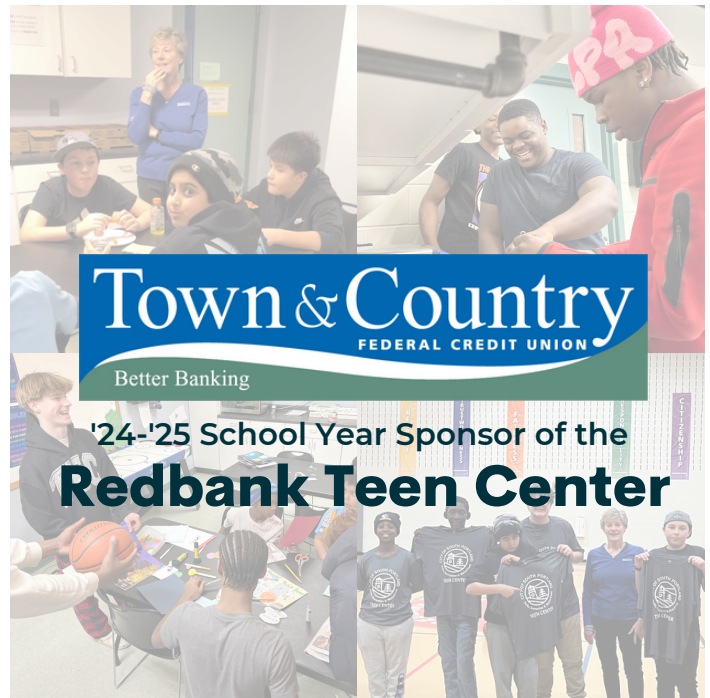
Days: Mon-Fri, 2:15-6:00p*

Location: Redbank Community Center

*Schedule is subject to change at anytime

Program Cost
FREE

[More Info](#)



Middle School Rec Clubs

First Aid & CPR

Dates: Feb 12 & 13

Time: 2:10-3:45p

Location: SPMS

Program Cost

\$25/session (residents only)

[Register](#)

Karate

Dates: Feb 27-Mar 27

Time: Thursdays,

Grades 7-8: 2:10-2:55p

Grades 5-6: 3-3:45p

Location: SPMS

Multipurpose Room

Program Cost

\$50 (residents only)

[Register](#)

Drawing

Dates: Feb 27-Mar 27

Time: Thursdays,

Grades 7-8: 2:10-2:55p

Grades 5-6: 3:00-3:45p

Location: SPMS

Multipurpose Room

Program Cost

\$50 (residents only)

[Register](#)



Rhythmic Gymnastics

Dates: Feb 2-26
Times: Monday OR
Wednesday,
4:00-5:15p
Ages: 4-8
Location: SPCC
Multipurpose Room
Program Cost
Residents: \$120
Non-Residents: \$130

[Register](#)



Mad Science

Dates: Feb 4
Times: Tues 4-4:30pm
Grades: K-6
Location: SPCC Casco Bay
Room

Program Cost
FREE

[Register](#)



Youth Lacrosse

Dates: March 24-June 8
Times: Saturday, 9-10a
Grades: 3-6
Location: Wainwright w/
travel

Program Cost

Residents: \$85
Non-Residents: \$95
Deadline: March 8

[Register](#)



Intro to Dance

Date: March 3-April 7
Time: Monday, 4:30-5:15p
Age: 5-9
Location: SPCC Aerobic
Room

Program Cost

Residents: \$75
Non-resident: \$85

[Register](#)

Intro to Hip Hop

Date: March 3-April 7
Time: Monday, 5:30-6:15p
Age: 6-10
Location: SPCC Aerobic
Room

Program Cost

Residents: \$75
Non-resident: \$85

[Register](#)

Jazz & HipHop

Dates: March 3-April 7
Time: Monday, 6:30-7:15p
Age: 7-11
Location: SPCC Aerobic
Room

Program Cost

Residents: \$75
Non-resident: \$85

[Register](#)



Pre-K

POP! Preschool Open Play

Dates: Oct 1-May 27
Time: Tuesdays, 9a-11a
Ages: 5 and under
accompanied by adult
Location: Redbank
Community Center

Program Cost

Residents: \$4
Non-Residents: \$5

Storytime

Dates: Oct 1-May 27
Time: Tuesdays, 10:30a-11a
Ages: All, under 12
accompanied by adult
Location: Redbank
Community Center

Program Cost

FREE



**NEW POP
Bouncehouse!**



Sports

Floor Hockey

Date: March 1-April 5
Time: Saturdays, 10a-12p
Grade: 3-5
Location: Redbank Gym

Program Cost

Residents:\$55
Non-resident: \$65

[Register](#)

Pillow Hockey

Date: March 1-April 5
Time: Saturdays, 10a-12p
Grade: K-2
Location: Redbank Gym

Program Cost

Residents:\$55
Non-resident: \$65

[Register](#)

Karate Kids

Dates: Feb 28- April 4
Time: Friday, 4-5p
Age: 5-12
Location: SPCC Multi-
purpose Room

Program Cost

Residents:\$65
Non-resident: \$75

[Register](#)



CITY OF
**SOUTH
PORTLAND**

Parks, Recreation
& Waterfront

www.sopoparksrec.com

Summer Camp Guide

**Scholarships are
available for all
youth programs!**

Visit www.sopoparksrec.com for eligibility requirements and an application form in English, Français, Português, or Español.

- =Full Day, sessions go from morning to afternoon
- ◐ =Half Day, sessions are over 2hrs either in the morning or afternoon
- ◑ =Partial Day, sessions are 1-2hrs either in the morning or afternoon

June Summer Camps

Camp	Age	Dates	Cost	Info
Lil' Red Riot Hoopers ◐	Grade K-2	June 16-20 M, T, W, F (no program 6/19)	R: \$50 NR: \$60	Program Details
Young Chefs Challenge ◐	Age 6-12	June 16-20 M, Tu, W, F (no program 6/19)	R:\$125 NR: \$135	Program Details
Nothing But Net Girls Basketball Camp ●	Grade 2-9	June 23-27 M-F	R: \$120 NR: \$130	Program Details
Steamworks for Kids Topics vary by session ● ◐	Age 6-11	June 23-27 M-F AM & PM Sessions	R: \$195 NR: \$205 Cost is per session	Program Details
Track & Field Camp ◑	Grade 2-9	Session 1: June 16-19, 23-26 Session 2: June 30-Jul 3, 7-10 M-Th	R: \$75/session, \$120 for both NR: \$85/session, \$130 for both	Details Coming Soon
Princess & Pirates Dance Camp ◐	Age 3-8	June 23-27 M-F	R:\$90 NR: \$100	Program Details

July Summer Camps

Camp	Age	Days	Cost	Info
Steamworks for Kids Topics vary by session 	Age 6-11	July 7-11 July 21-25 M-F AM & PM sessions	R: \$195 NR: \$205 Cost is per session	<u>Program Details</u>
Big Red Boys Basketball Camp 	Grades 2-9	July 7-11 M-F	R: \$150 NR: \$160	<u>Program Details</u>
Grand Slam Tennis Summer Camp 	Age 7-15	July 7-11 M-F	R: \$190 NR: \$200	<u>Program Details</u>
Junior Police Academy Camp (JPAC) 	Grade 6-8	July 14-18 M-F	R: \$80 NR: \$90	<u>Program Details</u>
Roll Riot Soccer Camp 	Age 6-14	July 14-17 M-Th	R: \$75 (resident only)	<u>Program Details</u>
Strong Girls United Camp 	Grade K-4	July 14-16 M-W	R: \$90 NR: \$100	<u>Program Details</u>
Riot Pride Middle School Football Camp 	Grade 5-8	July 21, 23, 28, 30 M & W	R: \$55 NR: \$65	<u>Program Details</u>
Riot Pride Flag Football 	Grade K-4	July 22, 29 & Aug 5 Tuesdays	R: \$40 NR: \$50	<u>Program Details</u>
Mr. Reagan's Theater Camp 	Age 7-11	July 28-Aug 1 M-F	R: \$225 NR: \$235	<u>Program Details</u>
Mad Science Topics vary by session 	Grade K-6	Session 1: July 14-18 Session 2: July 28-Aug 1	R: \$415/session NR: \$425/session	<u>Program Details</u>

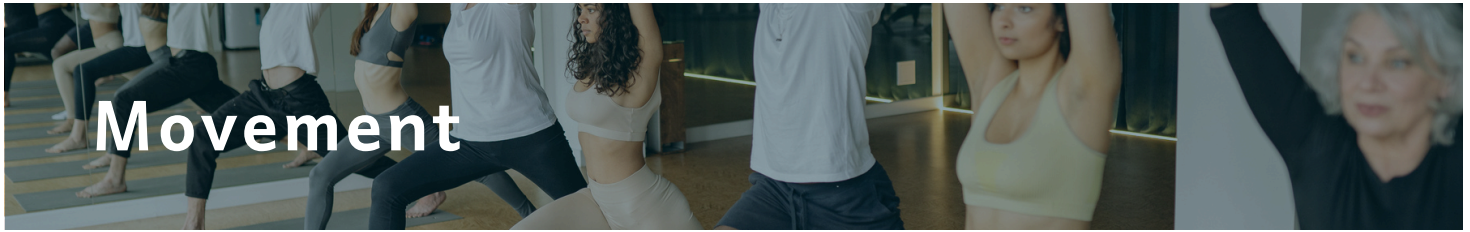
Registration Opens
Resident: February 3
Non-resident: February 6

August Summer Camps

Camp	Age	Days	Cost	Info
All Girls Sports Camp ●	Grade 2-8	Aug 11-15 M-F	R: \$90 NR: \$100	Details Coming Soon
Steamworks for Kids Topics vary by session ● ●	Age 6-11	Aug 4-8 M-F	R: \$195 NR: \$205 Cost is per session	Program Details
Challenger Sports: Creative Skills ● ●	Age 2-14	Aug 18-22	Varies by Session R: \$122-\$300 NR: \$132-\$310	Program Details
Challenger Sports: Foundational Skill ● ●	Age 2-14	Session 1: Aug 4-Aug 8 Session 2: Aug 25-29 M-F	Varies by Session R: \$122-\$300 NR: \$132-\$310	Program Details
Cross Country Running Camp ●	Grade 5-9	Session 1: Aug 11-15 Session 2: Aug 18-22 M-F	R: \$50 NR: \$60	Program Details
Mad Science Topics vary by session ●	Grade K-6	Aug 11-15 M-F	R: \$415/session NR: \$425/session	Program Details
Mr. Regan's Eco-Adventure Camp ●	Age 8-11	Aug 4-8 M-F	R: \$375 NR: \$385	Program Details



Adult Programs



Movement

Beginner Line Dance

Date: Jan 8-Feb 28
Time: Wednesdays,
10:45-11:45a
Location: SPCC Multi-
purpose Room

Program Cost
Drop-in: \$5

[Register](#)

Mindful Movement Yoga

Date: Jan 2- Feb 27
Time: Thursdays,
6:30-7:30p
Location: SPCC Multi-
purpose Room

Program Cost
Drop-in: \$12

[Register](#)

Intro to Bellydancing

Date: March 6- April 17
Time: Thursdays,
6:15-7:15p
Location: SPCC Aerobic
Room

Program Cost
Residents:\$72
Non-resident: \$82
Drop-in: \$15

[Register](#)

Pickleball

Beginner Pickleball Lessons

Date: Feb 2-28
Time: Fridays, 8-9a OR
Sundays, 10-11a
Location: Redbank Gym

Program Cost
Residents: \$70
Non-resident: \$80

[Register](#)

Improvers Pickleball Lessons

Date: Feb 2-28
Time: Fridays, 9-10a OR
Sundays, 11a-12p
Location: Redbank Gym

Program Cost
Residents: \$70
Non-resident: \$80

[Register](#)

Evening Pickleball Open Gym

Date: February 4-25
Time: Tuesdays,
6:30-8:30p
Location: Redbank Gym

Program Cost
Residents:\$4 drop-in
Non-resident: \$5 drop-in

[More Info](#)



Art

Beginner Soft Pastels

Animals

Dates: Feb 8- March 8
Time: Saturdays, 10:30a-12p
Location: SPCC Casco Bay Room

Program Cost

Residents: \$65
Non-Residents: \$75

[Register](#)

Intro to Watercolors

Dates: February 14-March 14
Time: Fridays, 10-11:30a
Location: SPCC Casco Bay Room

Program Cost

Residents: \$80
Non-Residents: \$90

[Register](#)



Unified

Unified Sports

Date: Jan 2-April 24
Time: 10a-12p
Location: Redbank Gym

Program Cost
FREE

[More Info](#)



Basketball

Adult (18+) Evening Basketball Open Gym

Date: January 1- May 28
Time: Wednesdays, 7:00-9:00p
Location: Redbank Gym

Program Cost

Residents: \$4 drop-in
Non-resident: \$5 drop-in

[More Info](#)

Senior Programs



Events

Monthly Birthdays

Date: February 3

Times: 10-11a

Location: SPCC Senior Drop-in Center

Program Cost

FREE (please register)

[Register](#)

Valentine's Themed Sweet Treats Event

Date: February 12

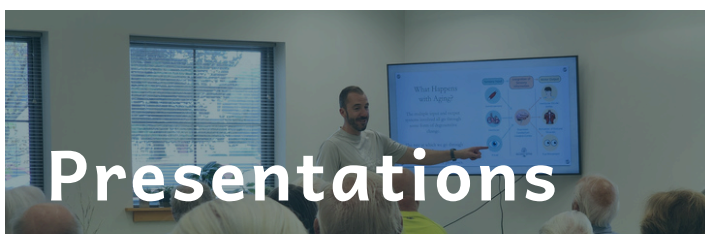
Times: 1:00-2:30p

Location: SPCC Casco Bay Room

Program Cost

\$12, registration required

[Register](#)



Presentations

FCP Live In Presentation

Dates: February 4

Times: Thursdays, 1:00-2:00pm

Location: SPCC Senior Drop-in Center

Program Cost

FREE

[Register](#)



Trips

Tea at the Lady Manor Inn at Hurd Manor

Date: February 27

Times: Departs 11:15a

Location: Departs from SPCC Senior Drop-in Center

Program Cost

Residents: \$50

Non-resident: \$60

9 Spots left

[Register](#)



Laughter Yoga | January 2023

Fitness

Core Stability

Dates: February 6, 13, & 27
Times: Thursdays, 10:30-11:15pm
Location: SPCC Multi-purpose Room

Program Cost

Residents: \$21
Non-Residents: \$31
Drop-in: \$8

[Register](#)

Chair Fitness

Dates: February 6, 13, & 27
Time: Thursdays, 11:15-12:00p
Location: SPCC Multi-purpose Room

Program Cost

Residents: \$21
Non-Residents: \$31
Drop-in: \$8

[Register](#)

Vitality T'ai Chi

Date: February 4 & 18
Time: Tuesdays, 1-2p
Location: SPCC Aerobic Room

Program Cost

Residents: \$14
Non-resident: \$24
Drop-in: \$8

[Register](#)

Laughter Yoga

Date: February 28
Time: Friday, 12-1p
Location: SPCC Senior Drop-in Center

Program Cost

FREE (must register)

[Register](#)

Aquatics Programs

Daily Fees:

Residents: Adults \$5 | Youth/Seniors \$4

Non-Residents: Adult \$6 | Youth/Seniors \$5

Frequent User Passes:

Residents: Adults \$70 | Youth/Seniors \$50

Non-Residents: Adult \$90 | Youth/Seniors \$70

[View Pool Calendar
\(Jan 1- Feb 23\)](#)

We are excited to see the pool being used by so many folks these days! We have full swim lessons, busy lap swims and lots of families enjoying the open Swim times!

Please know that the lifeguards are trained to keep everyone safe and we do this by keeping a watchful eye over the pool. We are aware of where everyone is, what speed they are swimming and what activities they are engaging in. We may ask you to refrain from an activity or move to a different lane/space in order for everyone to enjoy the pool safely. *Please make our job easier by following our directives.*

The quicker our interaction is with you, the quicker we can get back to lifeguarding the WHOLE pool. If you have questions, please stand at our side to ask. This allows us to engage with you, but also guard the pool. If you do not agree with our request, then please direct all in-depth questions to Patrick McArdle, pool director.



Lifeguarding

Lifeguarding & Recertifying Class

Dates: March 15, 16, 22, 23

Times: Saturdays 8a-6p,
Sundays 8a-12p, online course work
required prior to in-person class

Location: SPCC Pool

Program Cost

Residents: \$275

Non-resident: \$325

[Register](#)



Movie

Flick & Float

Date: February 19

Times: 3-5p

Location: SPCC Pool

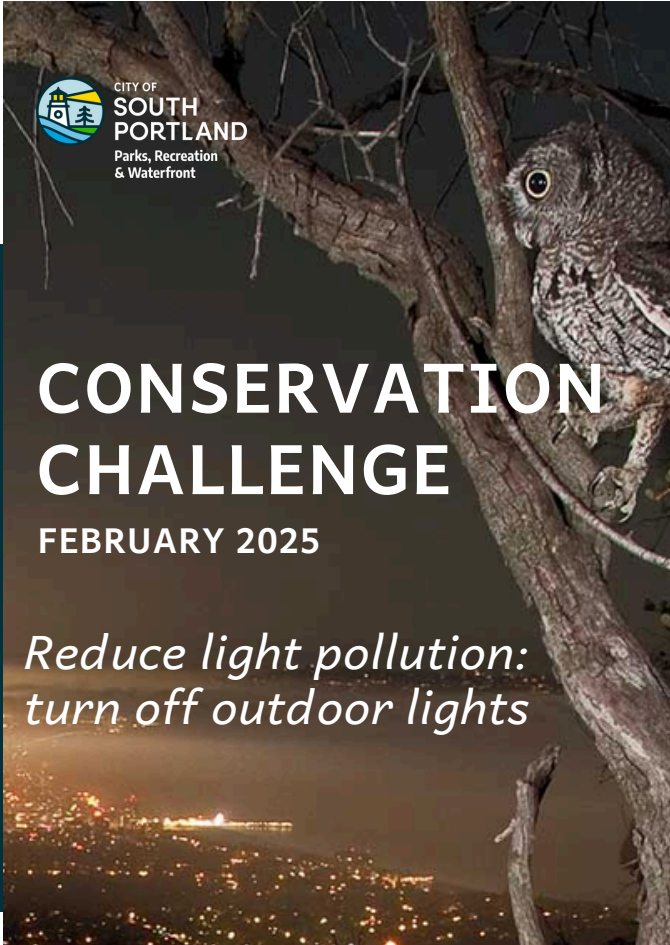
Program Cost


Residents: \$5

Non-resident: \$6

[Register](#)

Conservation and Parks

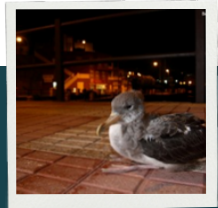
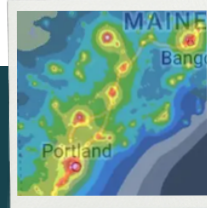
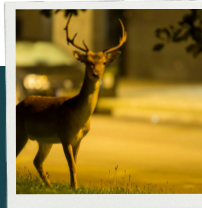


 CITY OF
**SOUTH
PORTLAND**
Parks, Recreation
& Waterfront

CONSERVATION CHALLENGE

FEBRUARY 2025

*Reduce light pollution:
turn off outdoor lights*



Light pollution is the type of pollution that gets, perhaps, the least amount of attention, but it has serious impacts on nature and on us. Excess light interrupts wildlife migrations, interferes with the hunting habits of nocturnal animals, draws wildlife to unsafe places, disrupts the circadian rhythm of human beings, and blocks the stars from being seen.

Luckily, unlike other types of pollution, light pollution clears up as soon as we make a change. Turn off the lights and the pollution goes away.

This month we are challenging you to turn off all outdoor lights when not in use. You might even take it as far as to get lights that are motion activated or set on a timer. Make sure to close blinds at night to keep your indoor lights indoors. Get your whole neighborhood to do this, then go look at the stars and see for yourself the difference you have made.

Learn

Ecology Lecture Series

A History of Parks & Environmentalism

Date: February 20

Time: 6:30-7:30p

Ages: Geared towards adults

Location: South Portland Public Library

Program Cost: FREE

[More Info](#)

Nature Story Time

Otters

Date: February 14

Time:

Ages 0-5: 10:30a

Ages 6-12: 3:30p

Location: South Portland Public Library

Program Cost: FREE

[Learn More](#)

Special Events

Family Fun

Family Bingo Night

Date: February 20

Time: 5:30-7:00p

Location: SPCC Casco Bay Room

Program Cost:

Resident: \$25/family of 4

Non-resident: \$35/family of 4

\$5/additional family members

[Register](#)



Valentine's Family Dance

Come with someone you love
and dance the night away!

February 15
6-8pm
\$14/\$24NR
South Portland
Community Center

Register
www.sopoparksrec.com

