



Newsletter | March 2025

SOUTH PORTLAND

PARKS, RECREATION, AND WATERFRONT

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2025 Specialty Summer Camps

Registration now open!

[View the Details](#)



Spring Swim Lesson Registration

Residents: March 10 at 7am
Non-residents: March 13 at 7am

CONNECT WITH US

South Portland Community Center

21 Nelson Rd, South Portland, ME 04106
Hours: M-F 6a-9p, Sat 8a-5p, Sun 10a-6p
207-767-7650

www.southportlandme.myrec.com

@SoPoParksRec



Community Calendars

The South Portland Community Center and Redbank Community Center offer scheduled programs, open use, and drop-in programs. View the calendars to learn more about when these spaces are available for use.

Open Gym

Days and hours vary by sport and location.

[Calendar](#)

Pool

Hours:

Monday-Friday
6am-9pm
Saturday 8am-5pm
Sunday 10am-6pm

[Calendar](#)

Teen Center

Hours:

Monday-Friday
2:30pm-6:00pm

[More Info](#)

Senior Drop-in Center

Hours:

Monday-Thursday
9am-3pm
Friday
9am-12pm.

[Event Calendar](#)

Announcements

Closures

The SPCC Pool will be closed on the following days for lifeguard training:

March 15, March 16 until noon,
March 22, March 23 until noon

Skate & Snowshoe Rentals

South Portland youth can rent ice skates and snow shoes from the South Portland Community Center for free! Stop by and borrow a pair for up to 5 days.

[Learn More](#)

Youth Programs

Teen Center

Mission Statement

To provide Middle School and High School aged students with a fun, safe place to spend their after school hours in an environment that is free of violence and intimidation, encouraging the development of social and emotional growth among its teen members.

Open to any student Grades 6-12 that resides in South Portland

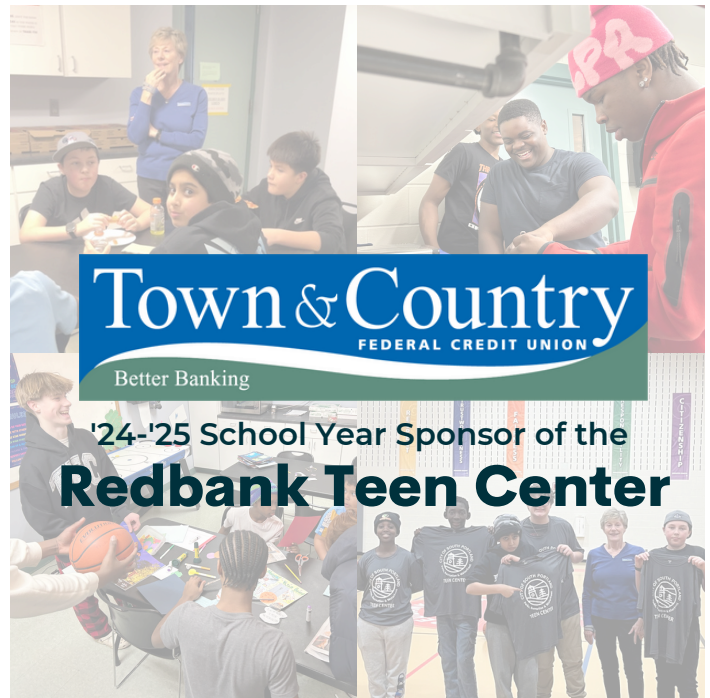
Days: Mon-Fri, 2:15-6:00p*

Location: Redbank Community Center

*Schedule is subject to change at anytime

Program Cost
FREE

[More Info](#)



Middle School Rec Clubs

First Aid & CPR

Dates: April 30- May 1

Time: 3:05-4:35p

Location: SPMS

Program Cost

\$25/session (residents only)

[Register](#)

Rugby

Dates: March 17-April 14

Time:

Grades 7-8: 2:10-2:55p

Grades 5-6: 3-3:45p

Location: SPMS

Multipurpose Room

Program Cost

FREE

[Register](#)

Drivers Ed

Drivers Ed

Dates: March 31-April 17

Times: M-Th, 2:30-5p

Ages: 15+

Location: SPCC

Conference Room

Program Cost

\$645

[Register](#)



Gymnastics

Rhythmic Gymnastics

Dates: March 12- April 7
Times: Wednesdays,
4:00-5:15p
Ages: 4-8
Location: SPCC Multipurpose Room

Program Cost

Residents: \$120
Non-Residents: \$130

[Register](#)



Fun

Kids Night Out

Dates: March 7
Times: Friday 5-8:50p
Grades: K-5
Location: SPCC Gym & Pool

Program Cost

Residents: \$30
Non-residents: \$40

[Register](#)



Dance

Intro to Dance

Date: March 3-April 7
Time: Monday, 4:30-5:15p
Age: 5-9
Location: SPCC Aerobic Room

Program Cost

Residents:\$75
Non-resident: \$85

[Register](#)



Team

Youth Lacrosse

Dates: March 24-June 8
Times: Saturday, 9-10a
Grades: 3-6
Location: Wainwright w/ travel

Program Cost

Residents: \$85
Non-Residents: \$95
Deadline: March 8

[Register](#)

Pre-K

POP! Preschool Open Play

Dates: Oct 1-May 27
Time: Tuesdays, 9a-11a
Ages: 5 and under accompanied by adult
Location: Redbank Community Center

Program Cost

Residents: \$4
Non-Residents: \$5

Storytime

Dates: Oct 1-May 27
Time: Tuesdays, 10:30a-11a
Ages: All, under 12 accompanied by adult
Location: Redbank Community Center

Program Cost

FREE



Sports

Floor Hockey

Date: March 1-April 5
Time: Saturdays, 10a-12p
Grade: 3-5
Location: Redbank Gym

Program Cost

Residents:\$55
Non-resident: \$65

[Register](#)

Pillow Hockey

Date: March 1-April 5
Time: Saturdays, 10a-12p
Grade: K-2
Location: Redbank Gym

Program Cost

Residents:\$55
Non-resident: \$65

[Register](#)

Challengers Futsal

Dates: March 2-April 6
Time: Friday, 4-5p
Age: 6-10
Location: Redbank Gym

Program Cost

Residents:\$120
Non-resident: \$130

[Register](#)



CITY OF
**SOUTH
PORTLAND**

Parks, Recreation
& Waterfront

www.sopoparksrec.com

Summer Camp Guide

**Scholarships are
available for all
youth programs!**

Visit www.sopoparksrec.com for eligibility requirements and an application form in English, Français, Português, or Español.

- =Full Day, sessions go from morning to afternoon
- ◐ =Half Day, sessions are over 2hrs either in the morning or afternoon
- ◑ =Partial Day, sessions are 1-2hrs either in the morning or afternoon

June Summer Camps








Camp	Age	Dates	Cost	Info
Lil' Red Riot Hoopers ◐	Grade K-2	June 16-20 M, T, W, F (no program 6/19)	R: \$50 NR: \$60	Program Details
Young Chefs Challenge ◐	Age 6-12	June 16-20 M, Tu, W, F (no program 6/19)	R:\$125 NR: \$135	Program Details
Nothing But Net Girls Basketball Camp ●	Grade 2-9	June 23-27 M-F	R: \$120 NR: \$130	Program Details
Steamworks for Kids Topics vary by session ● ◐	Age 6-11	June 23-27 M-F AM & PM Sessions	R: \$195 NR: \$205 Cost is per session	Program Details
Track & Field Camp ◑	Grade 2-9	Session 1: June 16-19, 23-26 Session 2: June 30-Jul 3, 7-10 M-Th	R: \$75/session, \$120 for both NR: \$85/session, \$130 for both	Program Details
Princess & Pirates Dance Camp ◐	Age 3-8	June 23-27 M-F	R:\$90 NR: \$100	Program Details

July Summer Camps

Camp	Age	Days	Cost	Info
Steamworks for Kids Topics vary by session 	Age 6-11	July 7-11 July 21-25 M-F AM & PM sessions	R: \$195 NR: \$205 Cost is per session	<u>Program Details</u>
Big Red Boys Basketball Camp 	Grades 2-9	July 7-11 M-F	R: \$150 NR: \$160	<u>Program Details</u>
Grand Slam Tennis Summer Camp 	Age 7-15	July 7-11 M-F	R: \$190 NR: \$200	<u>Program Details</u>
Junior Police Academy Camp (JPAC) 	Grade 6-8	July 14-18 M-F	R: \$80 NR: \$90	<u>Program Details</u>
Roll Riot Soccer Camp 	Age 6-14	July 14-17 M-Th	R: \$75 (resident only)	<u>Program Details</u>
Strong Girls United Camp 	Grade K-4	July 14-16 M-W	R: \$90 NR: \$100	<u>Program Details</u>
Riot Pride Middle School Football Camp 	Grade 5-8	July 21, 23, 28, 30 M & W	R: \$55 NR: \$65	<u>Program Details</u>
Riot Pride Flag Football 	Grade K-4	July 22, 29 & Aug 5 Tuesdays	R: \$40 NR: \$50	<u>Program Details</u>
Mr. Reagan's Theater Camp 	Age 7-11	July 28-Aug 1 M-F	R: \$225 NR: \$235	<u>Program Details</u>
Mad Science Topics vary by session 	Grade K-6	Session 1: July 14-18 Session 2: July 28-Aug 1	R: \$415/session NR: \$425/session	<u>Program Details</u>

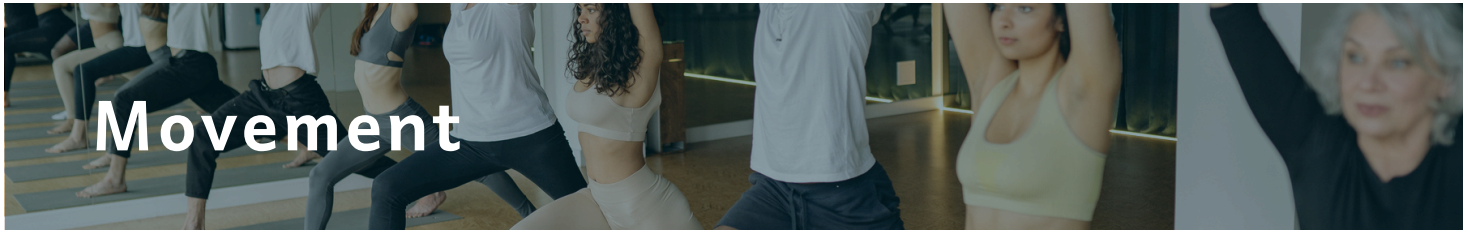
Registration Opens
Resident: February 3
Non-resident: February 6

August Summer Camps

Camp	Age	Days	Cost	Info
All Girls Sports Camp 	Grade 2-8	Aug 11-15 M-F	R: \$90 NR: \$100	Program Details
Steamworks for Kids Topics vary by session 	Age 6-11	Aug 4-8 M-F	R: \$195 NR: \$205 Cost is per session	Program Details
Challenger Sports: Creative Skills 	Age 2-14	Aug 18-22	Varies by Session R: \$122-\$300 NR: \$132-\$310	Program Details
Challenger Sports: Foundational Skill 	Age 2-14	Session 1: Aug 4-Aug 8 Session 2: Aug 25-29 M-F	Varies by Session R: \$122-\$300 NR: \$132-\$310	Program Details
Cross Country Running Camp 	Grade 5-9	Session 1: Aug 11-15 Session 2: Aug 18-22 M-F	R: \$50 NR: \$60	Program Details
Mad Science Topics vary by session 	Grade K-6	Aug 11-15 M-F	R: \$415/session NR: \$425/session	Program Details
Mr. Regan's Eco-Adventure Camp 	Age 8-11	Aug 4-8 M-F	R: \$375 NR: \$385	Program Details



Adult Programs



Movement

Beginner Line Dance

Date: March 3-April 23

Time: Wednesdays,
10:45-11:45a

Location: SPCC Multi-
purpose Room

Program Cost

Resident: \$32

Non-resident: \$42

Drop-in: \$5

[Register](#)

Mindful Movement Yoga

Date: March 6-April 24

Time: Thursdays,
6:30-7:30p

Location: SPCC Multi-
purpose Room

Program Cost

Resident: \$80

Non-resident: \$90

Drop-in: \$12

[Register](#)

Intro to Bellydancing

Date: March 6- April 17

Time: Thursdays,
6:15-7:15p

Location: SPCC Aerobic
Room

Program Cost

Residents:\$72

Non-resident: \$82

Drop-in: \$15

[Register](#)

Pickleball

Beginner Pickleball Lessons

Date: March 2-28

Time: Fridays, 8-9a at
Redbank OR

Sundays, 10-11a at SPCC

Program Cost

Residents: \$70

Non-resident: \$80

[Register](#)

Improvers Pickleball Lessons

Date: March 2-28

Time: Fridays, 9-10a at
Redbank OR

Sundays, 11a-12p at
SPCC

Program Cost

Residents: \$70

Non-resident: \$80

[Register](#)

Evening Pickleball Open Gym

Date: March 4-25

Time: Tuesdays,
6:30-8:30p

Location: Redbank Gym

Program Cost

Residents:\$4 drop-in

Non-resident: \$5 drop-in

[More Info](#)



Art

Beginner Soft Pastels

Roadways in Landscape

Dates: March 15- April 12

Time: Saturdays, 10:30a-12p

Location: SPCC Casco Bay Room

Program Cost

Residents: \$65

Non-Residents: \$75

[Register](#)

Watercolors

Watercolors part 2

Dates: March 28-April 25

Time: Fridays, 10-11:30a

Location: SPCC Casco Bay Room

Program Cost

Residents: \$80

Non-Residents: \$90

[Register](#)



Unified

Unified Sports

Date: Jan 2-April 24

Time: 10a-12p

Location: Redbank Gym

Program Cost

FREE

[More Info](#)



Basketball

Adult (18+) Evening Basketball Open Gym

Date: January 1- May 28

Time: Wednesdays, 7:00-9:00p

Location: Redbank Gym

Program Cost

Residents: \$4 drop-in

Non-resident: \$5 drop-in

[More Info](#)

Senior Programs



Monthly Birthdays

Date: March 3
Times: 10-11a
Location: SPCC Senior Drop-in Center

Program Cost
FREE (please register)

[Register](#)

Coffee with a Cop

Date: March 10
Times: 10-11a
Location: SPCC Casco Bay Room

Program Cost
FREE, registration required

[Register](#)

Spring to Life Celebration

Dates: March 24
Times: Monday, 10a-2p
Location: SPCC Senior Drop-in Center

Program Cost
Residents:\$6
Non-resident: \$6

[Register](#)



Lunch at the Green Ladle

Date: March 28
Times: Departs 9:30a
Location: Departs from SPCC Senior Drop-in Center

Program Cost
Residents:\$27
Non-resident: \$37

1 Spot left

[Register](#)



Laughter Yoga | January 2023

Fitness

Core Stability

Dates: March 6, 13, & 27
Times: Thursdays, 10:30-11:15pm
Location: SPCC Multi-purpose Room

Program Cost

Residents: \$28
Non-Residents: \$38
Drop-in: \$8

[Register](#)

Chair Fitness

Dates: March 6, 13, & 27
Time: Thursdays, 11:15-12:00p
Location: SPCC Multi-purpose Room

Program Cost

Residents: \$28
Non-Residents: \$38
Drop-in: \$8

[Register](#)

Vitality T'ai Chi

Date: March 4 & 18
Time: Tuesdays, 1-2p
Location: SPCC Aerobic Room

Program Cost

Residents: \$14
Non-resident: \$24
Drop-in: \$8

[Register](#)

Laughter Yoga

Date: March 28
Time: Friday, 12-1p
Location: SPCC Senior Drop-in Center

Program Cost

FREE (must register)

[Register](#)

Featured Senior Artist of the Month

Please join us in welcoming Jeanne Brown as our March Artist of the Month at the South Portland Senior Drop-In Center!

Her work will be displayed in the Senior Drop in Center March 4 through March 20, 2025. Times you may visit are Monday through Thursday 9:00a-2:45p and Fridays from 9:00a.m.-11:45p.m. **The public is welcome and encouraged to enjoy the art of Jeanne Brown.**

Jeanne learned to knit at age 10 at Camp Fire Girls. Jeanne is originally from Ohio and has lived in Maine for 46 years.

Jeanne is inspired by colors and nature in her knitting and photography.

Jeanne uses Knitting and photography in her work. Most of Jeanne's photography is of Maine. Jeanne does not sell her work.



Jeanne Brown- Meet the Artist Reception

Date: March 6, 2025

Times: 11a-1p

Location: SPCC Drop-in Center



You can contact Jeanne about her art by email.



JBROWN3@MAINE.RR.COM

Interested in being the next featured artist featured in the Senior Drop-in Center?

Request an application from the Senior Drop-In Center!

Aquatics Programs

Daily Fees:

Residents: Adults \$5 | Youth/Seniors \$4

Non-Residents: Adult \$6 | Youth/Seniors \$5

Frequent User Passes:

Residents: Adults \$70 | Youth/Seniors \$50

Non-Residents: Adult \$90 | Youth/Seniors \$70

[View Pool Calendar
\(Feb 24-March 31\)](#)

Spring Swim Lesson Registration Opens Soon!

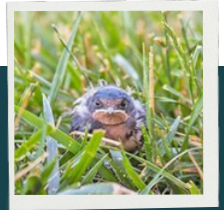
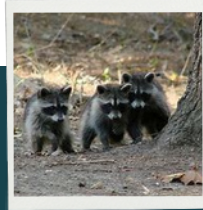
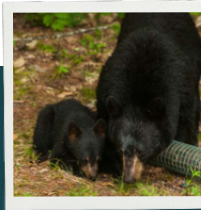
Residents: Monday, March 10

Non-Residents: Thursday, March 13



Flick & Float | February 2025

Conservation and Parks



What should you do if you see a baby animal by itself? The motto for wildlife is "If you care, leave them there". Picking up young wildlife might seem like the right thing to do; but in most cases, wildlife has a much better chance at survival when not disrupted by humans.

This month, our challenge for you is to observe any baby wildlife from afar. Then, go home and research the animal you saw and learn how that species cares for its young. If you don't see any young wildlife, choose any animal that you see often and research how they care for their young.

To learn more, please visit the Inland, Fisheries and Wildlife website. If necessary, contact a wildlife biologist or game warden and alert them. Direct contact can expose you and your pets to a variety of diseases, and can lead to an animal being euthanized in order to test for rabies.

Learn

Ecology Lecture Series

Maine's Amphibians & Reptiles

Date: March 20

Time: 6:30-7:30p

Ages: Geared towards adults

Location: South Portland Public Library

Program Cost: FREE

[More Info](#)

Branch Story Time

Song Birds

Date: March 19

Time: 3:30p

Ages: 0-12

Location: South Portland Public Library

Program Cost: FREE

Nature Story Time

Mushrooms

Date: March 14

Time:

Ages 0-5: 10:30a

Ages 6-12: 3:30p

Location: South Portland Public Library

Program Cost: FREE

[Learn More](#)

Special Events

Family Fun

Family Bingo Night

Date: March 20

Time: 5:30-7:00p

Location: SPCC Casco Bay Room

Program Cost:

Resident: \$25/family of 4

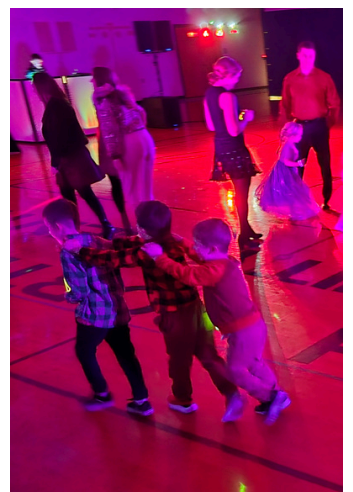
Non-resident: \$35/family of 4

\$5/additional family members

[Register](#)



Valentine's Family Dance Highlights



Thank you Town & Country Federal Credit Union for supporting the Teen Center as well as many community events coming up this summer!



April is Financial Literacy Month- A Great Time to Teach Kids About Money

Springtime is not only a great time to get the kids outside to enjoy warmer weather, but also a great time to teach kids about important life skills like managing money. As parents, we play a crucial role in teaching our kids about money. Talking with them about the value of earning, saving and smart spending can help them develop good money habits and prepare them for a solid financial future.

A good way to teach kids about money is through real-life experiences:

- **Help Kids Find Ways to Earn Money** – Creating some form of work provides an opportunity for kids to learn about money. Whether it is earning an allowance for chores at home, setting up a lemonade stand, mowing lawns for neighbors or getting that first job, kids will learn firsthand some basic money management skills.
- **Include Kids in Spending Decisions** -- Talk to kids about your family budget. Take advantage of shopping trips to the grocery store where you can discuss comparison shopping and the concept of needs versus wants. If possible, have your child with you when you pay bills. Include the whole family in conversations about big financial decisions.
- **Set Savings Goals** – Helping a child define a savings goal can help them get motivated about the idea of saving their money. Maybe your child wants to get a new video game, tablet or guitar. If they know what it is they want to save for, help them break down their goals into manageable bites.
- **Offer Savings Incentives** -- If your child has set a big savings goal—for example, a \$400 tablet—consider offering to match a percentage of what they have saved. Or you could offer a reward when your kid reaches a savings milestone, such as a \$50 bonus for hitting the halfway mark.
- **Open a Savings or Checking Account for Your Child** – Help your kids develop good financial habits by opening a Youth Savings Account from Town & Country Federal Credit Union. If your child gets a regular allowance, save time by setting up recurring transfers from your Town & Country account to their savings account. Or consider opening a Checking Account with a no-fee debit card for your teen 14 years of age or older.

To learn more or to open an account for your child today, visit www.tcfcu.com.