



Newsletter | May 2025

SOUTH PORTLAND

PARKS, RECREATION, AND WATERFRONT

Contents

[Community Calendars](#)

[Announcements](#)

[Youth Programs](#)

[Adult Programs](#)

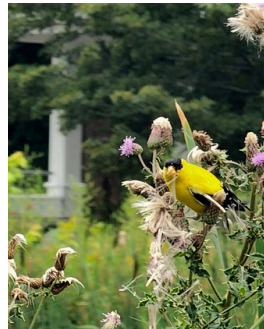
[Senior Programs](#)

[Aquatic Programs](#)

[Conservation & Parks](#)

[Special Events](#)

[View Full
Spring Summer
Brochure](#)



Earth Day Resource Fair

Moved indoors to the South Portland Community Center!

[View the Details](#)



Springfest

May 16: Redbank Community Center

May 17: Mill Creek Park

[View More Info](#)

CONNECT WITH US

South Portland Community Center

21 Nelson Rd, South Portland, ME 04106
Hours: M-F 6a-9p, Sat 8a-5p, Sun 10a-6p
207-767-7650

www.southportlandme.myrec.com

@SoPoParksRec



Community Calendars

The South Portland Community Center and Redbank Community Center offer scheduled programs, open use, and drop-in programs. View the calendars to learn more about when these spaces are available for use.

Pool

Hours:

Monday-Friday
6am-9pm
Saturday 8am-5pm
Sunday 10am-6pm

[Calendar](#)

Teen Center

Hours:

Monday-Friday
2:30pm-6:00pm

[More Info](#)

Senior Drop-in Center

Hours:

Monday-Thursday
9am-3pm
Friday
9am-12pm.

[Event Calendar](#)

Announcements

Closures

The SPCC Pool will be closed on the following days for lifeguard training:

May 26 (Memorial Day)

Outdoor Pickleball Courts

The High School tennis courts have 2 lined pickleball courts on the very far court. We will be putting 2 pickleball nets out there by early May that will remain through the summer season for people to enjoy.

Please note that priority usage is for school sanctioned activities and City of South Portland Recreation programs. Public drop-in play is allowed if courts are available and is on a first come, first served basis.



Youth Programs

Teen Center

Mission Statement

To provide Middle School and High School aged students with a fun, safe place to spend their after school hours in an environment that is free of violence and intimidation, encouraging the development of social and emotional growth among its teen members.

Open to any student Grades 6-12 that resides in South Portland

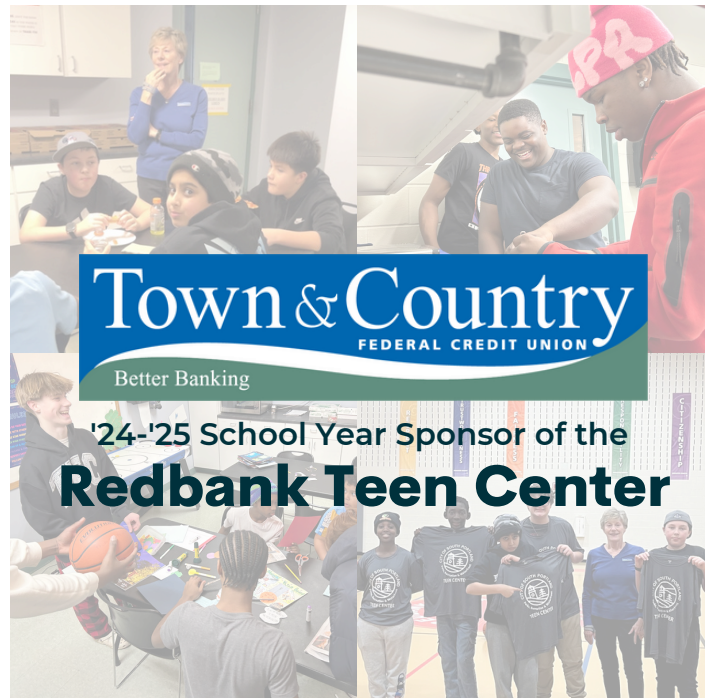
Days: Mon-Fri, 2:15-6:00p*

Location: Redbank Community Center

*Schedule is subject to change at anytime

Program Cost
FREE

[More Info](#)



'24-'25 School Year Sponsor of the
Redbank Teen Center

Middle School Rec Clubs

First Aid & CPR

Dates: May 14-15

Time: 3:05-4:35p

Location: SPMS

Program Cost
\$25

[Register](#)

Rugby

Dates: May 1-22

Time:

Grades 7-8: 2:10-2:55p

Grades 5-6: 3-3:45p

Location: SPMS

Multipurpose Room

Program Cost
FREE

[Register](#)

Pickleball

Dates: May 1-29

Times:

Grades 7-8: 2:10-2:55p

Grades 5-6: 3-3:45p

Location: SPMS Outdoor Courts

Program Cost
\$50

[Register](#)



Gymnastics

Rhythmic Gymnastics

Dates: May 7-28

Times: Wednesdays, 4:00-5:15p

Ages: 4-8

Location: SPCC Multipurpose Room

Program Cost

Residents: \$120

Non-Residents: \$130

[Register](#)



Rugby

Intro to Youth Rugby

Dates: March 6-27

Times: Tuesdays 4:30-5:30p

Grades: K-4

Location: Wainwright Fields

Program Cost

Residents: \$25

Non-residents: \$35

[Register](#)



Tennis

Tennis is the Parks: Learn & Play

Grade 1-2: May 3-June 14

Time: Saturday, 8-9a

Grade 3-5: May 3-June 14

Time: Saturday, 9-10a

Grade 6-8: May 3-31

Time: Saturday, 10-11:30a

Location: Small School Tennis Courts

Program Cost

Residents: \$80

Non-resident: \$90

[Register](#)



Lacrosse

Lax Magic

Dates: May 1-29

Times: Thursday, 5:30-6:30p

Grades: K-2

Location: Wainwright Fields

Program Cost

Residents: \$50

Non-Residents: \$80

[Register](#)



Pre-K

POP! Preschool Open Play

Dates: Oct 1-May 27
Time: Tuesdays, 9a-11a
Ages: 5 and under
accompanied by adult
Location: Redbank
Community Center

Program Cost

Residents: \$4
Non-Residents: \$5

Storytime

Dates: Oct 1-May 27
Time: Tuesdays, 10:30a-11a
Ages: All, under 12
accompanied by adult
Location: Redbank
Community Center

Program Cost

FREE

Tiny Tykes Soccer

Dates: May 4-June 8
Time: Sundays,
10a-10:45a & 11a-1:45a
Ages: 2-5
Location: Redbank
Community Center

Program Cost

Residents: \$120
Non-Residents: \$130

[Register](#)



Hoop Camp

Curry College Basketball Camp

Dates: July 21-25
Times: M-F, 9a-2:30p
Ages: 7-14
Location: SPCC Gym

Program Cost

Residents: \$299
Non-Residents: \$309

[Register](#)



Golf

Scott Mann Golf Academy Junior Clinics

Dates: June 18-July 16
Times: Wednesdays, 9a-10:15a
Ages: 6-13
Location: South Portland Municipal Golf
Course

Program Cost

Residents: \$50
Non-Residents: \$80

[Register](#)



CITY OF
**SOUTH
PORTLAND**

Parks, Recreation
& Waterfront

www.sopoparksrec.com

Summer Camp Guide

**Scholarships are
available for all
youth programs!**

Visit www.sopoparksrec.com for eligibility requirements and an application form in English, Français, Português, or Español.

- =Full Day, sessions go from morning to afternoon
- ◐ =Half Day, sessions are over 2hrs either in the morning or afternoon
- ◑ =Partial Day, sessions are 1-2hrs either in the morning or afternoon

June Summer Camps








Camp	Age	Dates	Cost	Info
Lil' Red Riot Hoopers ●	Grade K-2	June 16-20 M, T, W, F (no program 6/19)	R: \$50 NR: \$60	Program Details
Young Chefs Challenge ●	Age 6-12	June 16-20 M, Tu, W, F (no program 6/19)	R: \$125 NR: \$135	Program Details
Nothing But Net Girls Basketball Camp ●	Grade 2-9	June 23-27 M-F	R: \$120 NR: \$130	Program Details
Steamworks for Kids Topics vary by session ● ●	Age 6-11	June 23-27 M-F AM & PM Sessions	R: \$195 NR: \$205 Cost is per session	Program Details
Track & Field Camp ◐	Grade 2-9	Session 1: June 16-19, 23-26 Session 2: June 30-Jul 3, 7-10 M-Th	R: \$75/session, \$120 for both NR: \$85/session, \$130 for both	Program Details
Princess & Pirates Dance Camp ◐	Age 3-8	June 23-27 M-F	R: \$90 NR: \$100	Program Details

July Summer Camps

Camp	Age	Days	Cost	Info
 Steamworks for Kids Topics vary by session	Age 6-11	July 7-11 July 21-25 M-F AM & PM sessions	R: \$195 NR: \$205 Cost is per session	Program Details
 Big Red Boys Basketball Camp	Grades 2-9	July 7-11 M-F	R: \$150 NR: \$160	Program Details
 Grand Slam Tennis Summer Camp	Age 7-15	July 7-11 M-F	R: \$190 NR: \$200	Program Details
 Junior Police Academy Camp (JPAC)	Grade 6-8	July 14-18 M-F	R: \$80 NR: \$90	Program Details
 Roll Riot Soccer Camp	Age 6-14	July 14-17 M-Th	R: \$75 (resident only)	Program Details
 Strong Girls United Camp	Grade K-4	July 14-16 M-W	R: \$90 NR: \$100	Program Details
 Riot Pride Middle School Football Camp	Grade 5-8	July 21, 23, 28, 30 M & W	R: \$55 NR: \$65	Program Details
 Riot Pride Flag Football	Grade K-4	July 22, 29 & Aug 5 Tuesdays	R: \$40 NR: \$50	Program Details
 Mr. Reagan's Theater Camp	Age 7-11	July 28-Aug 1 M-F	R: \$225 NR: \$235	Program Details
 Mad Science Topics vary by session	Grade K-6	Session 1: July 14-18 Session 2: July 28-Aug 1	R: \$415/session NR: \$425/session	Program Details

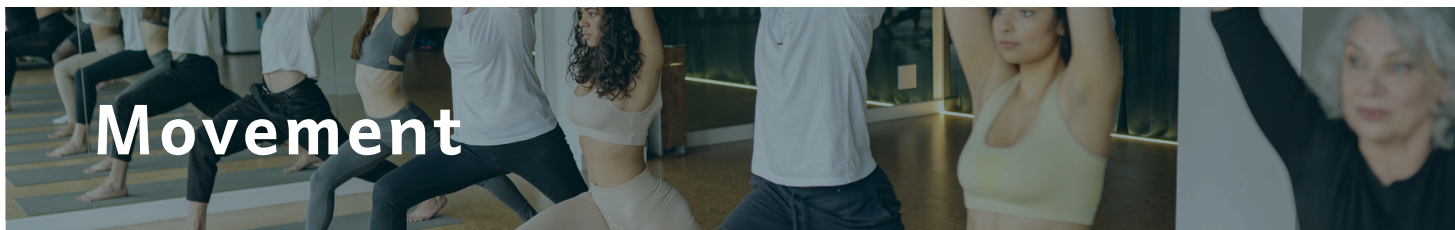
Registration Now Open!

August Summer Camps

Camp	Age	Days	Cost	Info
All Girls Sports Camp 	Grade 2-8	Aug 11-15 M-F	R: \$90 NR: \$100	Program Details
Steamworks for Kids Topics vary by session 	Age 6-11	Aug 4-8 M-F	R: \$195 NR: \$205 Cost is per session	Program Details
Challenger Sports: Creative Skills 	Age 2-14	Aug 18-22	Varies by Session R: \$122-\$300 NR: \$132-\$310	Program Details
Challenger Sports: Foundational Skill 	Age 2-14	Session 1: Aug 4-Aug8 Session 2: Aug 25-29 M-F	Varies by Session R: \$122-\$300 NR: \$132-\$310	Program Details
Cross Country Running Camp 	Grade 5-9	Session 1: Aug 11-15 Session 2: Aug 18-22 M-F	R: \$50 NR: \$60	Program Details
Mad Science Topics vary by session 	Grade K-6	Aug 11-15 M-F	R: \$415/session NR: \$425/session	Program Details
Mr. Regan's Eco-Adventure Camp 	Age 8-11	Aug 4-8 M-F	R: \$375 NR: \$385	Program Details



Adult Programs



Movement

Beginner Line Dance

Date: May 7-June 25

Time: Wednesdays,
10:45-11:45a

Location: SPCC Multi-purpose Room

Program Cost

Resident: \$32

Non-resident: \$42

Drop-in: \$5

[Register](#)

Mindful Movement Yoga

Date: May 1- June 12

Time: Thursdays,
6:30-7:30p

Location: SPCC Multi-purpose Room

Program Cost

Resident: \$70

Non-resident: \$80

Drop-in: \$12

[Register](#)

Intro to Bellydancing

Date: May 1- June 12

Time: Thursdays,
6:30-7:30p

Location: SPCC Aerobic Room

Program Cost

Residents:\$72

Non-resident: \$82

Drop-in: \$15

[Register](#)

Pickleball

Beginner Pickleball Lessons

Date: May 5-28

Time: Wednesdays,
5:30-6:30p

Location: SPCC

Program Cost

Residents: \$70

Non-resident: \$80

[Register](#)

Improvers Pickleball Lessons

Date: May 7-28

Time: Wednesdays,
6:30-7:30p

Location: SPCC

Program Cost

Residents: \$70

Non-resident: \$80

[Register](#)

Evening Pickleball Open Gym

Date: May 1-29

Time: Tuesdays,
6:30-8:30p

Location: Redbank Gym

Program Cost

Residents:\$4 drop-in

Non-resident: \$5 drop-in

[More Info](#)



Art

Beginner Soft Pastels

Animals

Dates: February 8- March 8

Time: Saturdays, 10:30a-12p

Location: SPCC Casco Bay Room

Program Cost

Residents: \$65

Non-Residents: \$75

[Register](#)



Golf

Scott Mann Golf Academy- Ladies Golf Clinics

Dates: May 7-28

Time: Wednesdays, 6:15-7:15p

Location: SP Municipal Golf Course

Program Cost

Residents: \$130

Non-Residents: \$140

[Register](#)



Unified

Unified Sports

Date: May 1-29

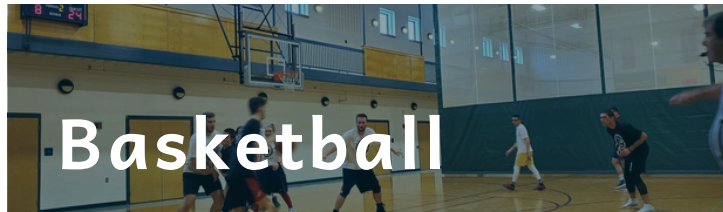
Time: 10a-12p

Location: Redbank Gym

Program Cost

FREE

[More Info](#)



Basketball

Adult (18+) Evening Basketball Open Gym

Date: January 1- May 28

Time: Wednesdays, 7:00-9:00p

Location: Redbank Gym

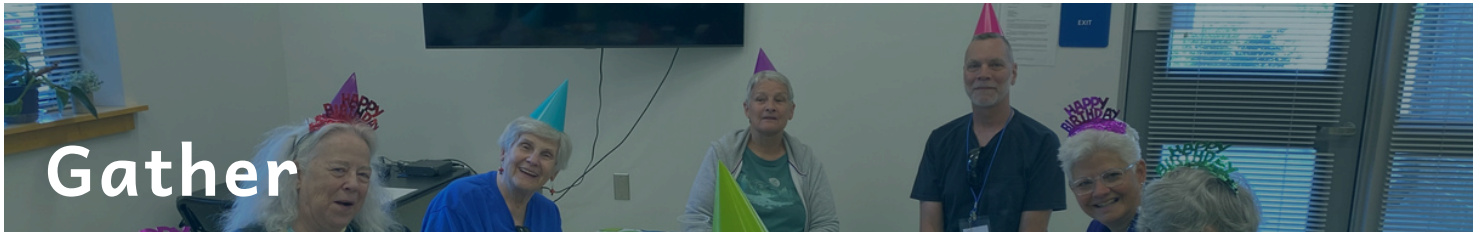
Program Cost

Residents: \$4 drop-in

Non-resident: \$5 drop-in

[More Info](#)

Senior Programs



Gather

Monthly Birthdays

Date: May 5
Times: 10-11a
Location: SPCC Senior Drop-in Center

Program Cost
FREE (please register)

[Register](#)

Intro to Bio Field Tuning

Date & Times:
Thursday, May 8 from 3:00-4:00p
Tuesday, May 20 from 9:00-10:00a
Location: SPCC Casco Bay Room

Program Cost
FREE, registration required

[Register](#)

Maine Health Access to Care-Medicare Savings Program Overview

Dates: May 7
Times: Wednesday, 10-11a
Location: SPCC Senior Drop-in Center

Program Cost
FREE, registration required

[Register](#)



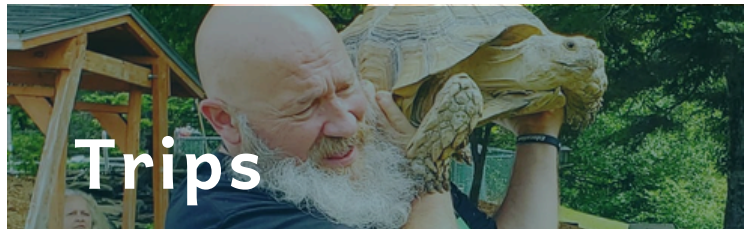
Events

Older American's Month Celebration

Date: May 15
Times: 10-2p
Location: SPCC Casco Bay Room

Program Cost
\$15

[Register](#)



Trips

Mr. Drew and His Animals Too!

Date: May 1
Times: Departs 8:30a
Location: Departs from SPCC Senior Drop-in Center

Program Cost
\$12

[Register](#)



Laughter Yoga | January 2023

Fitness

ZUMBA- Exercise in Disguise

Tuesdays

Dates: May 6, 13, 20 & 27

Times: 3:00-4:00pm

Location: SPCC Multi-purpose Room

Fridays

Dates: May 9, 16, 23 & 30

Times: 10:30-11:30pm

Location: SPCC Multi-purpose Room

Program Cost

Residents: \$36

Non-Residents: \$46

Drop-in: \$10

[Register](#)

Vitality T'ai Chi

Date: May 6 & 20

Time: Tuesdays, 1-2p

Location: SPCC Aerobic Room

Program Cost

Residents:\$14

Non-resident: \$24

Drop-in: \$8

[Register](#)

Laughter Yoga

Date: May 30

Time: Friday, 12-1p

Location: SPCC Senior Drop-in Center

Program Cost

FREE (must register)

[Register](#)

Aquatics Programs

Daily Fees:

Residents: Adults \$5 | Youth/Seniors \$4

Non-Residents: Adult \$6 | Youth/Seniors \$5

Frequent User Passes:

Residents: Adults \$70 | Youth/Seniors \$50

Non-Residents: Adult \$90 | Youth/Seniors \$70

[View Pool Calendar
\(Apr 1-May 31\).](#)

Summer Swim Lesson Registration Dates

Residents: Monday, June 2

Non-Residents: Thursday, June 5

As Spring lessons come to a close this month, we are gearing up for summer programming. Our Summer Swim Lessons look different than the rest of the year.

There are NO weekend offerings, just weekday mornings and evenings. Evening lessons will look the same on Tuesdays (younger kids) and Thursdays (older kids). For morning time, we will offer two different 4 week long sessions in which kids come to swim TWO times per week for a total of 8 lessons over those 4 weeks. We will have classes for all of our youth lessons for kids 1-14 yo. If you are available to join us for one or both sessions, we can assure that your child will progress this summer in swimming. Kids tend to really shine in this format of swimming more often over a shorter amount of time. We are excited to offer this style of lessons each summer.

Golf Course

**The South Portland
Municipal Golf Course
is open for the season!**

Call 775-0005 for tee times.
Walk-ups welcome!

Greens Fees (18 holes per day):
Monday-Friday: \$18
Saturday, Sunday & Holiday: \$20

Play Passes:
10 Play Pass: \$155
5 Play Pass: \$80

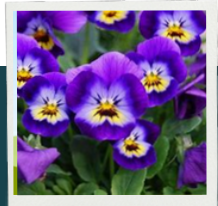
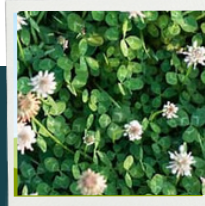
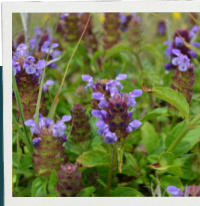
Conservation and Parks



CONSERVATION CHALLENGE

MAY 2025

Slow Mow Summer



Lawns cover 40 million acres (2% of land) in the US. Areas with just grass provide no benefit to pollinators and fragment needed habitats.

What if I don't have flowers in my lawn?

Mix in species like dandelions, clover, and violets in with grass to help feed pollinators.

My grass will get too tall and my mower cant handle it!

Set mower height to 3-4 inches and mow every 2-3 weeks to increase flower blooms while keeping grass shorter.

What if I don't like the look of a tall lawn?

You can always split your lawn into portions, designating one area for pollinator plants and the rest for grass.

What will my neighbors think?

Let your neighbors know that there is a reason for the lawn looking a little wild and consider putting up a sign . Mow a small border along sidewalks and paths to keep it tidy.

For this month's challenge, test out a new slow-to-mow routine and observe how it goes.

Many low flowering plants will adapt to the routine by flowering lower to the ground. Keep the effort going until October to help your yard be an asset to soil, water, and pollinators!

Learn

Junior Ranger

Date: May 10

Time: 10a-12p

Ages: 5-12

Location: Trout Brook Nature Preserve

Program Cost: FREE, please register

[Register](#)

Hinckley Park Story Walk

Date: May 19

Time: 10:30a-11:30a

Ages: 2-10

Location: Hinckley Park

Program Cost: FREE

[Learn More](#)

Special Events



CITY OF
**SOUTH
PORTLAND**



South Portland
Land Trust



Dirigo Science
CONNECTION



South Portland Earth Day Resource Fair **Now Indoors!**

**Celebrate our planet and find the
resources you need to care for it
throughout the year!**



Fair Highlights

- Connect with Eco-focused Community Groups with activities & demos for adults and kids
- Lamp & Sweater Repair Demos
- Bike Repair & Maintenance Demos
- Participate in the Community Clean-up
- Learn about recreational opportunities
- Food trucks, Music & more!

**April
26**

10a-2p

Location
South Portland
Community
Center

Sponsored by



Sponsored by

Pape Chevrolet



Maine
Chevy Dealers

For More Information

www.southportlandme.myrec.com

Special Events



SOUTH PORTLAND SPRINGFEST COMMUNITY CELEBRATION 2025

FRIDAY, MAY 16 @ RED BANK COMMUNITY CENTER

SPRINGFEST KICKOFF WITH ACTIVITIES AND ICE CREAM FOR ALL, STARTING @ 5:30 PM

SATURDAY MAY 17 @ MILL CREEK PARK

8 AM: UNSTOPPABLE GNOME COMMUNITY ROAD RACE

11 AM TO 3 PM: SPRINGFEST CORNHOLE CHAMPIONSHIP • BANDS ON THE HOUR @ THE GNOMEZEBO STAGE • CHILDREN'S ENTREPRENEUR MARKETPLACE • HINCKLEY STREET FOOD TRUCK TAKEOVER • DEE DEE'S INCREDIBLE GNOME HAT DECORATION STATION • COMMUNITY ART • KIDS ACTIVITIES!

SPSPRINGFEST.COM

**OVER 70 LOCAL BUSINESS SPONSORS
AND THESE MAJOR PARTNERS**

SCAN THE QR CODE TO LEARN MORE
**ABOUT ALL THE FUN
HAPPENING AT SPRINGFEST!**



CREATED BY

Thank you Trademark Credit Union for our community events coming up this summer!



Miracles in Motion: Join Us for a Fun-Filled Evening Supporting the Barbara Bush Children's Hospital!

Trademark Federal Credit Union is excited to announce the second annual Miracles in Motion event on **May 15th from 5:00 PM to 7:30 PM** at our South Portland branch. This community fundraiser supports the **Barbara Bush Children's Hospital**, and we need your help to make it even bigger and better than last year!

Why Attend?

Last year, we raised **\$10,000 for BBCH**, and we're aiming for that same lofty goal this year - and we know we can reach it with your support! Every dollar raised from raffle tickets and donations goes directly to supporting the children and families who depend on BBCH.

Event Highlights:

- **Live Music:** Enjoy the incredible Don Campbell Trio, kicking off the evening with a blend of original tunes and classic covers. Then get ready to dance the night away with After Dark Band featuring Andi Fawcett, bringing high-energy hits that will keep you on your feet!
- **Delicious Food:** Hungry? Vintage Dogs Food Truck will be on-site, serving tasty treats (cash/card accepted).
- **Exciting Raffles:** Don't miss your chance to win fantastic prizes - all for a great cause!

This is a **free family-friendly event**, so bring your loved ones and make it a fun night out. Whether you're here for the music, the food, or the chance to win a raffle, you'll be supporting a truly worthwhile cause!

Why We Do This:

At Trademark FCU, we believe in doing **meaningful, purposeful work** that makes a difference. This event is just one of the ways we live out our mission of supporting our community. By coming together for *Miracles in Motion*, we help ensure that the children at Barbara Bush Children's Hospital continue to receive the care they need.

Get Involved:

Mark your calendars for **May 15th, 5:00 PM - 7:30 PM** at our South Portland branch! Your support makes all the difference, so don't miss out on this incredible evening. For more information or to make a donation, visit [Miracles in Motion - Trademark Federal Credit Union in Maine](#) and join the conversation on social media using **#MiraclesInMotion**. We can't wait to see you there!