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View Full Spring Summer Brochure



#### Youth Triathlon

Swim: 3 pool lengths

Bike: 1.2 miles Run: 0.7 miles

Feeling of achievement: Enternal

**View the Details** 



#### Summer Camps

Many of our specialty camps are starting up this month! A few new camps have been added recently too!

View More Info

#### CONNECT WITH US

#### South Portland Community Center

21 Nelson Rd, South Portland, ME 04106 Hours: M-Th 6a-9p, Fri 6a-5p, Sat & Sun CLOSED 207-767-7650

www.southportlandme.myrec.com

#### @SoPoParksRec





### **Community Calendars**

The South Portland Community Center and Redbank Community Center offer scheduled programs, open use, and drop-in programs. View the calendars to learn more about when these spaces are available for use.

#### Open Gym

Hours vary by activity

Calendar

#### Pool

#### Hours:

Monday-Friday 6am-9pm Saturday 8am-5pm Sunday 10am-6pm

Calendar

#### **Teen Center**

#### Hours:

Monday-Friday 2:30pm-6:00pm

More Info

#### Senior Drop-in Center

#### Hours:

Monday-Thursday 9am-3pm Friday 9am-12pm.

**Event Calendar** 

#### **Announcements**

### Closures

The South Portland Community Center will be closed on the following days:

June 19 (Juneteenth)



### **Spring Program Highlights**













### Spring Program Highlights continued











# **Youth Programs**

### **Teen Center**

#### **Mission Statement**

To provide Middle School and High School aged students with a fun, safe place to spend their after school hours in an environment that is free of violence and intimidation, encouraging the development of social and emotional growth among its teen members.

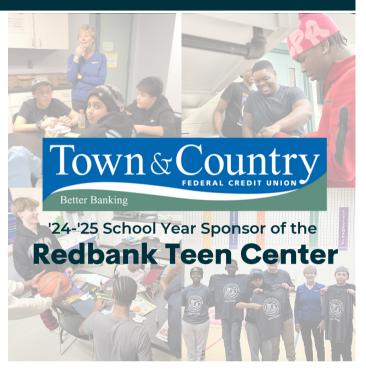
Open to any student Grades 6-12 that resides in South Portland

Days: Mon-Fri, 2:15-6:00p\*

**Location:** Redbank Community Center \*Schedule is subject to change at anytime

Program Cost FREE

**More Info** 









#### **Driver's Ed**

**Session 1:** June 16-July 3 **Times:** M-F, 2:30p-5:00p

**Session 2:** July 28- Aug 14 **Times:** M-F, 8:30-11:00a

Ages: 15+

Location: SPCC Conference Room

**Program Cost** 

\$645



#### **Karate Kids**

Dates: June 6- July 18

Times: Fridays, 4:00-5:00p

**Ages**: 5-12

Location: SPCC Multipurpose Room

Program Cost Residents: \$65

Non-Residents: \$75

Register



#### **Advantage Tennis**

Dates: June 23- July 14 Age 5-7: 8:30-9:30 Age 8-11: 9:30-10:30

**Location:** SPHS Tennis Courts

#### **Program Cost**

Residents:\$100 Non-resident: \$110

<u>Register</u>



#### Curry College Basketball Camp

**Dates:** July 21-25 **Times:** M-F, 9a-2:30p

Ages: 7-14

Location: SPCC Gym

Program Cost
Residents: \$299
Non-Residents: \$309

Register



#### Scott Mann Golf Academy Junior Clinics

Dates: June 18-July 16

Times: Wednesdays, 9a-10:15a

Ages: 6-13

Location: South Portland Municipal Golf

Course

#### **Program Cost**

Residents: \$50 Non-Residents: \$80

<u>Register</u>



Scholarships are available for all youth programs!

Visit <u>www.sopoparksrec.com</u> for eligibility requirements and an application form in English, Français, Português, or Español.

=Full Day, sessions go from morning to afternoon

Guid

=Half Day, sessions are over 2hrs
either in the morning or afternoon
=Partial Day, sessions are 1-2hrs

=Partial Day, sessions are 1-2hrs either in the morning or afternoon

### June Summer Camps

Camp	Age	Dates	Cost	Info
Lil' Red Riot Hoopers	Grade K-2	June 16-20 M, T, W, F (no program 6/19)	R: \$50 NR: \$60	<u>Program</u> <u>Details</u>
Young Chefs Challenge	Age 6-12	June 16-20 M, Tu, W, F (no program 6/19)	R:\$125 NR: \$135	<u>Program</u> <u>Details</u>
Nothing But Net Girls Basketball Camp	Grade 2-9	June 23-27 M-F	R: \$120 NR: \$130	Program Details
Steamworks for Kids Topics vary by session	Age 6-11	June 23-27 M-F AM & PM Sessions	R: \$195 NR: \$205 Cost is per session	<u>Program</u> <u>Details</u>
Track & Field Camp	Grade 2-9	Session 1: June 16- 19, 23-26 Session 2: June 30- Jul 3, 7-10 M-Th	R: \$75/session, \$120 for both NR: \$85/session, \$130 for both	<u>Program</u> <u>Details</u>

### **July Summer Camps**

Camp	Age	Days	Cost 1	Info
Steamworks for Kids Topics vary by session	Age 6-11	July 7-11 July 21-25 M-F AM & PM sessions	R: \$195 NR: \$205 Cost is per session	<u>Program</u> <u>Details</u>
Big Red Boys Basketball Camp	Grades 2- 9	July 7-11 M-F	R: \$150 NR: \$160	Program Details
Grand Slam Tennis Summer Camp	Age 7-15	July 7-11 M-F	R: \$190 NR: \$200	Program Details
Junior Police Academy Camp (JPAC)	Grade 6-8	July 14-18 M-F	R: \$80 NR: \$90	Program Details
Roll Riot Soccer Camp	Age 6-14	July 14-17 M-Th	R: \$75 (resident only)	Program Details
Strong Girls United Camp	Grade K-4	July 14-16 M-W	R: \$90 NR: \$100	Program Details
Maine Skate Camp- Hosted by Sal's Skate Shop	Age 7-14	Session 1: July 14-17 Session 2: July 21-24	R: \$250 NR: \$260	<u>Program</u> <u>Details</u>
Riot Pride Middle School Football Camp	Grade 5-8	July 21, 23, 28, 30 M & W	R: \$55 NR: \$65	<u>Program</u> <u>Details</u>
Curry College Basketball Camp	Age 7-11	July 21-25	R: \$299 NR: \$309	Program Details
Riot Pride Flag Football	Grade K-4	July 22, 29 & Aug 5 Tuesdays	R: \$40 NR: \$50	<u>Program</u> <u>Details</u>
Mr. Reagan's Theater Camp	Age 7-11	July 28-Aug 1 M-F	R: \$225 NR: \$235	<u>Program</u> <u>Details</u>
Mad Science Topics vary by session	Grade K-6	Session 1: July 14-18 Session 2: July 28- Aug 1	R: \$415/session NR: \$425/session	Program Details

**Registration Now Open!** 

### August Summer Camps

Camp	Age	Days	Cost	Info
All Girls Sports Camp	Grade 2-8	Aug 11-15 M-F	R: \$90 NR: \$100	Program Details
Steamworks for Kids Topics vary by session	Age 6-11	Aug 4-8 M-F	R: \$195 NR: \$205 Cost is per session	Program Details
Challenger Sports: Creative Skills	Age 2-14	Aug 18-22	Varies by Session R: \$122-\$300 NR: \$132-\$310	Program Details
Challenger Sports: Foundational Skill	Age 2-14	Session 1: Aug 4- Aug8 Session 2: Aug 25- 29 M-F	Varies by Session R: \$122-\$300 NR: \$132-\$310	Program Details
Cross Country Running Camp	Grade 5-9	Session 1: Aug 11- 15 Session 2: Aug 18-22 M-F	R: \$50 NR: \$60	Program Details
Mad Science Topics vary by session	Grade K-6	Aug 11-15 M-F	R: \$415/session NR: \$425/session	Program Details
Mr. Regan's Eco-Adventure Camp	Age 8-11	Aug 4-8 M-F	R: \$375 NR: \$385	Program Details



# Adult Programs



# Art

#### Beginner Line Dance

Date: May 7-June 25 Time: Wednesdays,

10:45-11:45a

Location: SPCC Multi-

purpose Room

**Program Cost** 

Drop-in: \$5

Register

#### Mindful Movement Yoga

Date: May 1- June 12 Time: Thursdays,

6:30-7:30p

Location: SPCC Multi-

purpose Room

**Program Cost** 

Drop-in: \$12

Register

#### Beginner Soft Pastels

Birds

Dates: June 6- July 11

Time: Saturdays,

10:30a-12p

Location: SPCC Casco

Bay Room

**Program Cost** 

Residents: \$65

Non-Residents: \$75

Register

### Pickleball

#### **Beginner Pickleball Lessons**

Date: June 4-25

Time: Wednesdays, 5:30-6:30p

**Location: SPCC** 

#### **Program Cost**

Residents: \$70 Non-resident: \$80

Register

#### **Improvers Pickleball Lessons**

Date: June 4-25

Time: Wednesdays, 6:30-7:30p

Location: SPCC

#### **Program Cost**

Residents: \$70 Non-resident: \$80



### **ADULT SPORTS LEAGUES**

Join as an individual (come make friends!) or bring your friends to make up a full team!
Participants must be 18+ and out of high school.

#### **Basketball**



Mondays: June 2- Aug 11 Thursdays: June 5- Aug 14

#### **Softball**



Tuesdays: July 1- Aug 26

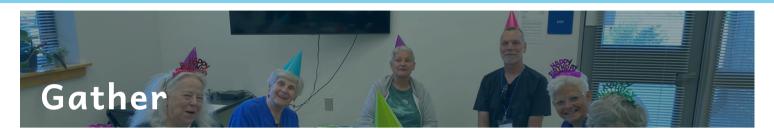
#### Golf



June 30- Aug 14

Deadline to register is 1 week before league start date southportlandme.myrec.com

# Senior Programs



#### **Monthly Birthdays**

Date: June 2 Times: 10-11a

Location: SPCC Senior

Drop-in Center

Program Cost FREE (please register)

Register

#### **Just for Fun Bingo**

Date: June 9

Times: 10-11:30a Location: SPCC Senior

Drop-in Center

Program Cost FREE (please register)

Register

#### NEW in the Senior Drop-in Center!

**Puzzle Club:** 

Mondays, 9a-11a

Trivia Time:

Wednesdays, 1p-2:30p

Tea & Talk:

Tuesdays, 1p-2p

Calendar



#### Senior Medicare Patrol Program

Date: June 5

Times: 9:30-10:30a

Location: SPCC Senior Drop-in Center

#### **Program Cost**

FREE, registration required

Register

#### Emergency Preparedness! Get Sopo Ready!

Dates: June 9

Times: Monday, 10-11:30a

Location: SPCC Senior Drop-in Center

#### **Program Cost**

FREE, registration required



#### **ZUMBA- Exercise in Disguise**

#### **Tuesdays**

**Dates:** June 3, 10, 17, 24 **Times:** 3:00-4:00pm

Location: SPCC Multi-purpose Room

#### **Program Cost**

Residents: \$36

Non-Residents: \$46

Drop-in: \$10

#### **Fridays**

**Dates:** June 6, 13, 20, 27 **Times:** 10:30-11:30pm

Location: SPCC Multi-purpose Room

Register

#### Vitality T'ai Chi

Date: June 10 & 24
Time: Tuesdays, 1-2p
Location: SPCC Aerobic

Room

#### **Program Cost**

Residents:\$14 Non-resident: \$24

Drop-in: \$8

Register

#### Laughter Yoga

Date: June 27

Time: Friday, 12-1p Location: SPCC Senior

Drop-in Center

#### **Program Cost**

FREE (must register)

# **Aquatics Programs**

**Daily Fees:** 

Residents: Adults \$5 | Youth/Seniors \$4 Non-Residents: Adult \$6 | Youth/Seniors \$5

Frequent User Passes:

Residents: Adults \$70 | Youth/Seniors \$50 Non-Residents: Adult \$90 | Youth/Seniors \$70 View Pool Calendar (May 23-June 20)

### Summer Swim Lesson Registration Dates Residents: Monday, June 2 Non-Residents: Thursday, June 5

Our Summer Swim Lessons look different than the rest of the year. Your child can participate in one or both of our 4 week morning sessions (2 classes/week). Afternoon sessions will be 8 weeks long. View the Spring/Summer Brochure for lesson details.

#### Summer Riptide & RT+

Date: June 23-Aug 13

**Time:** 6-7p

Evaluation Night: June 18 at 6pm

**Program Cost** 

Residents:\$120

Non-resident: \$130

**More Info** 



### Willard Beach

Lady Shuckers has leased the snack shack at Willard Beach. They will be open on June 5th. Read more from <a href="mailto:portlandfoodmap.com">portlandfoodmap.com</a>

Willard Beach is equipped with two beach wheel chairs. Please contact Patrick McArdle to coordinate your next visit: pmcardle@southportland.org





### Golf Course

### The <u>South Portland</u> <u>Municipal Golf Course</u> is open for the season!

Call 775-0005 for tee times.

#### Greens Fees (18 holes per day):

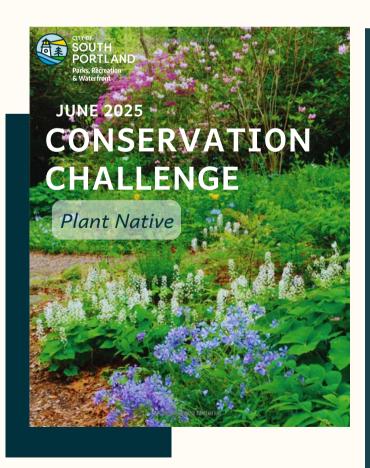
Monday-Friday: \$18

Saturday, Sunday & Holiday: \$20

#### **Play Passes:**

10 Play Pass: \$155 5 Play Pass: \$80

# Conservation and Parks









Native plants are species that naturally occur in a specific region and have adapted to the local climate and soil conditions. They offer numerous benefits.

Native Plants support local wildlife, including butterflies, birds, and other fauna, by providing essential food sources and habitat.

They are well suited to local environmental conditions, making them more resilient to pests, diseases, and climate variations.

Native plants enhance the beauty of landscapes and gardens while promoting biodiversity.

Using native plants helps maintain and restore local ecosystems, contributing to the preservation of native plant gene pools.

This month, we challenge you to incorporate native plants into your gardens or create a new native plant garden.



The Children's Education Garden at Hinckley Park: Seeds are starting to sprout and more plants will be going in the ground soon! Sign-up for our free youth programs at the garden this summer: Register!



Storywalk at Hinckley Park: A new story walk has been posted in Hinckley Park! Please note that it is in a new location, now going around the fields near the gardens.



#### **Junior Ranger**

Date: June 14 Time: 10a-12p Ages: 5-12

**Location:** Trout Brook

Nature Preserve

Program Cost: FREE,

please register

Register

#### **Garden Story Time**

**Date:** June 27 **Time:** 10:30a **Ages:** 2-10

Location: Hinckley Park

**Program Cost: FREE** 

Learn More

#### **Guided Nature Walk**

Date: June 10 Time: 11a-12p

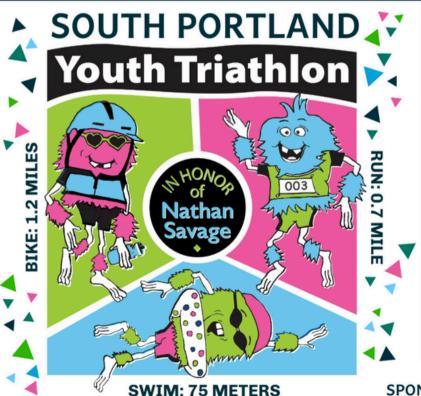
Ages: Adults (8+ welcome)
Location: Hinckley Park

**Program Cost: FREE** 

Learn More

### **Special Events**





Youth Recreation Scholarship fund

Funds raised support the South Portland

### **JUNE 21 | 9AM**

SOUTH PORTLAND COMMUNITY CENTER AGES 7-14

#### REGISTER

SOUTHPORTLANDME.MYREC.COM



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### **Special Events**



Spend Wednesday evenings in Mill Creek Park with live music throughout the summer. Bring a blanket and grab a picnic dinner from one of the many local restaurants!

Music starts at 6:00pm!

June 25- Ragtime Destroyers July 9- After Dark Duo July 16- Country Roads

July 23- Maine Marimba

**Ensemble** 

July 30- Primo Cubano

Presented by



Supported by

Town & Country

\*Schedule subject to change. In the event of poor weather, concerts will be canceled. Check our social media and website for updates; southportlandme.myrec.com



Bring a chair or blanket to sit \*no rain dates

Yard games Music: June 24: Down to Earth Duo

July 15: Heather Lynn & band August 5: The High Spirits

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