



Newsletter | September 2025

SOUTH PORTLAND

PARKS, RECREATION, AND WATERFRONT

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Bug Light Car Show

Bug Light Park | 4-Sunset
Over 250+ vehicles, bring yours or just come browse!

[View the Details](#)



Age Friendly Resource Fair

South Portland Community Center | 9a-12p
40+ service providers, healthy aging & wellness, vaccine clinic & more! [View the Details](#)

CONNECT WITH US

South Portland Community Center

21 Nelson Rd, South Portland, ME 04106
Hours: M-F 6a-9p, Sat 8a-5p, Sun 10a-6p
207-767-7650

www.southportlandme.myrec.com

@SoPoParksRec



Community Calendars

The South Portland Community Center and Redbank Community Center offer scheduled programs, open use, and drop-in programs. View the calendars to learn more about when these spaces are available for use.

Pool

Hours:

Monday-Friday
6am-9pm
Saturday 8am-5pm
Sunday 10am-6pm

[Calendar](#)

Senior Drop-in Center

Hours:

Monday-Thursday
9am-3pm
Friday
9am-12pm.

[Event Calendar](#)

Teen Center

Hours:

Monday-Friday
2:30pm-6:00pm

[More Info](#)

Announcements

Closures

The South Portland Community Center and all City buildings will be closed on the following days:

September 1 (Labor Day)

Hiring

The Parks, Recreation & Waterfront Department is currently hiring for the following positions:

Lifeguards

- Flexible hours
- Ages 16+ encouraged to apply

Apply now!

- Download application from <https://southportland.gov/Jobs.aspx>
- Email it to Patrick Mcardle pmcardle@southportland.gov



Youth Programs

Summer Highlights

The All Girls Sports Camp allowed girls to explore 10 different sports throughout the week!



Middle School

Pickleball

Dates: Sept 10- Oct 8
Times: Wednesday,
3:05-3:45p
Grades: 5-8
Location: SPMS Courts

Program Cost

Resident Only: \$50

[Register](#)

Pleasant Mtn Ski/Ride Program

Dates: Jan 5- Feb 9
Times: Mondays,
3:30-10p
Grades: 7-12
Location: Departs from
SPCC

Program Cost

Costs vary depending on
rental needs

[Register](#)

Middle School Volleyball

Dates: Sept 9- Nov 4
Times: Tues & Fri,
6:30p-8p
Grades: 5-8
Location: SPCC Gym

Program Cost

Residents: \$85
Non-Residents: \$95

[Register](#)



Dance

Youth Dance

Dates: Sept 8- Oct 20

Times: Mondays,
4:30-5:15p

Ages: 5-10

Location: SPCC Aerobic
Room

Program Cost

Residents: \$75

Non-Residents: \$85

[Register](#)

Youth Hip Hop

Dates: Sept 8- Oct 20

Times: Mondays,
5:30-6:15p

Ages: 5-10

Location: SPCC Aerobic
Room

Program Cost

Residents: \$75

Non-Residents: \$85

[Register](#)



Gymnastics

Rhythmic Gymnastics

Dates: Sept 3- Oct 1

Times: Wednesdays,
4p-5:15p

Ages: 5-10

Location: SPCC
Multipurpose Room

Program Cost

Residents: \$120

Non-Residents: \$130

[Register](#)



Yoga

Youth Yoga

Dates: September 28

Times: Sunday, 10:15-11a

Ages: 5-8

Location: SPCC Multipurpose Room

Program Cost

\$12

[Register](#)

Yoga for Student Athletes

Dates: Sept 15- Oct 20

Times: Mondays, 2:40-3:20p

Grades: 9-12

Location: SPCC Multipurpose Room

Program Cost

Residents: \$50

Non-Residents: \$60

[Register](#)



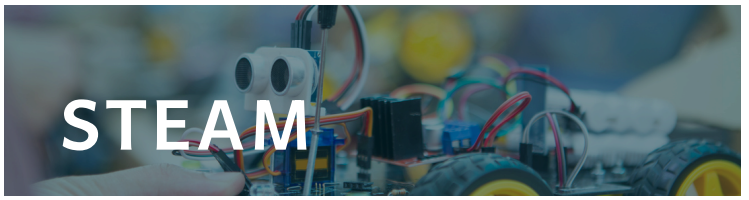
Messy Art

Dates: September 13- 27
Times: Saturdays, 10:00-11:00a
Grades: K-5
Location: SPCC

Program Cost

Residents: \$40
Non-Residents: \$50

[Register](#)



Steamworks for Kids: Robot Factory

Dates: Sept 13- Oct 21
Times: Tuesdays, 3:30p-5:00p
Grades: 1-6
Location: SPCC Activity Room

Program Cost

Residents: \$155
Non-Residents: \$165

[Register](#)



Start Smart: Football

Dates: Sept 13- Oct 18
Times: Saturday,
9:00-9:45a
Ages: 3-5
Location: Redbank Gym

Program Cost

Residents: \$60
Non-Residents: \$70

[Register](#)

Preschool Open Play

Dates: Oct 7- Dec 30
Times: Tuesdays, 9-11a
Ages: 5 and under
Location: SPCC
Multipurpose Room

Program Cost

Residents: \$4/family
Non-Residents: \$5/family

[Register](#)

Storytime

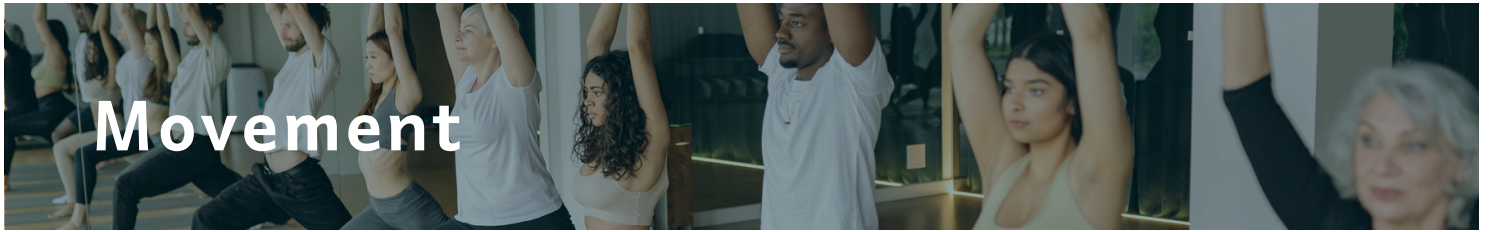
Dates: Oct 7- Dec 30
Times: Tuesdays,
10:30a-11a
Ages: 21 and under
Location: Redbank
Community Center

Program Cost

FREE

[Register](#)

Adult Programs



Beginner Line Dance

Date: Sept 3-Oct 29

Time: Wednesdays,
10:45-11:45a

Location: SPCC Multi-
purpose Room

Program Cost

Residents: \$36

Non-Residents: \$46

Drop-in: \$5

[Register](#)

Mindful Movement Yoga

Date: Sept 4- Oct 23

Time: Thursdays, 6:30-7:30p

Location: SPCC Multi-
purpose Room

Program Cost

Residents: \$80

Non-Residents: \$90

Drop-in: \$12

[Register](#)

Intro to Bellydancing

Dates: Sept 25- Oct 30

Time: Thursdays, 6:15-
7:15p

Location: SPCC
Aerobic Room

Program Cost

Residents: \$72

Non-Residents: \$82

Drop-in: \$13

[Register](#)



Art

Beginner Soft Pastels

Celebration of Seasons

Dates: Sept 6- Oct 4

Time: Saturdays,
10:30a-12p

Location: SPCC Casco
Bay Room

Program Cost

Residents: \$75

Non-Residents: \$85

[Register](#)

Beginner Skills in Drawing

Ink & Watercolor

Dates: Sept 6- Oct 4

Time: Saturdays, 9a-
10:15a

Location: SPCC Casco
Bay Room

Program Cost

Residents: \$75

Non-Residents: \$85

[Register](#)

Hand Built Ceramics

Dates: Sept 22- Oct 27

Time: Mondays, 6-8p

Location: SPCC Activity
Room

Program Cost

Residents: \$65

Non-Residents: \$75

[Register](#)

Pickleball

Beginner Pickleball Lessons

Dates: September 3-24
Time: Wednesdays, 5:30-6:30p
Location: SPCC Gym

OR
Time: Fridays 8a-9a
Location: Redbank Gym

OR
Time: Sundays 9a-10a
Location: SPCC Gym

Program Cost

Residents: \$70
 Non-resident: \$80

[Register](#)

Improvers Pickleball Lessons

Dates: June 4-25
Time: Wednesdays, 6:30-7:30p
Location: SPCC Gym

OR
Time: Fridays 9a-10a
Location: Redbank Gym

OR
Time: Sundays 10a-11a
Location: SPCC Gym

Program Cost

Residents: \$70
 Non-resident: \$80

[Register](#)

Adult Sports

Adult Basketball League

Monday League: Sept 8-
 Nov 24
Thursday League: Sept 4-
 Nov 6
Time: 6-8p
Location: SPCC Gym

Program Cost

Residents: \$75
 Non-resident: \$85

[Register](#)

Adult Softball League

Dates: Sept 7- Oct 26
Time: Sundays, 8:30a-1:30p
Location: Wainwright
 Recreation Complex

Program Cost

Residents: \$75
 Non-resident: \$85

[Register](#)

Ladies Golf Clinic

Dates: September 3-24
Time: Wednesdays,
 5:30p-6:30p
Location: SP Municipal
 Golf Course

Program Cost

Residents: \$130
 Non-resident: \$140

[Register](#)

Senior Programs



AGE FRIENDLY RESOURCE FAIR

FRIDAY, SEPTEMBER 12 9 AM-12 PM
SOUTH PORTLAND COMMUNITY CNTR

- 40+ service providers
- balance assessments
- blood pressure checks vaccine clinic
- home modification
- legal services
- senior programs
- emergency preparedness
- healthy aging and wellness
- and more!



Visit: bit.ly/AgeFriendlyFair2025

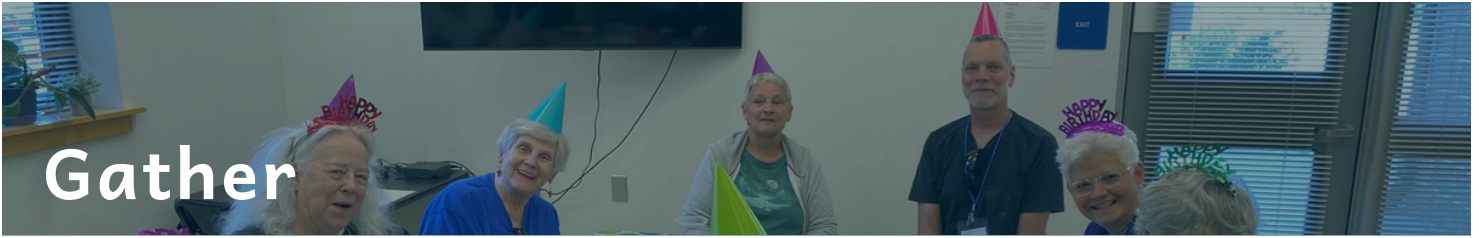
Questions?

Email Kathryn Adams at:
kadamsot@maine.rr.com

Summer Highlights

Senior trips to local farms included flower arranging, lavender picking, and visits with farm friends!





Gather

Monthly Birthdays

Date: September 8
Times: 10-11a
Location: SPCC
Senior Drop-in Center

Program Cost
FREE (please register)

[Register](#)

Ukulele Sing-a-long

Date: September 16
Times: 10-11a
Location: SPCC Senior
Drop-in Center

Program Cost
FREE

[Register](#)

Weekly in the Senior Drop-in Center!

Puzzle Club:
Mondays, 9a-11a
Trivia Time:
Wednesdays, 1p-2:30p
Tea & Talk:
Tuesdays, 1p-2p

[Calendar](#)



Trips

Dooryard Farm & Dahlias

Date: September 5
Times: Departs SPCC 7:45p
Location: Camden

Program Cost
Residents: \$15

4
Spots!

[Register](#)

Partners for World Health Tour

Date: September 24
Times: Departs SPCC 8:30p
Location: Portland

Program Cost
Residents: \$5

6
Spot!

[Register](#)

The Irish and How They Got That Way

Dates: September 4
Times: Departs SPCC at
12:15p
Location: Lewiston

Program Cost
Residents: \$54
Non-residents: \$64

3
Spot!

[Register](#)



Presentations

Longevity Seminar

Date: September 18
Times: 9-10a
Location: SPCC Senior Drop-in Center

Program Cost
FREE (please register)

[Register](#)

Staying Independent

Date: September 29
Times: 9:30-10:30a
Location: SPCC Senior Drop-in Center

Program Cost
FREE (please register)

[Register](#)



Just for Fun Bingo

Date: September 15
Times: 9-10:30a
Location: SPCC Senior Drop-in Center

Program Cost
FREE (please register)

[Register](#)



Learn

Bridge Lessons

Date: September 10- October 29
Times: 9:30-11:30a
Location: SPCC Senior Drop-in Center

Program Cost
FREE (please register)

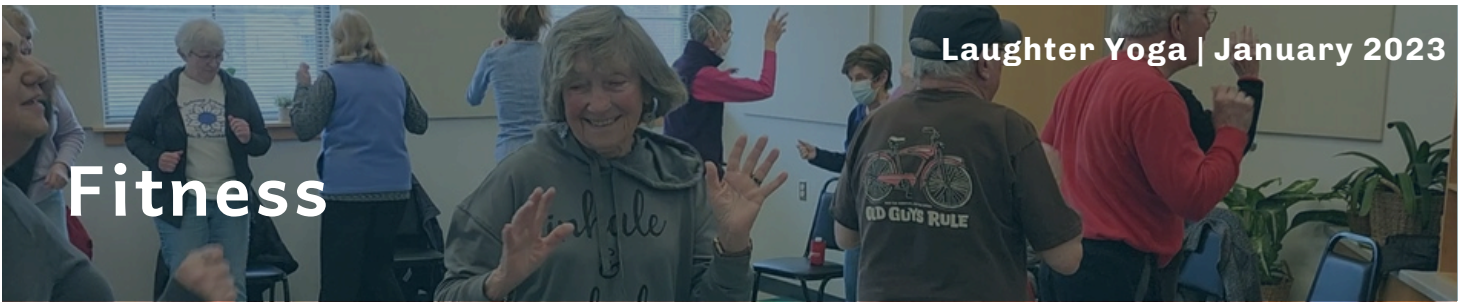
[Register](#)

Mah Jongg Lessons for Beginners

Dates & Times:
September 8 & 10 9a-12p
September 15 & 17 12-3p
(must attend all 4 dates)
Location: SPCC Senior Drop-in Center

Program Cost
\$15 (Includes 2025 card and is non-refundable)

[Register](#)



Vitality T'ai Chi

Date: September 9 & 23
Time: Tuesdays, 1-2p
Location: SPCC Aerobic Room

Program Cost

Residents:\$14
Non-resident: \$24
Drop-in: \$8

[Register](#)

Senior Corn Hole

Date: September 9 & 23
Time: Fridays, 1:45-3:15p
Location: SPCC Gym

Program Cost

FREE

[Register](#)

Dance Fit

Date: September 4, 11, 18, 25
Time: Thursday, 11:15a-12p
Location: SPCC Multi Purpose Room

Program Cost

Residents:\$36
Non-resident: \$46
Drop-in: \$10

[Register](#)

Strength & Weight Training the Right Way

Date: September 2-30
Time: Tuesday, 9:30-10:30a
Location: SPCC Senior Drop-in Center

Program Cost

Residents:\$35
Non-resident: \$45
Drop-in: \$8

[Register](#)

Zumba

Date: September 9-30
Time: Tuesday, 11a-12p
Location: SPCC Multi-purpose Room

Program Cost

Residents:\$27
Non-resident: \$37
Drop-in: \$10

[Register](#)

Laughter Yoga

Date: September 26
Time: Friday, 12-1p
Location: SPCC Senior Drop-in Center

Program Cost

FREE

[Register](#)

Aquatics Programs

Daily Fees:

Residents: Adults \$6 | Youth/Seniors \$5

Non-Residents: Adult \$8 | Youth/Seniors \$7

Frequent User Passes:

Residents: Adults \$100 | Youth/Seniors \$80

Non-Residents: Adult \$140 | Youth/Seniors \$120

[View Pool Calendar
\(September 2-29\)](#)

Fall Swim Lesson Registration Dates

Residents: September 8

Non-resident: September 11

-If you are unable to get your child into a class, please call the Customer Service Desk at 207-767-7650 and ask to be placed on the waiting list. IF we can help you with placement we will call you.

-The price for Tuesday and Saturday lessons are reflective of having 6 (vs 7) classes.

-If you are unsure which level to register your child for, please contact our Aquatic Supervisors for assistance. We may ask to see your child swim (during an Open Swim) for the best evaluation, but often asking a few questions will give us the info we need.

Riptide & Riptide+ Swim Club

Fall Session: October 6- December 10,

Practice: Mondays & Wednesdays

Evaluation Date: Monday, 9/22 at 6pm

(for those not involved in the program in 2025)

Resident Registration: Thursday, 9/25 at 7am

NON-Resident Registration: Friday, 9/26 at 7am

High School Swim Team Prep

Fall Session: Sept 8- Nov 12

Practice: Mondays & Wednesdays

Registration open NOW!

[Register](#)

Golf Course

**The South Portland
Municipal Golf Course
is open for the season!**

Call 775-0005 for tee times.

Greens Fees (18 holes per day):

Monday-Friday: \$18

Saturday, Sunday & Holiday: \$20

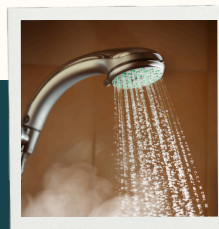
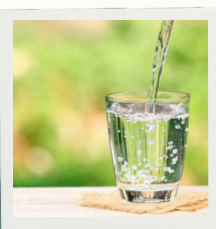
Play Passes:

10 Play Pass: \$155

5 Play Pass: \$80

Conservation and Parks

June Highlights



Freshwater is only 3% of the Earth's water supply, with a mere 1% readily accessible, as most is frozen in glaciers. Rising temperatures increase evaporation rates from both soil and water bodies, while shifts in climate patterns can lead to less precipitation.

Approximately 165 million Americans rely on groundwater for drinking, with agriculture accounting for 37% of total water usage. Industrial demands for manufacturing are also high. Unfortunately, groundwater is being depleted faster than it can be replenished. On average, each American uses 80-100 gallons of water daily, with the nation's estimated total daily use exceeding 345 billion gallons.

With some towns in Maine experiencing water shortages, this month's challenge is to minimize your water usage.

Conserve water at home by taking shorter showers, avoid rinsing dishes under running water (which can waste about 20 gallons per dishwasher load), and turning off the faucet while brushing teeth or shaving.

Explore!

Welcome to
THE CHILDREN'S EDUCATION GARDEN
at Hinckley Park
This is a garden specifically designed for kids to learn about where food comes from and how it is grown. Adults can take their kids around the garden to explore, learn, and have fun!

Garden Snacking

Date: Sept 5 at 4p AND
Sept 12 at 10:30a
Ages: Kids
Location: Hinckley Park

Program Cost: FREE

[Learn More](#)

The Making of a Trail

Date: September 6
Time: 10a-12p
Ages: Adults
Location: Cloutier Trail
(off Fickett St)

Program Cost: FREE

[Learn More](#)

Grandparents Day Walk

Date: September 7
Time: 10:30-11:30a
Ages: Grandparents and
their grandkids
Location: Hinckley Park

Program Cost: FREE

[Learn More](#)

Pollinator Bioblitz

Date: September 13
Time: 1-3p
Ages: All Ages
Location: Petrlik
Conservation Area 24R
Pilgrim Rd.

Program Cost: FREE

[Learn More](#)



Nature Story Time Trees

Date: Sept 19
Time:
Ages 0-4 at 10:30a
Ages 5-12 at 3:30p
Location: South
Portland Public Library

Program Cost: FREE

[Learn More](#)

Tide Pooling

Date: September 20
Time: 4:30p
Ages: All ages
Location: Willard Beach

Program Cost: FREE

Dementia Friendly Nature Walk

Date: September 25
Time: 10a-12p
Location: Wainwright
Sports Complex

Program Cost: FREE

[Learn More](#)

Scarecrow Building Day

Date: September 27
Time: 10a-12p
Ages: All ages
Location: Hinckley Park

Program Cost: FREE

[Learn More](#)

Special Events



CITY OF
SOUTH
PORTLAND

Back to School Swap Series



THURSDAY, AUGUST 28

4-7pm | Redbank Community Center

Bring your gently used kids clothing, youth sports gear, and other school items and swap them for something to better suit you in your next season! Unclaimed items will be donated.

southportlandme.myrec.com



Please bring items in good, clean condition that would fit kids ages 0-18:

- School clothing: shirts, pants, shorts, etc
- Active wear
- Sports gear (cleats, shin guards)
- Backpacks, lunch boxes
- Reusable water bottles



Please do NOT bring:

- Underwear or socks
- Stained or ripped clothing (unless it's supposed to be)
- Unwashed clothes
- Items that need to be repaired



September 3

Rain date: September 10

4pm-sunset

The Annual Bug Light Car Show draws over 250 unique and antique vehicles. Bring your vehicle or just peruse others! Food trucks will be available to purchase dinner.

FREE

BUG LIGHT CAR SHOW



Cozy for Fall

Swap Series



Please bring the following items in good, clean condition:

- Craft supplies (yarn, paints, sewing supplies, model clay, glue, stuffing, gel pens, markers, unused craft kits)
- Books
- Puzzles
- Board Games

THURSDAY, OCTOBER 2

4-7pm | South Portland Community Center

Bring your cozy craft supplies and indoor activities and swap them for something to better suit you in your next season!

Free to participate, bringing items to swap is encouraged but not required. Unclaimed items will be donated.

southportlandme.myrec.com



Please do NOT bring:

- Craft supplies in tiny amounts
- Dried up markers and pens
- Supplies in messy bottles/packaging
- Puzzles or games that are missing pieces

