



Newsletter | September 2026

SOUTH PORTLAND

PARKS, RECREATION, AND WATERFRONT

Contents

[Community Calendars](#)

[Announcements](#)

[Youth Programs](#)

[Adult Programs](#)

[Senior Programs](#)

[Aquatic Programs](#)

[Conservation & Parks](#)

[Special Events](#)

[View Full
Fall Brochure](#)



[Halloween Costume Swap](#)

September 24 | SPCC | 4-7pm

[View the Details](#)



[Fall Swim Registration](#)

Residents: September 14
Non-residents: September 17

CONNECT WITH US

South Portland Community Center

21 Nelson Rd, South Portland, ME 04106
Hours: M-F 6a-9p, Sat: 8a-5p, Sun: 10a-6p
207-767-7650

southportlandme.myrec.com

@SoPoParksRec



Community Calendars

The South Portland Community Center and Redbank Community Center offer scheduled programs, open use, and drop-in programs. View the calendars to learn more about when these spaces are available for use.

Pool	Senior Drop-in Center	Teen Center
Hours: Monday-Friday 6am-9pm Saturday 8am-5pm Sunday 10am-6pm	Hours: Monday-Thursday 9am-3pm Friday 9am-12pm.	Hours: Monday-Friday 2:30pm-6:00pm
Calendar	Event Calendar	More Info

Announcements

Closures

The South Portland Community Center is excited to welcome everyone back on September 8 with our regular hours in effect:
M-F 6a-9p, Sat 8a-5p, Sun 10a-6p

The South Portland Community Center and all City buildings will be closed on the following days:

September 7 (Labor Day)



The City of South Portland is offering a new tool to help you weigh in on local issues that matter to you! 1 minute a month is all it takes with FlashVote. Sign up in seconds at: www.flashvote.com/southportlandme

How it works: You'll get mini-surveys throughout the year on a variety of topics. Your feedback is always anonymous, and you can see how you and your neighbors responded in 48 hours. We invite residents, those who work in South Portland, students, and anyone who is part of our community to participate. Visit: www.flashvote.com/southportlandme

Youth Programs



Movement

Rhythmic Gymnastics

Date: Sept 14 - Oct 5

Time: 3:30-4:30p

Age: 5-10

Location: SPCC Multi-purpose Room

Program Cost

Resident: \$100

Non-Resident: \$110

[Register](#)

Youth Dance

Date: Sept 21 - Nov 2

Time: 4:30-5:14p

Age: 5-10

Location: SPCC Aerobic Room

Program Cost

Resident: \$75

Non-Resident: \$85

[Register](#)

Youth Hip Hop

Date: Sept 21 - Nov 2

Time: 5:30-6:15p

Age: 5-10

Location: SPCC Aerobic Room

Program Cost

Resident: \$75

Non-Resident: \$85

[Register](#)



Create

Fun Chefs

Date: Sept 22 - Oct 27

Time: 3:45-4:45p

Age: 7-13

Location: SPCC Casco Bay Room

Beginner Cost

Resident: \$165

Non-Resident: \$175

[Register](#)

Art for Kids

Date: Sept 12 - Oct 3

Time: 10-11a

Grade: K-5

Location: SPCC Activity Room

Program Cost

Resident: \$30

Non-Resident: \$40

[Register](#)

Sports

Tennis in the Parks

Date: Sept 12 - Oct 17

Time: 3:30-4:30p

Grade 2-4: 9-10a

Grade 5-8: 10-11a

Location: SPHS Courts

Program Cost

Resident: \$80

Non-Resident: \$90

[Register](#)

Start Smart Football

Date: Sept 12 - Oct 17

Time: 9-10a

Age: 3-5

Location: Redbank Gym

Program Cost

Resident: \$60

Non-Resident: \$70

[Register](#)

Karate Kids

Date: Sept 11 - Oct 16

Time: 4-5p

Age: 5-10

Location: SPCC Multi-purpose Room

Program Cost

Resident: \$75

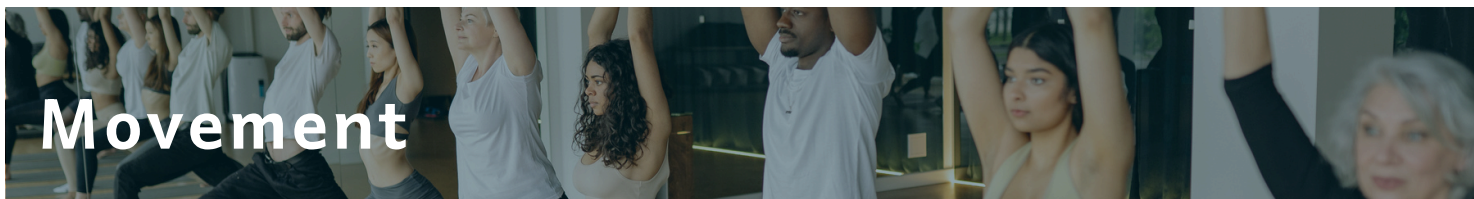
Non-Resident: \$85

[Register](#)

SUMMER CAMP HIGHLIGHTS



Adult Programs



Line Dance

Date: Sept 9 - Oct 21

Time: Wednesdays, 10:45-11:45a

Location: SPCC Multi-purpose Room

Beginner Cost

Resident: \$30

Non-Resident: \$40

Drop-in: \$5

[Register](#)

Mindful Movement Yoga

Date: Sept 10 - Oct 29

Time: Thursdays, 6:30-7:30p

Location: SPCC Multi-purpose Room

Program Cost

Resident: \$70

Non-Resident: \$80

Drop-in: \$12

[Register](#)

Slomo Yoga

Date: Sept 14 - Dec 28

Time: Mondays, 7-8p

Location: SPCC Multi-purpose Room

Program Cost

Resident: \$150

Non-Resident: \$160

Drop-in: \$12

[Register](#)

Intro to Bellydancing

Date: Sept 24 - Oct 29

Time: Thursdays, 6:15-7:15p

Location: SPCC Aerobic Room

Beginner Cost

Resident: \$72

Non-Resident: \$82

Drop-in: \$5

[Register](#)

Art

Beginner Watercolor Sketchbooking Impressionistic Street Scenes

Dates: Sept 19 - Oct 17

Time: 9-10:30a

Location: SPCC Casco Bay Room

Program Cost

Residents: \$85

Non-resident: \$95

[Register](#)

Beginner Soft Pastel Impressionistic Street Scenes

Dates: Sept 19 - Oct 17

Time: 10:30a-12p

Location: SPCC Casco Bay Room

Program Cost

Residents: \$85

Non-resident: \$95

[Register](#)

Sports

Fall Ladies Golf Clinics

Dates: Wednesdays, Sept 9-30
Time: 5:30-6:30pm (last day 4:30-6:30pm)
Location: Municipal Golf Course

Program Cost

Residents: \$135
 Non-resident: \$145

[Register](#)

Adult Basketball Leagues

Dates: Sept 14 - Nov 30
Time: Games between 6:00 - 9:00pm
Location: SPCC Gym
Co-ed: Mondays
Womens: Thursdays

Program Cost

Residents: \$75
 Non-resident: \$85

[Register](#)

Unified Sports

Dates: Sept 10 - Dec 17
Time: 10:00 - 11:30am
Ages: 16+
Location: Redbank Gym

Program Cost

FREE

[Register](#)

Pickleball

Beginner Pickleball Lessons

Dates: Sundays, Sept 13-27
Time: 10-11a
Location: SPCC Gym
Dates: Wednesdays, Sept 9-23
Time: 5:30-6:30p
Location: SPCC Gym

Program Cost

Residents: \$52.50
 Non-resident: \$60

[Register](#)

Improvers Pickleball Lessons

Dates: Sundays, Sept 13-27
Time: 11-12p
Location: SPCC Gym
Dates: Wednesdays, Sept 9-23
Time: 6:30-7:30p
Location: SPCC Gym

Program Cost

Residents: \$52.50
 Non-resident: \$60

[Register](#)

Senior Programs

SPRING TRIP HIGHLIGHTS



Trips

Beech Hill Farm & Ice Cream Barn

Date: Friday, Sept 25

Time: 10:30am Departure

Location: Hopkinton, NH

Program Cost

\$15

[Register](#)

Jason Tardy at The Saco River Theatre

Date: Wed, Sept 2

Time: 1:15pm Departure

Location: Buxton

Program Cost

Residents: \$28

Non-resident: \$38

[Register](#)

Walking Field Trip

Date: Sept 9

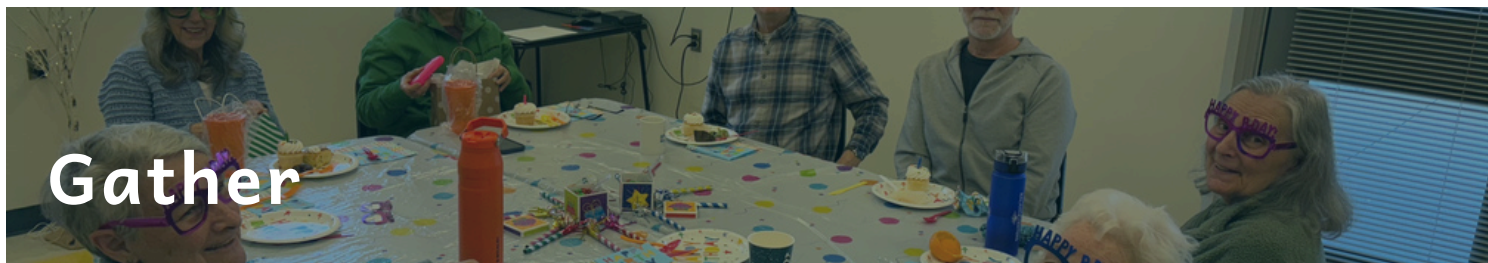
Time: 8:30pm Departure

Location: Highland Farm Preserve in York

Program Cost

\$7

[Register](#)



Gather

Monthly Birthdays

Date: Sept 14
Times: 10-11a
Location: SPCC Senior Drop-in Center

Program Cost
FREE (please register)

[Register](#)

Psuedo Book Club

Topic: Author you haven't read before

Date: Sept 30
Times: Wednesdays, 9-10:30a
Location: SPCC Senior Drop-in Center

Program Cost
FREE, Drop-in program

[Register](#)

Just for Fun Bingo

Date: Sept 21
Times: Tuesdays, 9-10:30a
Location: SPCC Senior Drop-in Center

Program Cost
FREE, Drop-in program

[Register](#)

Tea & Talk

Date: Sept 8, 15, 22, 29
Times: Tuesdays, 1-2p
Location: SPCC Senior Drop-in Center

Program Cost
FREE (please register)

[Register](#)

Ukulele Sing-a-long

Date: Sept 22
Times: Tuesday, 10-11a
Location: SPCC Senior Drop-in Center

Program Cost
FREE, Drop-in program

[Register](#)

Learn a New Game Day

Date: Sept 10
Times: Thursday, 9:30-11:30a
Location: SPCC Senior Drop-in Center

Program Cost
FREE, Drop-in program

[Register](#)

Gather

Bridge Lessons

Date: Sept 9- Nov 18

Times: Wednesdays,
9:30a-11:30a

Location: SPCC Senior
Drop-in Center

Program Cost

FREE

(Registration Required, 4
spots remaining)

[Register](#)

Winding Down Summer, Hello Fall Party

Date: Sept 10

Times: Thursday, 11:30a-
1:30p

Location: SPCC Senior
Drop-in Center

Program Cost

\$10 (registration
required)

[Register](#)

Laughter, The Best Medicine

Date: Sept 25

Times: Friday, 12-1p

Location: SPCC Senior
Drop-in Center

Program Cost

FREE, Drop-in program

[Register](#)

Fitness

Vitality T'ai Chi

Date: September 8 & 22

Time: Tuesdays, 1-2p

Location: SPCC Aerobic
Room

Program Cost

Residents:\$14

Non-resident: \$24

Drop-in: \$8

[Register](#)

Chair Fit ***NEW***

Date: Sept 14, 21, 28

Time: Mondays, 10:30-
11:30a

Location: SPCC Multi-
purpose Room

Program Cost

Residents:\$27

Non-resident: \$37

Drop-in: \$10

[Register](#)

Dance Fit

Date: Sept 10, 17, 24

Time: Thursday, 11:15a-
12p

Location: SPCC Multi
Purpose Room

Program Cost

Residents:\$27

Non-resident: \$37

Drop-in: \$10

[Register](#)



AGE FRIENDLY RESOURCE FAIR

FRIDAY, SEPTEMBER 18, 9AM-12PM

SOUTH PORTLAND COMMUNITY CNTR

Join us for give aways, to learn about age friendly resources, area programs and to network with others.

**40+ service providers • balance assessments • blood pressure checks
vaccine clinic • home modification • legal services • senior programs
emergency preparedness • healthy aging and wellness • and more!**

Visit: bit.ly/AgeFriendlyFair2026

or open your phone's camera app and hold over this code



CITY OF
**SOUTH
PORTLAND**

Age Friendly
South Portland

Questions?

Email Kathryn Adams at:
kadamsot@maine.rr.com

Aquatics Programs

Daily Fees:

Residents: Adults \$6 | Youth/Seniors \$5

Non-Residents: Adult \$8 | Youth/Seniors \$7

Frequent User Passes:

Residents: Adults \$100 | Youth/Seniors \$80

Non-Residents: Adult \$140 | Youth/Seniors \$120

[View Pool Calendar](#)
[\(September 8-30\)](#)

Fall Swim Lessons

Fall Swimming Lessons are beginning in October. Check out the brochure for the most up-to-date listings for class times, dates and cost. Descriptions of each level are listed as well. We offer lessons for youth and adults, as well as for beginner and advanced swimmers.

Fall Registration Dates

Residents: Monday, 9/14

Non-residents: Thursday, 9/17

Registration begins at 7am



Riptide and RT+ Swim Club

The Fall session of RipTide and RT PLUS Swim Clubs are starting in October.

If you have not been part of either program in the past year, please attend the EVALUATION night on Wednesday 9/30 at 6pm.

There is no need to register in advance for the evaluation. Just show up at 6pm with your child ready in their swim suit (and goggles) for a no-pressure, quick evaluation with the coaches to see if they would be a good fit for the program.

Riptide Registration Dates

Residents: Thursday, 10/1

Non-residents: Friday, 10/2

Registration begins at 7am

Special Events



Swap Series

Halloween Costume Swap

Date: Thursday, September 24

Time: 4-7p

Location: SPCC Casco Bay Room

Cozy Crafts Swap

Date: Thursday, November 5

Time: 4-7p

Location: SPCC Casco Bay Room

[More Info](#)



Scarecrows

Hinckley Park Scarecrow Building

Date: September 19

Time: 10a-12p

Location: Hinckley Park

Help us build this year's Scarecrow Patch at Hinckley Park! Drop-in during the event time to build your own scarecrow to display. All basic materials will be provided but you are welcome to bring your own decorations as well. Scarecrows will be on display through October.



Collette Travel

Music Cities of America Info Session

Date: Thursday, September 10

Time: 5:30-6:30p

Location: SPCC Casco Bay Room

[RSVP](#)



BUG LIGHT CAR SHOW

September 9

Rain date: September 16

4pm-sunset

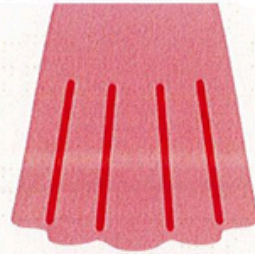
FREE

southportlandme.myrec.com

The Annual Bug Light Car Show draws over 250 unique and antique vehicles. Bring your vehicle or just peruse others! Foodtrucks will be available to purchase dinner. Bug Light will be open for tours from the SPCE Rotary Club.

Sponsored by **GENERAC**





CHILDREN'S CLOTHES CLOSET



Free and Open to the Public



2nd and 4th Wednesdays:

11 am - 1 pm

2nd and 4th Saturdays:

12 pm - 2 pm



Clothing Donations:

Clean, wearable children's clothes of all sizes
(including teens) can be dropped off on
the 5th floor, in the donation bin inside
the left-hand door.

First Congregational Church, UCC
301 Cottage Road, South Portland
Top Floor * 207-799-3361